

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21
10.03.2018 - 17:47

Men, 400m Freestyle

14 years and older
Results

Points: FINA 2017

Rank			Age					Time	Pts
JUNIOR MŁODSZY 14 LAT									
1.	CHMIELEWSKI Krzysztof		14	IUKS „Muszelka” Warszawa				4:12.85	659
	50m:	29.28 29.28	150m:	1:33.11 31.85	250m:	2:37.38 32.04	350m:	3:41.56 31.93	
	100m:	1:01.26 31.98	200m:	2:05.34 32.23	300m:	3:09.63 32.25	400m:	4:12.85 31.29	
2.	CHMIELEWSKI Michał		14	IUKS „Muszelka” Warszawa				4:19.34	611
	50m:	29.55 29.55	150m:	1:35.00 33.09	250m:	2:41.51 33.29	350m:	3:47.56 32.86	
	100m:	1:01.91 32.36	200m:	2:08.22 33.22	300m:	3:14.70 33.19	400m:	4:19.34 31.78	
3.	LESNIAK Maksymilian		14	UKS 190 Lodz				4:28.11	553
	50m:	29.88 29.88	150m:	1:37.64 34.37	250m:	2:46.64 34.87	350m:	3:55.19 34.40	
	100m:	1:03.27 33.39	200m:	2:11.77 34.13	300m:	3:20.79 34.15	400m:	4:28.11 32.92	
4.	SKIBIAK Hubert		14	UKS 190 Lodz				4:32.11	528
	50m:	30.79 30.79	150m:	1:39.57 34.71	250m:	2:49.28 34.89	350m:	3:58.60 34.35	
	100m:	1:04.86 34.07	200m:	2:14.39 34.82	300m:	3:24.25 34.97	400m:	4:32.11 33.51	
5.	BEDNAREK Przemysław		14	IUKS „Muszelka” Warszawa				4:32.18	528
	50m:	31.27 31.27	150m:	1:39.47 34.50	250m:	2:49.10 34.83	350m:	3:58.76 34.44	
	100m:	1:04.97 33.70	200m:	2:14.27 34.80	300m:	3:24.32 35.22	400m:	4:32.18 33.42	
6.	WIECZORKOWSKI Nikodem		14	UKS „Dwojka” Tczew				4:33.54	520
	50m:	31.01 31.01	150m:	1:40.44 35.09	250m:	2:50.88 35.32	350m:	4:00.37 34.80	
	100m:	1:05.35 34.34	200m:	2:15.56 35.12	300m:	3:25.57 34.69	400m:	4:33.54 33.17	
7.	KORONKIEWICZ Antoni		14	SKF KS „Fenix” Ozarów Maz.				4:33.55	520
	50m:	30.21 30.21	150m:	1:39.01 34.85	250m:	2:49.21 35.04	350m:	3:59.93 35.16	
	100m:	1:04.16 33.95	200m:	2:14.17 35.16	300m:	3:24.77 35.56	400m:	4:33.55 33.62	
8.	KOWOLIK Alex		14	MKS Park Wodny Tarn. Góry				4:33.77	519
	50m:	31.62 31.62	150m:	1:41.61 35.57	250m:	2:51.97 35.45	350m:	4:00.73 34.38	
	100m:	1:06.04 34.42	200m:	2:16.52 34.91	300m:	3:26.35 34.38	400m:	4:33.77 33.04	
9.	STADAAS Helje		14	Moss SK				4:37.76	497
	50m:	30.62 30.62	150m:	1:41.58 35.92	250m:	2:53.24 35.66	350m:	4:04.28 35.55	
	100m:	1:05.66 35.04	200m:	2:17.58 36.00	300m:	3:28.73 35.49	400m:	4:37.76 33.48	
10.	ZYRO Ignacy		14	UKS 307 Warszawa				4:37.88	496
	50m:	30.39 30.39	150m:	1:40.19 35.02	250m:	2:51.42 35.29	350m:	4:03.33 35.82	
	100m:	1:05.17 34.78	200m:	2:16.13 35.94	300m:	3:27.51 36.09	400m:	4:37.88 34.55	
11.	GROTOWSKI Piotr		14	UKS SP-149 Lodz				4:38.85	491
	50m:	32.02 32.02	150m:	1:43.84 36.30	250m:	2:55.36 35.87	350m:	4:05.57 34.83	
	100m:	1:07.54 35.52	200m:	2:19.49 35.65	300m:	3:30.74 35.38	400m:	4:38.85 33.28	
12.	OSZCZAK Norbert		14	SKF KS „Fenix” Ozarów Maz.				4:47.07	450
	50m:	32.10 32.10	150m:	1:45.15 37.13	250m:	2:59.41 37.65	350m:	4:13.80 36.76	
	100m:	1:08.02 35.92	200m:	2:21.76 36.61	300m:	3:37.04 37.63	400m:	4:47.07 33.27	
13.	KRYSIAK Kacper		14	MKS Trojka Lodz				4:51.62	429
	50m:	33.07 33.07	150m:	1:46.55 37.36	250m:	3:01.56 37.74	350m:	4:16.02 37.36	
	100m:	1:09.19 36.12	200m:	2:23.82 37.27	300m:	3:38.66 37.10	400m:	4:51.62 35.60	
14.	SKALSKI Konrad		14	MKS Park Wodny Tarn. Góry				4:52.04	427
	50m:	31.13 31.13	150m:	1:45.39 37.78	250m:	3:01.25 37.64	350m:	4:16.68 37.61	
	100m:	1:07.61 36.48	200m:	2:23.61 38.22	300m:	3:39.07 37.82	400m:	4:52.04 35.36	
15.	BRONCZYK Hubert		14	MTKP Delfin Torun				4:52.90	424
	50m:	31.67 31.67	150m:	1:45.81 37.85	250m:	3:01.92 38.02	350m:	4:17.60 37.89	
	100m:	1:07.96 36.29	200m:	2:23.90 38.09	300m:	3:39.71 37.79	400m:	4:52.90 35.30	
16.	LITEWSKI Mikołaj		14	UKS 307 Warszawa				4:53.91	419
	50m:	32.67 32.67	150m:	1:47.49 38.01	250m:	3:03.08 37.79	350m:	4:18.28 37.17	
	100m:	1:09.48 36.81	200m:	2:25.29 37.80	300m:	3:41.11 38.03	400m:	4:53.91 35.63	
17.	KRUSZEWSKI Adrian		14	MTKP Delfin Torun				4:58.21	401
	50m:	33.12 33.12	150m:	1:49.47 38.56	250m:	3:06.27 38.39	350m:	4:22.82 37.87	
	100m:	1:10.91 37.79	200m:	2:27.88 38.41	300m:	3:44.95 38.68	400m:	4:58.21 35.39	

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Men, 400m Freestyle

JUNIOR MŁODSZY 15 LAT

1.	ZIELINSKI Konrad	15	UKS 190 Lodz	4:10.86	675
	50m: 29.78 29.78	150m: 1:33.52	32.13 250m: 2:37.08	32.12 350m: 3:41.33	32.15
	100m: 1:01.39 31.61	200m: 2:04.96	31.44 300m: 3:09.18	32.10 400m: 4:10.86	29.53
2.	WOJCIECHOWSKI Kajetan	15	MKS Trojka Lodz	4:17.33	625
	50m: 30.16 30.16	150m: 1:36.30	33.47 250m: 2:42.04	33.10 350m: 3:46.51	32.03
	100m: 1:02.83 32.67	200m: 2:08.94	32.64 300m: 3:14.48	32.44 400m: 4:17.33	30.82
3.	RODKIEWICZ Radoslaw	15	IUKS „Muszelka” Warszawa	4:21.57	595
	50m: 30.02 30.02	150m: 1:36.17	33.10 250m: 2:43.11	33.69 350m: 3:49.23	32.66
	100m: 1:03.07 33.05	200m: 2:09.42	33.25 300m: 3:16.57	33.46 400m: 4:21.57	32.34
4.	WISNIEWSKI Adam	15	SPIR Aqua Zyrardow	4:22.55	588
	50m: 28.93 28.93	150m: 1:34.70	33.37 250m: 2:42.28	33.85 350m: 3:50.33	34.20
	100m: 1:01.33 32.40	200m: 2:08.43	33.73 300m: 3:16.13	33.85 400m: 4:22.55	32.22
5.	ZHURAVEL Nazar	15	WKS Slask Wroclaw	4:25.35	570
	50m: 30.22 30.22	150m: 1:36.49	33.39 250m: 2:42.11	32.80 350m: 3:49.70	34.60
	100m: 1:03.10 32.88	200m: 2:09.31	32.82 300m: 3:15.10	32.99 400m: 4:25.35	35.65
6.	TASARZ Kacper	15	UKS „Dwojka” Tczew	4:28.38	551
	50m: 30.00 30.00	150m: 1:37.01	33.95 250m: 2:45.77	34.16 350m: 3:54.89	34.79
	100m: 1:03.06 33.06	200m: 2:11.61	34.60 300m: 3:20.10	34.33 400m: 4:28.38	33.49
7.	NIEDZIALEK Michal	15	MTP Kormoran Olsztyn	4:29.74	543
	50m: 30.98 30.98	150m: 1:39.01	34.44 250m: 2:48.10	34.74 350m: 3:57.26	34.49
	100m: 1:04.57 33.59	200m: 2:13.36	34.35 300m: 3:22.77	34.67 400m: 4:29.74	32.48
8.	LEWANDOWSKI Oliwier	15	KP MZOS Plock	4:29.83	542
	50m: 30.41 30.41	150m: 1:38.14	34.45 250m: 2:47.50	35.08 350m: 3:57.47	34.96
	100m: 1:03.69 33.28	200m: 2:12.42	34.28 300m: 3:22.51	35.01 400m: 4:29.83	32.36
9.	ROGUSKI Mateusz	15	IUKS „Muszelka” Warszawa	4:31.06	535
	50m: 31.12 31.12	150m: 1:39.24	34.30 250m: 2:47.73	34.37 350m: 3:57.15	34.74
	100m: 1:04.94 33.82	200m: 2:13.36	34.12 300m: 3:22.41	34.68 400m: 4:31.06	33.91
10.	ANTCZAK Bartosz	15	UKP „Polonia Warszawa”	4:31.38	533
	50m: 30.41 30.41	150m: 1:38.91	34.79 250m: 2:48.79	34.90 350m: 3:58.47	34.68
	100m: 1:04.12 33.71	200m: 2:13.89	34.98 300m: 3:23.79	35.00 400m: 4:31.38	32.91
11.	MARKOWSKI Kacper	15	UKP „Polonia Warszawa”	4:34.25	516
	50m: 30.18 30.18	150m: 1:38.21	34.35 250m: 2:48.78	35.47 350m: 3:59.93	35.17
	100m: 1:03.86 33.68	200m: 2:13.31	35.10 300m: 3:24.76	35.98 400m: 4:34.25	34.32
12.	KUDLINSKI Lukasz	15	UKS SP-149 Lodz	4:35.79	508
	50m: 29.66 29.66	150m: 1:40.10	35.66 250m: 2:50.79	35.53 350m: 4:01.55	34.81
	100m: 1:04.44 34.78	200m: 2:15.26	35.16 300m: 3:26.74	35.95 400m: 4:35.79	34.24
13.	KAPALA Szymon	15	MTP Kormoran Olsztyn	4:39.71	487
	50m: 32.60 32.60	150m: 1:43.59	35.75 250m: 2:54.87	35.69 350m: 4:05.83	35.39
	100m: 1:07.84 35.24	200m: 2:19.18	35.59 300m: 3:30.44	35.57 400m: 4:39.71	33.88
14.	TUMIALIS Maciej	15	MUKS „Olimpijczyk” Suwalki	4:44.20	464
	50m: 31.98 31.98	150m: 1:45.56	37.09 250m: 2:58.81	36.06 350m: 4:11.17	35.72
	100m: 1:08.47 36.49	200m: 2:22.75	37.19 300m: 3:35.45	36.64 400m: 4:44.20	33.03
15.	SZCZEPANSKI Jakub	15	MUKS Wodnik Lask	5:05.83	372
	50m: 33.03 33.03	150m: 1:49.12	38.42 250m: 3:09.62	40.39 350m: 4:28.13	39.68
	100m: 1:10.70 37.67	200m: 2:29.23	40.11 300m: 3:48.45	38.83 400m: 5:05.83	37.70

JUNIOR MŁODSZY 16 LAT

1.	JACKOWSKI Tomasz	16	WKS Slask Wroclaw	4:03.66	736
	50m: 27.37 27.37	150m: 1:28.52	30.48 250m: 2:30.26	30.58 350m: 3:33.16	31.36
	100m: 58.04 30.67	200m: 1:59.68	31.16 300m: 3:01.80	31.54 400m: 4:03.66	30.50
2.	SZCZERBA Adam	16	KU AZS UMCS Lublin	4:14.33	647
	50m: 29.94 29.94	150m: 1:34.07	32.28 250m: 2:38.44	32.08 350m: 3:43.16	32.45
	100m: 1:01.79 31.85	200m: 2:06.36	32.29 300m: 3:10.71	32.27 400m: 4:14.33	31.17

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Boys, 400m Freestyle, JUNIOR MŁODSZY 16 LAT

Rank			Age					Time	Pts
3.	BRUZDEWICZ Hubert		16	MTP Kormoran Olsztyn				4:17.41	624
	50m:	29.26 29.26	150m:	1:34.52 33.29	250m:	2:39.99 32.23	350m:	3:45.02 32.67	
	100m:	1:01.23 31.97	200m:	2:07.76 33.24	300m:	3:12.35 32.36	400m:	4:17.41 32.39	
4.	WILK Jakub		16	KS KSZO Ostrowiec Sw.				4:18.64	616
	50m:	29.76 29.76	150m:	1:35.13 32.81	250m:	2:40.87 32.66	350m:	3:46.62 32.61	
	100m:	1:02.32 32.56	200m:	2:08.21 33.08	300m:	3:14.01 33.14	400m:	4:18.64 32.02	
5.	DOLOWY Grzegorz		16	IUKS „Muszelka” Warszawa				4:20.25	604
	50m:	29.88 29.88	150m:	1:35.00 32.68	250m:	2:41.45 33.20	350m:	3:48.10 33.30	
	100m:	1:02.32 32.44	200m:	2:08.25 33.25	300m:	3:14.80 33.35	400m:	4:20.25 32.15	
6.	LUKASIK Mikolaj		16	UKS Jagiellonka Warszawa				4:20.88	600
	50m:	28.50 28.50	150m:	1:34.62 33.30	250m:	2:42.36 33.93	350m:	3:49.75 33.39	
	100m:	1:01.32 32.82	200m:	2:08.43 33.81	300m:	3:16.36 34.00	400m:	4:20.88 31.13	
7.	DUDKIEWICZ Kacper		16	UKP „Polonia Warszawa”				4:20.94	599
	50m:	28.51 28.51	150m:	1:33.14 32.99	250m:	2:41.19 34.19	350m:	3:49.36 33.61	
	100m:	1:00.15 31.64	200m:	2:07.00 33.86	300m:	3:15.75 34.56	400m:	4:20.94 31.58	
8.	JASKIEWICZ Adrian		16	IUKS „Muszelka” Warszawa				4:21.39	596
	50m:	29.43 29.43	150m:	1:35.72 33.39	250m:	2:42.79 33.69	350m:	3:49.33 32.75	
	100m:	1:02.33 32.90	200m:	2:09.10 33.38	300m:	3:16.58 33.79	400m:	4:21.39 32.06	
9.	PYCZOT Pawel		16	UKS Pirania Targowek				4:26.47	563
	50m:	29.90 29.90	150m:	1:36.60 34.12	250m:	2:45.87 34.32	350m:	3:54.85 34.12	
	100m:	1:02.48 32.58	200m:	2:11.55 34.95	300m:	3:20.73 34.86	400m:	4:26.47 31.62	
10.	WODYNSKI Bartosz		16	KU AZS Politechniki Lodzkiej				4:26.81	561
	50m:	30.08 30.08	150m:	1:36.35 33.67	250m:	2:44.41 34.40	350m:	3:53.87 34.85	
	100m:	1:02.68 32.60	200m:	2:10.01 33.66	300m:	3:19.02 34.61	400m:	4:26.81 32.94	
11.	LESIK Jaroslaw		16	MKS SMS Victoria Raciborz				4:27.54	556
	50m:	29.30 29.30	150m:	1:35.06 33.51	250m:	2:44.20 34.94	350m:	3:53.92 34.94	
	100m:	1:01.55 32.25	200m:	2:09.26 34.20	300m:	3:18.98 34.78	400m:	4:27.54 33.62	
12.	RAPALA Tomasz		16	UKS GOS Raszyn				4:30.31	539
	50m:	30.76 30.76	150m:	1:37.67 33.68	250m:	2:46.63 34.37	350m:	3:56.44 34.75	
	100m:	1:03.99 33.23	200m:	2:12.26 34.59	300m:	3:21.69 35.06	400m:	4:30.31 33.87	
13.	SIEKACZYNSKI Artur		16	UKP Fala Krasnik				4:31.24	534
	50m:	30.00 30.00	150m:	1:37.54 34.33	250m:	2:46.97 34.83	350m:	3:57.32 35.34	
	100m:	1:03.21 33.21	200m:	2:12.14 34.60	300m:	3:21.98 35.01	400m:	4:31.24 33.92	
14.	BORZYMEK Hubert		16	UKS 307 Warszawa				4:32.52	526
	50m:	30.39 30.39	150m:	1:39.41 34.63	250m:	2:49.63 35.16	350m:	4:00.10 34.96	
	100m:	1:04.78 34.39	200m:	2:14.47 35.06	300m:	3:25.14 35.51	400m:	4:32.52 32.42	
15.	KALUZA Jakub		16	MKP Bobry Debica				4:32.69	525
	50m:	30.57 30.57	150m:	1:39.36 34.68	250m:	2:48.87 34.95	350m:	3:58.57 34.68	
	100m:	1:04.68 34.11	200m:	2:13.92 34.56	300m:	3:23.89 35.02	400m:	4:32.69 34.12	
16.	PLESNIEROWICZ Kamil		16	KS Posnania Poznan				4:33.83	519
	50m:	31.49 31.49	150m:	1:40.09 34.15	250m:	2:50.00 34.88	350m:	3:59.56 34.95	
	100m:	1:05.94 34.45	200m:	2:15.12 35.03	300m:	3:24.61 34.61	400m:	4:33.83 34.27	
17.	ABD EL RAZEK Jakub		16	MUKP Warszawianka- Wodny Park				4:35.24	511
	50m:	29.02 29.02	150m:	1:37.55 35.10	250m:	2:48.96 36.28	350m:	4:01.66 36.44	
	100m:	1:02.45 33.43	200m:	2:12.68 35.13	300m:	3:25.22 36.26	400m:	4:35.24 33.58	
18.	CHELSTOWSKI Maciej		16	UKP „Polonia Warszawa”				4:37.07	501
	50m:	29.75 29.75	150m:	1:38.14 35.02	250m:	2:49.67 36.08	350m:	4:01.62 35.70	
	100m:	1:03.12 33.37	200m:	2:13.59 35.45	300m:	3:25.92 36.25	400m:	4:37.07 35.45	

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Men, 400m Freestyle

JUNIOR 17 - 18 LAT

1.	KRASKA Jakub	18	KU AZS Politechniki Lodzkiej	4:01.51	756
	50m: 28.72 28.72	150m: 1:30.56 31.16	250m: 2:32.65 31.25	350m: 3:34.13 30.75	
	100m: 59.40 30.68	200m: 2:01.40 30.84	300m: 3:03.38 30.73	400m: 4:01.51 27.38	
2.	KAROLCZAK Jan	17	UKS G-8 Bielany Warszawa	4:03.12	741
	50m: 28.21 28.21	150m: 1:30.21 31.44	250m: 2:32.18 30.94	350m: 3:34.26 30.86	
	100m: 58.77 30.56	200m: 2:01.24 31.03	300m: 3:03.40 31.22	400m: 4:03.12 28.86	
3.	DOMINIAK Kacper	18	WKS Slask Wroclaw	4:08.01	698
	50m: 29.38 29.38	150m: 1:33.10 31.89	250m: 2:36.15 31.49	350m: 3:38.36 30.77	
	100m: 1:01.21 31.83	200m: 2:04.66 31.56	300m: 3:07.59 31.44	400m: 4:08.01 29.65	
4.	KIELCZEWSKI Amadeusz	18	MKP Szczecin	4:08.69	692
	50m: 28.37 28.37	150m: 1:30.43 31.21	250m: 2:34.46 32.34	350m: 3:39.02 32.17	
	100m: 59.22 30.85	200m: 2:02.12 31.69	300m: 3:06.85 32.39	400m: 4:08.69 29.67	
5.	PAJAK Bartosz	17	BUKS Warszawa	4:09.23	688
	50m: 28.91 28.91	150m: 1:31.50 31.33	250m: 2:34.17 31.44	350m: 3:38.60 32.51	
	100m: 1:00.17 31.26	200m: 2:02.73 31.23	300m: 3:06.09 31.92	400m: 4:09.23 30.63	
6.	JAWORSKI Szymon	17	WKS Slask Wroclaw	4:10.46	678
	50m: 28.74 28.74	150m: 1:32.86 32.32	250m: 2:36.97 32.01	350m: 3:40.22 31.43	
	100m: 1:00.54 31.80	200m: 2:04.96 32.10	300m: 3:08.79 31.82	400m: 4:10.46 30.24	
7.	BUTKIEWICZ Cezary	18	UKS G-8 Bielany Warszawa	4:11.24	672
	50m: 28.14 28.14	150m: 1:31.50 32.01	250m: 2:35.95 32.18	350m: 3:40.73 32.40	
	100m: 59.49 31.35	200m: 2:03.77 32.27	300m: 3:08.33 32.38	400m: 4:11.24 30.51	
8.	DUTKOWIAK Wojciech	18	WKS Slask Wroclaw	4:11.40	670
	50m: 28.90 28.90	150m: 1:32.98 32.29	250m: 2:36.81 31.81	350m: 3:41.10 32.10	
	100m: 1:00.69 31.79	200m: 2:05.00 32.02	300m: 3:09.00 32.19	400m: 4:11.40 30.30	
9.	KOZIEJKO Bartlomiej	18	MTP Kormoran Olsztyn	4:12.12	665
	50m: 28.94 28.94	150m: 1:30.87 31.26	250m: 2:33.95 31.73	350m: 3:38.99 32.97	
	100m: 59.61 30.67	200m: 2:02.22 31.35	300m: 3:06.02 32.07	400m: 4:12.12 33.13	
10.	KUCZAK Adam	18	TP Zielona Gora	4:12.89	659
	50m: 29.07 29.07	150m: 1:32.50 32.26	250m: 2:36.65 32.03	350m: 3:40.79 31.59	
	100m: 1:00.24 31.17	200m: 2:04.62 32.12	300m: 3:09.20 32.55	400m: 4:12.89 32.10	
11.	KEDZIA Wiktor	18	MKP Szczecin	4:13.75	652
	50m: 30.64 30.64	150m: 1:34.97 32.30	250m: 2:39.85 32.16	350m: 3:43.29 31.49	
	100m: 1:02.67 32.03	200m: 2:07.69 32.72	300m: 3:11.80 31.95	400m: 4:13.75 30.46	
12.	MANKA Filip	18	UKS 190 Lodz	4:14.03	650
	50m: 28.71 28.71	150m: 1:32.85 32.40	250m: 2:38.56 32.97	350m: 3:44.00 32.83	
	100m: 1:00.45 31.74	200m: 2:05.59 32.74	300m: 3:11.17 32.61	400m: 4:14.03 30.03	
13.	BUGALA Krzysztof	17	MKP Szczecin	4:14.10	649
	50m: 29.40 29.40	150m: 1:33.85 32.45	250m: 2:38.72 32.50	350m: 3:43.72 32.60	
	100m: 1:01.40 32.00	200m: 2:06.22 32.37	300m: 3:11.12 32.40	400m: 4:14.10 30.38	
14.	FIKS Krzysztof	18	UKS 190 Lodz	4:14.16	649
	50m: 29.50 29.50	150m: 1:34.44 32.70	250m: 2:39.84 32.84	350m: 3:44.81 32.29	
	100m: 1:01.74 32.24	200m: 2:07.00 32.56	300m: 3:12.52 32.68	400m: 4:14.16 29.35	
15.	LECH Filip	17	KU AZS UMCS Lublin	4:14.36	647
	50m: 29.50 29.50	150m: 1:33.45 31.91	250m: 2:37.77 31.82	350m: 3:42.71 32.57	
	100m: 1:01.54 32.04	200m: 2:05.95 32.50	300m: 3:10.14 32.37	400m: 4:14.36 31.65	
16.	GRINDALEN SVENDSEN Mattis	18	Kongstenvommerne	4:15.13	641
	50m: 29.21 29.21	150m: 1:34.79 32.84	250m: 2:40.23 32.39	350m: 3:45.05 32.46	
	100m: 1:01.95 32.74	200m: 2:07.84 33.05	300m: 3:12.59 32.36	400m: 4:15.13 30.08	
17.	WOZNIAK Maciej	18	UKS 190 Lodz	4:15.21	641
	50m: 28.72 28.72	150m: 1:34.54 33.47	250m: 2:40.77 33.27	350m: 3:44.66 31.03	
	100m: 1:01.07 32.35	200m: 2:07.50 32.96	300m: 3:13.63 32.86	400m: 4:15.21 30.55	
18.	SZARPAK Marcin	17	AZS AWF Katowice	4:16.34	632
	50m: 29.61 29.61	150m: 1:34.78 32.77	250m: 2:39.99 32.49	350m: 3:44.95 32.30	
	100m: 1:02.01 32.40	200m: 2:07.50 32.72	300m: 3:12.65 32.66	400m: 4:16.34 31.39	

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Boys, 400m Freestyle, JUNIOR 17 - 18 LAT

Rank			Age					Time	Pts
19.	ROJ Jakub		17	MKP Szczecin				4:16.41	632
	50m: 29.17	29.17	150m: 1:34.75	33.00	250m: 2:40.67	33.01	350m: 3:45.89	32.51	
	100m: 1:01.75	32.58	200m: 2:07.66	32.91	300m: 3:13.38	32.71	400m: 4:16.41	30.52	
20.	BORKOWSKI Kacper		18	KU AZS UMCS Lublin				4:16.56	631
	50m: 29.77	29.77	150m: 1:34.75	32.63	250m: 2:40.10	32.60	350m: 3:45.21	32.41	
	100m: 1:02.12	32.35	200m: 2:07.50	32.75	300m: 3:12.80	32.70	400m: 4:16.56	31.35	
21.	FAJKOWSKI Piotr		17	MKS Trojka Lodz				4:16.97	628
	50m: 28.77	28.77	150m: 1:33.94	33.19	250m: 2:40.17	33.12	350m: 3:45.18	32.36	
	100m: 1:00.75	31.98	200m: 2:07.05	33.11	300m: 3:12.82	32.65	400m: 4:16.97	31.79	
22.	KONCKI Bartlomiej		17	KS „Wisla” Pulawy				4:17.54	623
	50m: 30.21	30.21	150m: 1:35.49	32.76	250m: 2:40.28	32.48	350m: 3:45.86	32.76	
	100m: 1:02.73	32.52	200m: 2:07.80	32.31	300m: 3:13.10	32.82	400m: 4:17.54	31.68	
23.	KOMOROWSKI Jan		17	MKS Trojka Lodz				4:19.91	607
	50m: 28.83	28.83	150m: 1:34.26	33.05	250m: 2:40.87	32.69	350m: 3:47.80	33.59	
	100m: 1:01.21	32.38	200m: 2:08.18	33.92	300m: 3:14.21	33.34	400m: 4:19.91	32.11	
24.	ROG Adrian		17	KP Sokol Rzeszow				4:20.32	604
	50m: 29.81	29.81	150m: 1:35.72	33.30	250m: 2:41.97	33.18	350m: 3:48.49	33.37	
	100m: 1:02.42	32.61	200m: 2:08.79	33.07	300m: 3:15.12	33.15	400m: 4:20.32	31.83	
25.	NOWICZKOW Jakub		17	KU AZS UMCS Lublin				4:21.00	599
	50m: 29.37	29.37	150m: 1:35.77	33.25	250m: 2:42.60	33.36	350m: 3:49.62	33.35	
	100m: 1:02.52	33.15	200m: 2:09.24	33.47	300m: 3:16.27	33.67	400m: 4:21.00	31.38	
26.	CZERWINSKI Lukasz		17	UKS G-8 Bielany Warszawa				4:22.59	588
	50m: 28.46	28.46	150m: 1:34.82	33.70	250m: 2:43.59	34.43	350m: 3:50.55	32.51	
	100m: 1:01.12	32.66	200m: 2:09.16	34.34	300m: 3:18.04	34.45	400m: 4:22.59	32.04	
27.	SMIGIELSKI Mateusz		17	MKS Jedyinka Lodz				4:25.40	570
	50m: 30.58	30.58	150m: 1:37.40	33.52	250m: 2:44.38	33.68	350m: 3:52.23	34.02	
	100m: 1:03.88	33.30	200m: 2:10.70	33.30	300m: 3:18.21	33.83	400m: 4:25.40	33.17	
28.	MICHALSKI Wojciech		17	MUKS Gilus Gilowice				4:25.80	567
	50m: 29.68	29.68	150m: 1:37.14	34.06	250m: 2:45.60	34.20	350m: 3:53.76	33.74	
	100m: 1:03.08	33.40	200m: 2:11.40	34.26	300m: 3:20.02	34.42	400m: 4:25.80	32.04	
29.	MLYNARCZYK Karol		18	UKS G-8 Bielany Warszawa				4:28.24	552
	50m: 29.65	29.65	150m: 1:36.14	33.74	250m: 2:43.43	33.77	350m: 3:52.88	34.96	
	100m: 1:02.40	32.75	200m: 2:09.66	33.52	300m: 3:17.92	34.49	400m: 4:28.24	35.36	
30.	WIECINSKI Andrzej		17	MTKP Delfin Torun				4:28.64	549
	50m: 29.94	29.94	150m: 1:37.77	33.99	250m: 2:46.38	34.54	350m: 3:55.64	34.83	
	100m: 1:03.78	33.84	200m: 2:11.84	34.07	300m: 3:20.81	34.43	400m: 4:28.64	33.00	
31.	ZUBIK Stanislaw		17	UKP „Polonia Warszawa”				4:29.12	546
	50m: 29.67	29.67	150m: 1:36.86	34.11	250m: 2:46.23	34.67	350m: 3:55.11	34.22	
	100m: 1:02.75	33.08	200m: 2:11.56	34.70	300m: 3:20.89	34.66	400m: 4:29.12	34.01	
32.	KOSTYK Teodor		18	KS Posnania Poznan				4:29.39	545
	50m: 30.08	30.08	150m: 1:37.76	34.39	250m: 2:47.38	34.81	350m: 3:56.46		
	100m: 1:03.37	33.29	200m: 2:12.57	34.81	300m:		400m: 4:29.39	32.93	
33.	KRYSIAK Michal		17	MKS Trojka Lodz				4:30.71	537
	50m: 30.89	30.89	150m: 1:38.37	34.17	250m: 2:47.94	34.67	350m: 3:57.07	34.60	
	100m: 1:04.20	33.31	200m: 2:13.27	34.90	300m: 3:22.47	34.53	400m: 4:30.71	33.64	
34.	JANECKI Mateusz		17	MKS „Palac Mlodziezy”				4:31.50	532
	50m: 30.07	30.07	150m: 1:38.04	34.28	250m: 2:47.65	35.10	350m: 3:57.79	34.83	
	100m: 1:03.76	33.69	200m: 2:12.55	34.51	300m: 3:22.96	35.31	400m: 4:31.50	33.71	
35.	KVARV Kevin		17	Moss SK				4:32.48	526
	50m: 29.71	29.71	150m: 1:39.21	34.92	250m: 2:49.47	35.30	350m: 3:58.75	34.12	
	100m: 1:04.29	34.58	200m: 2:14.17	34.96	300m: 3:24.63	35.16	400m: 4:32.48	33.73	
36.	BORSUK Lukasz		17	UKP Fala Krasnik				4:33.39	521
	50m: 29.72	29.72	150m: 1:37.91	34.24	250m: 2:47.65	35.26	350m: 3:58.71	35.44	
	100m: 1:03.67	33.95	200m: 2:12.39	34.48	300m: 3:23.27	35.62	400m: 4:33.39	34.68	

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Boys, 400m Freestyle, JUNIOR 17 - 18 LAT

Rank			Age					Time	Pts
37.	CICHOCKI Maciej		18	UKS Ostrobramska				4:33.91	518
	50m:	29.30 29.30	150m:	1:37.14	34.34	250m:	2:47.09 35.21	350m:	3:59.02 36.23
	100m:	1:02.80 33.50	200m:	2:11.88	34.74	300m:	3:22.79 35.70	400m:	4:33.91 34.89
38.	CHMIELOWIEC Mateusz		18	UKS Nawa Skierniewice				4:37.65	497
	50m:	29.91 29.91	150m:	1:39.85	36.07	250m:	2:52.89 36.70	350m:	4:04.57 35.08
	100m:	1:03.78 33.87	200m:	2:16.19	36.34	300m:	3:29.49 36.60	400m:	4:37.65 33.08
39.	SOSINSKI Bartosz		17	KS Posnania Poznan				4:39.85	486
	50m:	32.34 32.34	150m:	1:43.77	35.87	250m:	2:55.29 35.63	350m:	4:06.15 35.14
	100m:	1:07.90 35.56	200m:	2:19.66	35.89	300m:	3:31.01 35.72	400m:	4:39.85 33.70
40.	JEDRZEJEWSKI Mateusz		18	MUKP Warszawianka- Wodny Park				4:43.96	465
	50m:	31.55 31.55	150m:	1:41.31	35.56	250m:	2:53.96 36.61	350m:	4:07.98 37.12
	100m:	1:05.75 34.20	200m:	2:17.35	36.04	300m:	3:30.86 36.90	400m:	4:43.96 35.98
41.	SUSZEK Piotr		17	KS AZS AWF Biala Podlaska				4:49.11	441
	50m:	30.14 30.14	150m:	1:41.55	36.31	250m:	2:56.73 38.19	350m:	4:12.68 37.92
	100m:	1:05.24 35.10	200m:	2:18.54	36.99	300m:	3:34.76 38.03	400m:	4:49.11 36.43

OPEN

1.	ZABOROWSKI Filip		24	MKP Szczecin				3:54.42	827
	50m:	27.73 27.73	150m:	1:27.21	29.76	250m:	2:26.67 29.71	350m:	3:25.62 29.28
	100m:	57.45 29.72	200m:	1:56.96	29.75	300m:	2:56.34 29.67	400m:	3:54.42 28.80
2.	MAJCHRZAK Kacper		26	KS Warta Poznan				3:58.65	784
	50m:	27.24 27.24	150m:	1:28.13	29.62	250m:	2:28.02 30.23	350m:	3:28.44 29.95
	100m:	58.51 31.27	200m:	1:57.79	29.66	300m:	2:58.49 30.47	400m:	3:58.65 30.21
3.	KALUZYNSKI Antoni		19	SKP Legia Warszawa				4:01.43	757
	50m:	28.38 28.38	150m:	1:29.61	30.94	250m:	2:32.54 32.01	350m:	3:33.25 29.48
	100m:	58.67 30.29	200m:	2:00.53	30.92	300m:	3:03.77 31.23	400m:	4:01.43 28.18
4.	KRASKA Jakub		18	KU AZS Politechniki Lodzkiej				4:01.51	756
	50m:	28.72 28.72	150m:	1:30.56	31.16	250m:	2:32.65 31.25	350m:	3:34.13 30.75
	100m:	59.40 30.68	200m:	2:01.40	30.84	300m:	3:03.38 30.73	400m:	4:01.51 27.38
5.	KRAWCZYK Pawel		19	BUKS Warszawa				4:02.36	748
	50m:	28.15 28.15	150m:	1:28.68	30.53	250m:	2:30.96 31.37	350m:	3:33.09 30.84
	100m:	58.15 30.00	200m:	1:59.59	30.91	300m:	3:02.25 31.29	400m:	4:02.36 29.27
6.	ARNDT Mateusz		20	KS Delfin Gdynia				4:02.87	743
	50m:	28.45 28.45	150m:	1:29.99	30.84	250m:	2:31.77 31.04	350m:	3:33.53 30.86
	100m:	59.15 30.70	200m:	2:00.73	30.74	300m:	3:02.67 30.90	400m:	4:02.87 29.34
7.	KAROLCZAK Jan		17	UKS G-8 Bielany Warszawa				4:03.12	741
	50m:	28.21 28.21	150m:	1:30.21	31.44	250m:	2:32.18 30.94	350m:	3:34.26 30.86
	100m:	58.77 30.56	200m:	2:01.24	31.03	300m:	3:03.40 31.22	400m:	4:03.12 28.86
8.	JACKOWSKI Tomasz		16	WKS Slask Wroclaw				4:03.66	736
	50m:	27.37 27.37	150m:	1:28.52	30.48	250m:	2:30.26 30.58	350m:	3:33.16 31.36
	100m:	58.04 30.67	200m:	1:59.68	31.16	300m:	3:01.80 31.54	400m:	4:03.66 30.50
9.	KLICH Kacper		24	AZS AWF Katowice				4:04.66	727
	50m:	27.96 27.96	150m:	1:28.35	30.37	250m:	2:29.82 30.84	350m:	3:33.72 32.09
	100m:	57.98 30.02	200m:	1:58.98	30.63	300m:	3:01.63 31.81	400m:	4:04.66 30.94
10.	DUBIEL Adam		25	AZS AWF Warszawa				4:06.36	712
	50m:	27.80 27.80	150m:	1:30.21	31.28	250m:	2:32.91 31.50	350m:	3:35.63 31.10
	100m:	58.93 31.13	200m:	2:01.41	31.20	300m:	3:04.53 31.62	400m:	4:06.36 30.73
11.	DOMINIAK Kacper		18	WKS Slask Wroclaw				4:08.01	698
	50m:	29.38 29.38	150m:	1:33.10	31.89	250m:	2:36.15 31.49	350m:	3:38.36 30.77
	100m:	1:01.21 31.83	200m:	2:04.66	31.56	300m:	3:07.59 31.44	400m:	4:08.01 29.65
12.	KIELCZEWSKI Amadeusz		18	MKP Szczecin				4:08.69	692
	50m:	28.37 28.37	150m:	1:30.43	31.21	250m:	2:34.46 32.34	350m:	3:39.02 32.17
	100m:	59.22 30.85	200m:	2:02.12	31.69	300m:	3:06.85 32.39	400m:	4:08.69 29.67

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Men, 400m Freestyle, OPEN

Rank					Age					Time	Pts	
13.	PAJAK Bartosz				17	BUKS Warszawa				4:09.23	688	
	50m:	28.91	28.91	150m:	1:31.50	31.33	250m:	2:34.17	31.44	350m:	3:38.60	32.51
	100m:	1:00.17	31.26	200m:	2:02.73	31.23	300m:	3:06.09	31.92	400m:	4:09.23	30.63
14.	WYSOCZYNSKI Mateusz				25	KU AZS AGH Krakow				4:09.38	687	
	50m:	28.47	28.47	150m:	1:31.85	31.65	250m:	2:35.83	32.02	350m:	3:38.98	31.55
	100m:	1:00.20	31.73	200m:	2:03.81	31.96	300m:	3:07.43	31.60	400m:	4:09.38	30.40
15.	KACZOROWSKI Jakub				21	UKS G-8 Bielany Warszawa				4:09.81	683	
	50m:	27.60	27.60	150m:	1:30.74	32.02	250m:	2:35.33	31.90	350m:	3:39.76	32.15
	100m:	58.72	31.12	200m:	2:03.43	32.69	300m:	3:07.61	32.28	400m:	4:09.81	30.05
16.	JAWORSKI Szymon				17	WKS Slask Wroclaw				4:10.46	678	
	50m:	28.74	28.74	150m:	1:32.86	32.32	250m:	2:36.97	32.01	350m:	3:40.22	31.43
	100m:	1:00.54	31.80	200m:	2:04.96	32.10	300m:	3:08.79	31.82	400m:	4:10.46	30.24
17.	ZIELINSKI Konrad				15	UKS 190 Lodz				4:10.86	675	
	50m:	29.78	29.78	150m:	1:33.52	32.13	250m:	2:37.08	32.12	350m:	3:41.33	32.15
	100m:	1:01.39	31.61	200m:	2:04.96	31.44	300m:	3:09.18	32.10	400m:	4:10.86	29.53
18.	KRULIKOWSKI Maciej				19	UKP Unia Oswiecim				4:11.19	672	
	50m:	29.46	29.46	150m:	1:33.04	31.81	250m:	2:36.86	31.91	350m:	3:40.47	31.66
	100m:	1:01.23	31.77	200m:	2:04.95	31.91	300m:	3:08.81	31.95	400m:	4:11.19	30.72
19.	BUTKIEWICZ Cezary				18	UKS G-8 Bielany Warszawa				4:11.24	672	
	50m:	28.14	28.14	150m:	1:31.50	32.01	250m:	2:35.95	32.18	350m:	3:40.73	32.40
	100m:	59.49	31.35	200m:	2:03.77	32.27	300m:	3:08.33	32.38	400m:	4:11.24	30.51
20.	DUTKOWIAK Wojciech				18	WKS Slask Wroclaw				4:11.40	670	
	50m:	28.90	28.90	150m:	1:32.98	32.29	250m:	2:36.81	31.81	350m:	3:41.10	32.10
	100m:	1:00.69	31.79	200m:	2:05.00	32.02	300m:	3:09.00	32.19	400m:	4:11.40	30.30
21.	KOZIEJKO Bartlomiej				18	MTP Kormoran Olsztyn				4:12.12	665	
	50m:	28.94	28.94	150m:	1:30.87	31.26	250m:	2:33.95	31.73	350m:	3:38.99	32.97
	100m:	59.61	30.67	200m:	2:02.22	31.35	300m:	3:06.02	32.07	400m:	4:12.12	33.13
22.	CHMIELEWSKI Krzysztof				14	IUKS „Muszelka” Warszawa				4:12.85	659	
	50m:	29.28	29.28	150m:	1:33.11	31.85	250m:	2:37.38	32.04	350m:	3:41.56	31.93
	100m:	1:01.26	31.98	200m:	2:05.34	32.23	300m:	3:09.63	32.25	400m:	4:12.85	31.29
23.	KUCZAK Adam				18	TP Zielona Gora				4:12.89	659	
	50m:	29.07	29.07	150m:	1:32.50	32.26	250m:	2:36.65	32.03	350m:	3:40.79	31.59
	100m:	1:00.24	31.17	200m:	2:04.62	32.12	300m:	3:09.20	32.55	400m:	4:12.89	32.10
24.	KEDZIA Wiktor				18	MKP Szczecin				4:13.75	652	
	50m:	30.64	30.64	150m:	1:34.97	32.30	250m:	2:39.85	32.16	350m:	3:43.29	31.49
	100m:	1:02.67	32.03	200m:	2:07.69	32.72	300m:	3:11.80	31.95	400m:	4:13.75	30.46
25.	KUBKOWSKI Bartlomiej				23	KS AZS UWM Olsztyn				4:13.77	652	
	50m:	28.82	28.82	150m:	1:32.75	32.01	250m:	2:36.62	31.88	350m:	3:41.27	32.86
	100m:	1:00.74	31.92	200m:	2:04.74	31.99	300m:	3:08.41	31.79	400m:	4:13.77	32.50
26.	MANKA Filip				18	UKS 190 Lodz				4:14.03	650	
	50m:	28.71	28.71	150m:	1:32.85	32.40	250m:	2:38.56	32.97	350m:	3:44.00	32.83
	100m:	1:00.45	31.74	200m:	2:05.59	32.74	300m:	3:11.17	32.61	400m:	4:14.03	30.03
27.	BUGALA Krzysztof				17	MKP Szczecin				4:14.10	649	
	50m:	29.40	29.40	150m:	1:33.85	32.45	250m:	2:38.72	32.50	350m:	3:43.72	32.60
	100m:	1:01.40	32.00	200m:	2:06.22	32.37	300m:	3:11.12	32.40	400m:	4:14.10	30.38
28.	FIKS Krzysztof				18	UKS 190 Lodz				4:14.16	649	
	50m:	29.50	29.50	150m:	1:34.44	32.70	250m:	2:39.84	32.84	350m:	3:44.81	32.29
	100m:	1:01.74	32.24	200m:	2:07.00	32.56	300m:	3:12.52	32.68	400m:	4:14.16	29.35
29.	SZCZERBA Adam				16	KU AZS UMCS Lublin				4:14.33	647	
	50m:	29.94	29.94	150m:	1:34.07	32.28	250m:	2:38.44	32.08	350m:	3:43.16	32.45
	100m:	1:01.79	31.85	200m:	2:06.36	32.29	300m:	3:10.71	32.27	400m:	4:14.33	31.17
30.	LECH Filip				17	KU AZS UMCS Lublin				4:14.36	647	
	50m:	29.50	29.50	150m:	1:33.45	31.91	250m:	2:37.77	31.82	350m:	3:42.71	32.57
	100m:	1:01.54	32.04	200m:	2:05.95	32.50	300m:	3:10.14	32.37	400m:	4:14.36	31.65

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Men, 400m Freestyle, OPEN

Rank					Age					Time	Pts	
31.	JURA Maciej				22	WKS Slask Wroclaw				4:15.03	642	
	50m:	28.86	28.86	150m:	1:31.34	31.19	250m:	2:36.19	32.54	350m:	3:42.44	33.28
	100m:	1:00.15	31.29	200m:	2:03.65	32.31	300m:	3:09.16	32.97	400m:	4:15.03	32.59
32.	GRINDALEN SVENDSEN Mattis				18	Kongstenvommerne				4:15.13	641	
	50m:	29.21	29.21	150m:	1:34.79	32.84	250m:	2:40.23	32.39	350m:	3:45.05	32.46
	100m:	1:01.95	32.74	200m:	2:07.84	33.05	300m:	3:12.59	32.36	400m:	4:15.13	30.08
33.	WOZNIAK Maciej				18	UKS 190 Lodz				4:15.21	641	
	50m:	28.72	28.72	150m:	1:34.54	33.47	250m:	2:40.77	33.27	350m:	3:44.66	31.03
	100m:	1:01.07	32.35	200m:	2:07.50	32.96	300m:	3:13.63	32.86	400m:	4:15.21	30.55
34.	CHALAT Stanislaw				19	UKS Skarpa Lublin				4:15.29	640	
	50m:	30.08	30.08	150m:	1:36.19	33.40	250m:	2:41.12	32.01	350m:	3:44.68	31.67
	100m:	1:02.79	32.71	200m:	2:09.11	32.92	300m:	3:13.01	31.89	400m:	4:15.29	30.61
35.	SZARPAK Marcin				17	AZS AWF Katowice				4:16.34	632	
	50m:	29.61	29.61	150m:	1:34.78	32.77	250m:	2:39.99	32.49	350m:	3:44.95	32.30
	100m:	1:02.01	32.40	200m:	2:07.50	32.72	300m:	3:12.65	32.66	400m:	4:16.34	31.39
36.	CZERNAK Konrad				20	KU AZS UMCS Lublin				4:16.36	632	
	50m:	29.35	29.35	150m:	1:34.75	33.26	250m:	2:41.39	33.42	350m:	3:46.18	32.21
	100m:	1:01.49	32.14	200m:	2:07.97	33.22	300m:	3:13.97	32.58	400m:	4:16.36	30.18
37.	ROJ Jakub				17	MKP Szczecin				4:16.41	632	
	50m:	29.17	29.17	150m:	1:34.75	33.00	250m:	2:40.67	33.01	350m:	3:45.89	32.51
	100m:	1:01.75	32.58	200m:	2:07.66	32.91	300m:	3:13.38	32.71	400m:	4:16.41	30.52
38.	JAWORSKI Norbert				20	KU AZS UMCS Lublin				4:16.48	631	
	50m:	29.29	29.29	150m:	1:34.28	32.64	250m:	2:40.09	32.49	350m:	3:45.27	32.44
	100m:	1:01.64	32.35	200m:	2:07.60	33.32	300m:	3:12.83	32.74	400m:	4:16.48	31.21
39.	BORKOWSKI Kacper				18	KU AZS UMCS Lublin				4:16.56	631	
	50m:	29.77	29.77	150m:	1:34.75	32.63	250m:	2:40.10	32.60	350m:	3:45.21	32.41
	100m:	1:02.12	32.35	200m:	2:07.50	32.75	300m:	3:12.80	32.70	400m:	4:16.56	31.35
40.	FAJKOWSKI Piotr				17	MKS Trojka Lodz				4:16.97	628	
	50m:	28.77	28.77	150m:	1:33.94	33.19	250m:	2:40.17	33.12	350m:	3:45.18	32.36
	100m:	1:00.75	31.98	200m:	2:07.05	33.11	300m:	3:12.82	32.65	400m:	4:16.97	31.79
41.	WOJCIECHOWSKI Kajetan				15	MKS Trojka Lodz				4:17.33	625	
	50m:	30.16	30.16	150m:	1:36.30	33.47	250m:	2:42.04	33.10	350m:	3:46.51	32.03
	100m:	1:02.83	32.67	200m:	2:08.94	32.64	300m:	3:14.48	32.44	400m:	4:17.33	30.82
42.	BRUZDEWICZ Hubert				16	MTP Kormoran Olsztyn				4:17.41	624	
	50m:	29.26	29.26	150m:	1:34.52	33.29	250m:	2:39.99	32.23	350m:	3:45.02	32.67
	100m:	1:01.23	31.97	200m:	2:07.76	33.24	300m:	3:12.35	32.36	400m:	4:17.41	32.39
43.	KONCKI Bartlomiej				17	KS „Wisla” Pulawy				4:17.54	623	
	50m:	30.21	30.21	150m:	1:35.49	32.76	250m:	2:40.28	32.48	350m:	3:45.86	32.76
	100m:	1:02.73	32.52	200m:	2:07.80	32.31	300m:	3:13.10	32.82	400m:	4:17.54	31.68
44.	BRZOSTOWSKI Axel				22	AZS AWF Katowice				4:18.20	619	
	50m:	29.69	29.69	150m:	1:35.57	32.83	250m:	2:41.67	32.93	350m:	3:47.79	33.14
	100m:	1:02.74	33.05	200m:	2:08.74	33.17	300m:	3:14.65	32.98	400m:	4:18.20	30.41
45.	ROGOZINSKI Mateusz				19	KS KSZO Ostrowiec Sw.				4:18.25	618	
	50m:	30.71	30.71	150m:	1:37.69	33.55	250m:	2:43.45	32.49	350m:	3:47.48	31.97
	100m:	1:04.14	33.43	200m:	2:10.96	33.27	300m:	3:15.51	32.06	400m:	4:18.25	30.77
46.	WILK Jakub				16	KS KSZO Ostrowiec Sw.				4:18.64	616	
	50m:	29.76	29.76	150m:	1:35.13	32.81	250m:	2:40.87	32.66	350m:	3:46.62	32.61
	100m:	1:02.32	32.56	200m:	2:08.21	33.08	300m:	3:14.01	33.14	400m:	4:18.64	32.02
47.	DURAJCZYK Michal				21	AZS AWF Warszawa				4:19.04	613	
	50m:	29.25	29.25	150m:	1:34.14	32.82	250m:	2:40.86	33.54	350m:	3:47.56	33.16
	100m:	1:01.32	32.07	200m:	2:07.32	33.18	300m:	3:14.40	33.54	400m:	4:19.04	31.48
48.	CHMIELEWSKI Michal				14	IUKS „Muszelka” Warszawa				4:19.34	611	
	50m:	29.55	29.55	150m:	1:35.00	33.09	250m:	2:41.51	33.29	350m:	3:47.56	32.86
	100m:	1:01.91	32.36	200m:	2:08.22	33.22	300m:	3:14.70	33.19	400m:	4:19.34	31.78

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Men, 400m Freestyle, OPEN

Rank			Age					Time	Pts
49.	KOMOROWSKI Jan		17	MKS Trojka Lodz				4:19.91	607
	50m:	28.83 28.83	150m:	1:34.26	33.05	250m:	2:40.87 32.69	350m:	3:47.80 33.59
	100m:	1:01.21 32.38	200m:	2:08.18	33.92	300m:	3:14.21 33.34	400m:	4:19.91 32.11
50.	DOLOWY Grzegorz		16	IUKS „Muszelka” Warszawa				4:20.25	604
	50m:	29.88 29.88	150m:	1:35.00	32.68	250m:	2:41.45 33.20	350m:	3:48.10 33.30
	100m:	1:02.32 32.44	200m:	2:08.25	33.25	300m:	3:14.80 33.35	400m:	4:20.25 32.15
51.	ROG Adrian		17	KP Sokol Rzeszow				4:20.32	604
	50m:	29.81 29.81	150m:	1:35.72	33.30	250m:	2:41.97 33.18	350m:	3:48.49 33.37
	100m:	1:02.42 32.61	200m:	2:08.79	33.07	300m:	3:15.12 33.15	400m:	4:20.32 31.83
52.	LUKASIK Mikolaj		16	UKS Jagiellonka Warszawa				4:20.88	600
	50m:	28.50 28.50	150m:	1:34.62	33.30	250m:	2:42.36 33.93	350m:	3:49.75 33.39
	100m:	1:01.32 32.82	200m:	2:08.43	33.81	300m:	3:16.36 34.00	400m:	4:20.88 31.13
53.	DUDKIEWICZ Kacper		16	UKP „Polonia Warszawa”				4:20.94	599
	50m:	28.51 28.51	150m:	1:33.14	32.99	250m:	2:41.19 34.19	350m:	3:49.36 33.61
	100m:	1:00.15 31.64	200m:	2:07.00	33.86	300m:	3:15.75 34.56	400m:	4:20.94 31.58
54.	KADROW Konrad		21	KU AZS UMCS Lublin				4:20.97	599
	50m:	29.75 29.75	150m:	1:35.28	33.29	250m:	2:42.25 33.48	350m:	3:49.16 33.37
	100m:	1:01.99 32.24	200m:	2:08.77	33.49	300m:	3:15.79 33.54	400m:	4:20.97 31.81
55.	NOWICZKOW Jakub		17	KU AZS UMCS Lublin				4:21.00	599
	50m:	29.37 29.37	150m:	1:35.77	33.25	250m:	2:42.60 33.36	350m:	3:49.62 33.35
	100m:	1:02.52 33.15	200m:	2:09.24	33.47	300m:	3:16.27 33.67	400m:	4:21.00 31.38
56.	JASKIEWICZ Adrian		16	IUKS „Muszelka” Warszawa				4:21.39	596
	50m:	29.43 29.43	150m:	1:35.72	33.39	250m:	2:42.79 33.69	350m:	3:49.33 32.75
	100m:	1:02.33 32.90	200m:	2:09.10	33.38	300m:	3:16.58 33.79	400m:	4:21.39 32.06
57.	RODKIEWICZ Radoslaw		15	IUKS „Muszelka” Warszawa				4:21.57	595
	50m:	30.02 30.02	150m:	1:36.17	33.10	250m:	2:43.11 33.69	350m:	3:49.23 32.66
	100m:	1:03.07 33.05	200m:	2:09.42	33.25	300m:	3:16.57 33.46	400m:	4:21.57 32.34
58.	WISNIEWSKI Adam		15	SPIR Aqua Zyrardow				4:22.55	588
	50m:	28.93 28.93	150m:	1:34.70	33.37	250m:	2:42.28 33.85	350m:	3:50.33 34.20
	100m:	1:01.33 32.40	200m:	2:08.43	33.73	300m:	3:16.13 33.85	400m:	4:22.55 32.22
59.	CZERWINSKI Lukasz		17	UKS G-8 Bielany Warszawa				4:22.59	588
	50m:	28.46 28.46	150m:	1:34.82	33.70	250m:	2:43.59 34.43	350m:	3:50.55 32.51
	100m:	1:01.12 32.66	200m:	2:09.16	34.34	300m:	3:18.04 34.45	400m:	4:22.59 32.04
60.	GOLENIEC Lukasz		21	AZS AWF Katowice				4:23.52	582
	50m:	29.54 29.54	150m:	1:35.46	33.12	250m:	2:42.50 33.46	350m:	3:50.21 33.70
	100m:	1:02.34 32.80	200m:	2:09.04	33.58	300m:	3:16.51 34.01	400m:	4:23.52 33.31
61.	ZHURAVEL Nazar		15	WKS Slask Wroclaw				4:25.35	570
	50m:	30.22 30.22	150m:	1:36.49	33.39	250m:	2:42.11 32.80	350m:	3:49.70 34.60
	100m:	1:03.10 32.88	200m:	2:09.31	32.82	300m:	3:15.10 32.99	400m:	4:25.35 35.65
62.	SMIGIELSKI Mateusz		17	MKS Jedylnka Lodz				4:25.40	570
	50m:	30.58 30.58	150m:	1:37.40	33.52	250m:	2:44.38 33.68	350m:	3:52.23 34.02
	100m:	1:03.88 33.30	200m:	2:10.70	33.30	300m:	3:18.21 33.83	400m:	4:25.40 33.17
63.	SOBCZYK Maciej		23	KU AZS AGH Krakow				4:25.52	569
	50m:	29.80 29.80	150m:	1:36.98	34.10	250m:	2:44.64 34.20	350m:	3:51.98 33.84
	100m:	1:02.88 33.08	200m:	2:10.44	33.46	300m:	3:18.14 33.50	400m:	4:25.52 33.54
64.	MICHALSKI Wojciech		17	MUKS Gilus Gilowice				4:25.80	567
	50m:	29.68 29.68	150m:	1:37.14	34.06	250m:	2:45.60 34.20	350m:	3:53.76 33.74
	100m:	1:03.08 33.40	200m:	2:11.40	34.26	300m:	3:20.02 34.42	400m:	4:25.80 32.04
65.	PYCZOT Pawel		16	UKS Pirania Targowek				4:26.47	563
	50m:	29.90 29.90	150m:	1:36.60	34.12	250m:	2:45.87 34.32	350m:	3:54.85 34.12
	100m:	1:02.48 32.58	200m:	2:11.55	34.95	300m:	3:20.73 34.86	400m:	4:26.47 31.62
66.	WODYNSKI Bartosz		16	KU AZS Politechniki Lodzkiej				4:26.81	561
	50m:	30.08 30.08	150m:	1:36.35	33.67	250m:	2:44.41 34.40	350m:	3:53.87 34.85
	100m:	1:02.68 32.60	200m:	2:10.01	33.66	300m:	3:19.02 34.61	400m:	4:26.81 32.94

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Men, 400m Freestyle, OPEN

Rank			Age					Time	Pts
67.	LESIK Jaroslaw		16	MKS SMS Victoria Raciborz				4:27.54	556
	50m: 29.30	29.30	150m: 1:35.06	33.51	250m: 2:44.20	34.94	350m: 3:53.92	34.94	
	100m: 1:01.55	32.25	200m: 2:09.26	34.20	300m: 3:18.98	34.78	400m: 4:27.54	33.62	
68.	LESNIAK Maksymilian		14	UKS 190 Lodz				4:28.11	553
	50m: 29.88	29.88	150m: 1:37.64	34.37	250m: 2:46.64	34.87	350m: 3:55.19	34.40	
	100m: 1:03.27	33.39	200m: 2:11.77	34.13	300m: 3:20.79	34.15	400m: 4:28.11	32.92	
69.	MLYNARCZYK Karol		18	UKS G-8 Bielany Warszawa				4:28.24	552
	50m: 29.65	29.65	150m: 1:36.14	33.74	250m: 2:43.43	33.77	350m: 3:52.88	34.96	
	100m: 1:02.40	32.75	200m: 2:09.66	33.52	300m: 3:17.92	34.49	400m: 4:28.24	35.36	
70.	TASARZ Kacper		15	UKS „Dwojka” Tczew				4:28.38	551
	50m: 30.00	30.00	150m: 1:37.01	33.95	250m: 2:45.77	34.16	350m: 3:54.89	34.79	
	100m: 1:03.06	33.06	200m: 2:11.61	34.60	300m: 3:20.10	34.33	400m: 4:28.38	33.49	
71.	WIECINSKI Andrzej		17	MTKP Delfin Torun				4:28.64	549
	50m: 29.94	29.94	150m: 1:37.77	33.99	250m: 2:46.38	34.54	350m: 3:55.64	34.83	
	100m: 1:03.78	33.84	200m: 2:11.84	34.07	300m: 3:20.81	34.43	400m: 4:28.64	33.00	
72.	ZUBIK Stanislaw		17	UKP „Polonia Warszawa”				4:29.12	546
	50m: 29.67	29.67	150m: 1:36.86	34.11	250m: 2:46.23	34.67	350m: 3:55.11	34.22	
	100m: 1:02.75	33.08	200m: 2:11.56	34.70	300m: 3:20.89	34.66	400m: 4:29.12	34.01	
73.	KOSTYK Teodor		18	KS Posnania Poznan				4:29.39	545
	50m: 30.08	30.08	150m: 1:37.76	34.39	250m: 2:47.38	34.81	350m: 3:56.46		
	100m: 1:03.37	33.29	200m: 2:12.57	34.81	300m:		400m: 4:29.39	32.93	
74.	NIEDZIALEK Michal		15	MTP Kormoran Olsztyn				4:29.74	543
	50m: 30.98	30.98	150m: 1:39.01	34.44	250m: 2:48.10	34.74	350m: 3:57.26	34.49	
	100m: 1:04.57	33.59	200m: 2:13.36	34.35	300m: 3:22.77	34.67	400m: 4:29.74	32.48	
75.	LEWANDOWSKI Oliwier		15	KP MZOS Plock				4:29.83	542
	50m: 30.41	30.41	150m: 1:38.14	34.45	250m: 2:47.50	35.08	350m: 3:57.47	34.96	
	100m: 1:03.69	33.28	200m: 2:12.42	34.28	300m: 3:22.51	35.01	400m: 4:29.83	32.36	
76.	RAPALA Tomasz		16	UKS GOS Raszyn				4:30.31	539
	50m: 30.76	30.76	150m: 1:37.67	33.68	250m: 2:46.63	34.37	350m: 3:56.44	34.75	
	100m: 1:03.99	33.23	200m: 2:12.26	34.59	300m: 3:21.69	35.06	400m: 4:30.31	33.87	
77.	KRYSIAK Michal		17	MKS Trojka Lodz				4:30.71	537
	50m: 30.89	30.89	150m: 1:38.37	34.17	250m: 2:47.94	34.67	350m: 3:57.07	34.60	
	100m: 1:04.20	33.31	200m: 2:13.27	34.90	300m: 3:22.47	34.53	400m: 4:30.71	33.64	
78.	ROGUSKI Mateusz		15	IUKS „Muszelka” Warszawa				4:31.06	535
	50m: 31.12	31.12	150m: 1:39.24	34.30	250m: 2:47.73	34.37	350m: 3:57.15	34.74	
	100m: 1:04.94	33.82	200m: 2:13.36	34.12	300m: 3:22.41	34.68	400m: 4:31.06	33.91	
79.	SIEKACZYNSKI Artur		16	UKP Fala Krasnik				4:31.24	534
	50m: 30.00	30.00	150m: 1:37.54	34.33	250m: 2:46.97	34.83	350m: 3:57.32	35.34	
	100m: 1:03.21	33.21	200m: 2:12.14	34.60	300m: 3:21.98	35.01	400m: 4:31.24	33.92	
80.	ANTCZAK Bartosz		15	UKP „Polonia Warszawa”				4:31.38	533
	50m: 30.41	30.41	150m: 1:38.91	34.79	250m: 2:48.79	34.90	350m: 3:58.47	34.68	
	100m: 1:04.12	33.71	200m: 2:13.89	34.98	300m: 3:23.79	35.00	400m: 4:31.38	32.91	
81.	JANECKI Mateusz		17	MKS „Palac Mlodziezy”				4:31.50	532
	50m: 30.07	30.07	150m: 1:38.04	34.28	250m: 2:47.65	35.10	350m: 3:57.79	34.83	
	100m: 1:03.76	33.69	200m: 2:12.55	34.51	300m: 3:22.96	35.31	400m: 4:31.50	33.71	
82.	SKIBIAK Hubert		14	UKS 190 Lodz				4:32.11	528
	50m: 30.79	30.79	150m: 1:39.57	34.71	250m: 2:49.28	34.89	350m: 3:58.60	34.35	
	100m: 1:04.86	34.07	200m: 2:14.39	34.82	300m: 3:24.25	34.97	400m: 4:32.11	33.51	
83.	BEDNAREK Przemyslaw		14	IUKS „Muszelka” Warszawa				4:32.18	528
	50m: 31.27	31.27	150m: 1:39.47	34.50	250m: 2:49.10	34.83	350m: 3:58.76	34.44	
	100m: 1:04.97	33.70	200m: 2:14.27	34.80	300m: 3:24.32	35.22	400m: 4:32.18	33.42	
84.	KVARV Kevin		17	Moss SK				4:32.48	526
	50m: 29.71	29.71	150m: 1:39.21	34.92	250m: 2:49.47	35.30	350m: 3:58.75	34.12	
	100m: 1:04.29	34.58	200m: 2:14.17	34.96	300m: 3:24.63	35.16	400m: 4:32.48	33.73	

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Men, 400m Freestyle, OPEN

Rank			Age					Time	Pts			
85.	BORZYMEK Hubert		16	UKS 307 Warszawa				4:32.52	526			
	50m:	30.39	30.39	150m:	1:39.41	34.63	250m:	2:49.63	35.16	350m:	4:00.10	34.96
	100m:	1:04.78	34.39	200m:	2:14.47	35.06	300m:	3:25.14	35.51	400m:	4:32.52	32.42
86.	KALUZA Jakub		16	MKP Bobry Debica				4:32.69	525			
	50m:	30.57	30.57	150m:	1:39.36	34.68	250m:	2:48.87	34.95	350m:	3:58.57	34.68
	100m:	1:04.68	34.11	200m:	2:13.92	34.56	300m:	3:23.89	35.02	400m:	4:32.69	34.12
87.	BORSUK Lukasz		17	UKP Fala Krasnik				4:33.39	521			
	50m:	29.72	29.72	150m:	1:37.91	34.24	250m:	2:47.65	35.26	350m:	3:58.71	35.44
	100m:	1:03.67	33.95	200m:	2:12.39	34.48	300m:	3:23.27	35.62	400m:	4:33.39	34.68
88.	WIECZORKOWSKI Nikodem		14	UKS „Dwojka” Tczew				4:33.54	520			
	50m:	31.01	31.01	150m:	1:40.44	35.09	250m:	2:50.88	35.32	350m:	4:00.37	34.80
	100m:	1:05.35	34.34	200m:	2:15.56	35.12	300m:	3:25.57	34.69	400m:	4:33.54	33.17
89.	KORONKIEWICZ Antoni		14	SKF KS „Fenix” Ozarow Maz.				4:33.55	520			
	50m:	30.21	30.21	150m:	1:39.01	34.85	250m:	2:49.21	35.04	350m:	3:59.93	35.16
	100m:	1:04.16	33.95	200m:	2:14.17	35.16	300m:	3:24.77	35.56	400m:	4:33.55	33.62
90.	KOWOLIK Alex		14	MKS Park Wodny Tarn. Gory				4:33.77	519			
	50m:	31.62	31.62	150m:	1:41.61	35.57	250m:	2:51.97	35.45	350m:	4:00.73	34.38
	100m:	1:06.04	34.42	200m:	2:16.52	34.91	300m:	3:26.35	34.38	400m:	4:33.77	33.04
91.	PLESNIEROWICZ Kamil		16	KS Posnania Poznan				4:33.83	519			
	50m:	31.49	31.49	150m:	1:40.09	34.15	250m:	2:50.00	34.88	350m:	3:59.56	34.95
	100m:	1:05.94	34.45	200m:	2:15.12	35.03	300m:	3:24.61	34.61	400m:	4:33.83	34.27
92.	CICHOCKI Maciej		18	UKS Ostrobramska				4:33.91	518			
	50m:	29.30	29.30	150m:	1:37.14	34.34	250m:	2:47.09	35.21	350m:	3:59.02	36.23
	100m:	1:02.80	33.50	200m:	2:11.88	34.74	300m:	3:22.79	35.70	400m:	4:33.91	34.89
93.	MARKOWSKI Kacper		15	UKP „Polonia Warszawa”				4:34.25	516			
	50m:	30.18	30.18	150m:	1:38.21	34.35	250m:	2:48.78	35.47	350m:	3:59.93	35.17
	100m:	1:03.86	33.68	200m:	2:13.31	35.10	300m:	3:24.76	35.98	400m:	4:34.25	34.32
94.	ABD EL RAZEK Jakub		16	MUKP Warszawianka- Wodny Park				4:35.24	511			
	50m:	29.02	29.02	150m:	1:37.55	35.10	250m:	2:48.96	36.28	350m:	4:01.66	36.44
	100m:	1:02.45	33.43	200m:	2:12.68	35.13	300m:	3:25.22	36.26	400m:	4:35.24	33.58
95.	KUDLINSKI Lukasz		15	UKS SP-149 Lodz				4:35.79	508			
	50m:	29.66	29.66	150m:	1:40.10	35.66	250m:	2:50.79	35.53	350m:	4:01.55	34.81
	100m:	1:04.44	34.78	200m:	2:15.26	35.16	300m:	3:26.74	35.95	400m:	4:35.79	34.24
96.	CHELSTOWSKI Maciej		16	UKP „Polonia Warszawa”				4:37.07	501			
	50m:	29.75	29.75	150m:	1:38.14	35.02	250m:	2:49.67	36.08	350m:	4:01.62	35.70
	100m:	1:03.12	33.37	200m:	2:13.59	35.45	300m:	3:25.92	36.25	400m:	4:37.07	35.45
97.	CHMIELOWIEC Mateusz		18	UKS Nawa Skierniewice				4:37.65	497			
	50m:	29.91	29.91	150m:	1:39.85	36.07	250m:	2:52.89	36.70	350m:	4:04.57	35.08
	100m:	1:03.78	33.87	200m:	2:16.19	36.34	300m:	3:29.49	36.60	400m:	4:37.65	33.08
98.	STADAAS Helje		14	Moss SK				4:37.76	497			
	50m:	30.62	30.62	150m:	1:41.58	35.92	250m:	2:53.24	35.66	350m:	4:04.28	35.55
	100m:	1:05.66	35.04	200m:	2:17.58	36.00	300m:	3:28.73	35.49	400m:	4:37.76	33.48
99.	ZYRO Ignacy		14	UKS 307 Warszawa				4:37.88	496			
	50m:	30.39	30.39	150m:	1:40.19	35.02	250m:	2:51.42	35.29	350m:	4:03.33	35.82
	100m:	1:05.17	34.78	200m:	2:16.13	35.94	300m:	3:27.51	36.09	400m:	4:37.88	34.55
100.	GROTOWSKI Piotr		14	UKS SP-149 Lodz				4:38.85	491			
	50m:	32.02	32.02	150m:	1:43.84	36.30	250m:	2:55.36	35.87	350m:	4:05.57	34.83
	100m:	1:07.54	35.52	200m:	2:19.49	35.65	300m:	3:30.74	35.38	400m:	4:38.85	33.28
101.	KAPALA Szymon		15	MTP Kormoran Olsztyn				4:39.71	487			
	50m:	32.60	32.60	150m:	1:43.59	35.75	250m:	2:54.87	35.69	350m:	4:05.83	35.39
	100m:	1:07.84	35.24	200m:	2:19.18	35.59	300m:	3:30.44	35.57	400m:	4:39.71	33.88
102.	SOSINSKI Bartosz		17	KS Posnania Poznan				4:39.85	486			
	50m:	32.34	32.34	150m:	1:43.77	35.87	250m:	2:55.29	35.63	350m:	4:06.15	35.14
	100m:	1:07.90	35.56	200m:	2:19.66	35.89	300m:	3:31.01	35.72	400m:	4:39.85	33.70

2018 Arena Grand Prix Puchar Polski
Lublin, 10. - 11.3.2018

Event 21, Men, 400m Freestyle, OPEN

Rank					Age					Time	Pts	
103.	JEDRZEJEWSKI Mateusz				18	MUKP Warszawianka- Wodny Park				4:43.96	465	
	50m:	31.55	31.55	150m:	1:41.31	35.56	250m:	2:53.96	36.61	350m:	4:07.98	37.12
	100m:	1:05.75	34.20	200m:	2:17.35	36.04	300m:	3:30.86	36.90	400m:	4:43.96	35.98
104.	TUMIALIS Maciej				15	MUKS „Olimpijczyk" Suwalki				4:44.20	464	
	50m:	31.98	31.98	150m:	1:45.56	37.09	250m:	2:58.81	36.06	350m:	4:11.17	35.72
	100m:	1:08.47	36.49	200m:	2:22.75	37.19	300m:	3:35.45	36.64	400m:	4:44.20	33.03
105.	OSZCZAK Norbert				14	SKF KS „Fenix" Ozarow Maz.				4:47.07	450	
	50m:	32.10	32.10	150m:	1:45.15	37.13	250m:	2:59.41	37.65	350m:	4:13.80	36.76
	100m:	1:08.02	35.92	200m:	2:21.76	36.61	300m:	3:37.04	37.63	400m:	4:47.07	33.27
106.	SUSZEK Piotr				17	KS AZS AWF Biala Podlaska				4:49.11	441	
	50m:	30.14	30.14	150m:	1:41.55	36.31	250m:	2:56.73	38.19	350m:	4:12.68	37.92
	100m:	1:05.24	35.10	200m:	2:18.54	36.99	300m:	3:34.76	38.03	400m:	4:49.11	36.43
107.	KRYSIAK Kacper				14	MKS Trojka Lodz				4:51.62	429	
	50m:	33.07	33.07	150m:	1:46.55	37.36	250m:	3:01.56	37.74	350m:	4:16.02	37.36
	100m:	1:09.19	36.12	200m:	2:23.82	37.27	300m:	3:38.66	37.10	400m:	4:51.62	35.60
108.	SKALSKI Konrad				14	MKS Park Wodny Tarn. Gory				4:52.04	427	
	50m:	31.13	31.13	150m:	1:45.39	37.78	250m:	3:01.25	37.64	350m:	4:16.68	37.61
	100m:	1:07.61	36.48	200m:	2:23.61	38.22	300m:	3:39.07	37.82	400m:	4:52.04	35.36
109.	BRONCZYK Hubert				14	MTKP Delfin Torun				4:52.90	424	
	50m:	31.67	31.67	150m:	1:45.81	37.85	250m:	3:01.92	38.02	350m:	4:17.60	37.89
	100m:	1:07.96	36.29	200m:	2:23.90	38.09	300m:	3:39.71	37.79	400m:	4:52.90	35.30
110.	LITEWSKI Mikolaj				14	UKS 307 Warszawa				4:53.91	419	
	50m:	32.67	32.67	150m:	1:47.49	38.01	250m:	3:03.08	37.79	350m:	4:18.28	37.17
	100m:	1:09.48	36.81	200m:	2:25.29	37.80	300m:	3:41.11	38.03	400m:	4:53.91	35.63
111.	KRUSZEWSKI Adrian				14	MTKP Delfin Torun				4:58.21	401	
	50m:	33.12	33.12	150m:	1:49.47	38.56	250m:	3:06.27	38.39	350m:	4:22.82	37.87
	100m:	1:10.91	37.79	200m:	2:27.88	38.41	300m:	3:44.95	38.68	400m:	4:58.21	35.39
112.	SZCZEPANSKI Jakub				15	MUKS Wodnik Lask				5:05.83	372	
	50m:	33.03	33.03	150m:	1:49.12	38.42	250m:	3:09.62	40.39	350m:	4:28.13	39.68
	100m:	1:10.70	37.67	200m:	2:29.23	40.11	300m:	3:48.45	38.83	400m:	5:05.83	37.70