

2017 Letnie Mistrzostwa Polski Juniorów 15 lat
Lublin, 14. - 16.7.2017

Konkurencja 12
14.07.2017 - 18:55

Chłopców, 400m zmienny

15 lat
Wyniki Finał

REKORD POLSKI JUNIORÓW 15 LAT 4:30.55 KAŁUSOWSKI Jan 00905 Ostrowiec Sw 10.07.2015

Punkty: FINA 2017

Pozycja			Wiek							Czas	Pkt.
Finał A											
1.	SOBEK Nikodem		15	Olimpijczyk 23 Lublin						4:38.80	669
	50m:	28.11 28.11	150m:	1:35.98	34.73	250m:	2:50.92	40.25	350m:	4:05.72	33.55
	100m:	1:01.25 33.14	200m:	2:10.67	34.69	300m:	3:32.17	41.25	400m:	4:38.80	33.08
2.	ZDZIEBŁO Piotr		15	Salmo ory						4:43.13	638
	50m:	29.18 29.18	150m:	1:39.61	36.23	250m:	2:57.05	41.40	350m:	4:11.74	33.14
	100m:	1:03.38 34.20	200m:	2:15.65	36.04	300m:	3:38.60	41.55	400m:	4:43.13	31.39
3.	RAJCA Wiktor		15	UKS 190 Łód						4:43.59	635
	50m:	29.48 29.48	150m:	1:38.99	36.51	250m:	2:56.17	41.21	350m:	4:11.03	33.71
	100m:	1:02.48 33.00	200m:	2:14.96	35.97	300m:	3:37.32	41.15	400m:	4:43.59	32.56
4.	SYNOWIEC Mikołaj		15	Omega Olkusz						4:47.18	612
	50m:	29.13 29.13	150m:	1:42.46	38.06	250m:	3:01.26	40.74	350m:	4:15.33	32.35
	100m:	1:04.40 35.27	200m:	2:20.52	38.06	300m:	3:42.98	41.72	400m:	4:47.18	31.85
5.	JA KIEWICZ Adrian		15	Muszelka Warszawa						4:48.33	604
	50m:	28.15 28.15	150m:	1:37.76	36.72	250m:	2:57.97	43.68	350m:	4:15.94	33.78
	100m:	1:01.04 32.89	200m:	2:14.29	36.53	300m:	3:42.16	44.19	400m:	4:48.33	32.39
6.	KSI NICKI Dawid		15	Ikar Mielec						4:50.55	591
	50m:	30.57 30.57	150m:	1:45.78	38.90	250m:	3:03.92	40.47	350m:	4:17.61	34.15
	100m:	1:06.88 36.31	200m:	2:23.45	37.67	300m:	3:43.46	39.54	400m:	4:50.55	32.94
7.	DOROBA Michał		15	I sk Wrocław						4:50.59	590
	50m:	30.71 30.71	150m:	1:43.42	37.82	250m:	3:01.57	40.56	350m:	4:16.55	33.71
	100m:	1:05.60 34.89	200m:	2:21.01	37.59	300m:	3:42.84	41.27	400m:	4:50.59	34.04
8.	BLACHURA Oskar SO		15	Unia O wi cim						4:54.23	569
	50m:	31.92 31.92	150m:	1:46.82	38.19	250m:	3:04.65	39.91	350m:	4:20.79	34.61
	100m:	1:08.63 36.71	200m:	2:24.74	37.92	300m:	3:46.18	41.53	400m:	4:54.23	33.44
9.	POPIOŁEK Dawid		15	Skarpa Lublin						4:57.91	548
	50m:	30.49 30.49	150m:	1:45.05	38.44	250m:	3:06.62	43.47	350m:	4:24.65	34.42
	100m:	1:06.61 36.12	200m:	2:23.15	38.10	300m:	3:50.23	43.61	400m:	4:57.91	33.26
10.	DOŁOWY Grzegorz		15	Muszelka Warszawa						4:59.85	537
	50m:	31.34 31.34	150m:	1:45.67	39.12	250m:	3:09.37	45.52	350m:	4:28.00	33.31
	100m:	1:06.55 35.21	200m:	2:23.85	38.18	300m:	3:54.69	45.32	400m:	4:59.85	31.85
Finał B											
11.	KRZYWANIA Oskar		15	UKS SP 149 Łód						4:57.17	552
	50m:	30.93 30.93	150m:	1:44.90	37.18	250m:	3:08.13	45.73	350m:	4:26.70	32.54
	100m:	1:07.72 36.79	200m:	2:22.40	37.50	300m:	3:54.16	46.03	400m:	4:57.17	30.47
12.	BOBORYK Wojciech		15	Delfin Gdynia						4:57.78	549
	50m:	31.34 31.34	150m:	1:47.75	39.32	250m:	3:07.61	41.20	350m:	4:24.28	34.33
	100m:	1:08.43 37.09	200m:	2:26.41	38.66	300m:	3:49.95	42.34	400m:	4:57.78	33.50
13.	KOMAR Rafał SOL		15	Kormoran Olsztyn						4:58.50	545
	50m:	30.55 30.55	150m:	1:43.54	37.93	250m:	3:04.26	44.40	350m:	4:24.96	36.10
	100m:	1:05.61 35.06	200m:	2:19.86	36.32	300m:	3:48.86	44.60	400m:	4:58.50	33.54
14.	SZCZYGIEL David SO		15	Unia O wi cim						5:00.26	535
	50m:	33.32 33.32	150m:	1:49.45	39.27	250m:	3:10.08	42.53	350m:	4:27.37	34.33
	100m:	1:10.18 36.86	200m:	2:27.55	38.10	300m:	3:53.04	42.96	400m:	5:00.26	32.89
15.	RYBACKI Maksymilian		15	Warta Pozna						5:00.42	534
	50m:	30.92 30.92	150m:	1:46.70	38.25	250m:	3:08.11	43.57	350m:	4:26.73	35.30
	100m:	1:08.45 37.53	200m:	2:24.54	37.84	300m:	3:51.43	43.32	400m:	5:00.42	33.69

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Pozycja			Wiek					Czas	Pkt.
16.	GAŁUSZKA Bruno SO		15	Unia O wi cim				5:02.42	524
	50m:	33.38 33.38	150m:	1:52.50 39.84	250m:	3:12.53 41.33	350m:	4:29.03 34.87	
	100m:	1:12.66 39.28	200m:	2:31.20 38.70	300m:	3:54.16 41.63	400m:	5:02.42 33.39	
17.	RUTA Kamil		15	Muszelka Warszawa				5:02.60	523
	50m:	30.05 30.05	150m:	1:44.28 38.60	250m:	3:07.65 44.24	350m:	4:28.13 34.52	
	100m:	1:05.68 35.63	200m:	2:23.41 39.13	300m:	3:53.61 45.96	400m:	5:02.60 34.47	
18.	GO DZIASZEK Krystian		15	Bobry D bica				5:06.20	505
	50m:	30.44 30.44	150m:	1:48.15 41.61	250m:	3:14.10 46.17	350m:	4:32.15 34.38	
	100m:	1:06.54 36.10	200m:	2:27.93 39.78	300m:	3:57.77 43.67	400m:	5:06.20 34.05	
19.	STA CZYK Jarema SO		15	MMKS K dzierzyn Ko le				5:08.17	495
	50m:	34.52 34.52	150m:	1:55.87 41.11	250m:	3:16.62 40.87	350m:	4:33.70 34.92	
	100m:	1:14.76 40.24	200m:	2:35.75 39.88	300m:	3:58.78 42.16	400m:	5:08.17 34.47	
DYSKW.	KUBIAK Norbert		15	Warta Pozna					
	<i>G8 - Uko czenie wy cigu nie w poło eniu na plecach</i>								