



MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 15- - 19-5-2019

Konkurencja 4  
2019-05-15 - 17:24

M czyzn, 400m zmienny

Open  
Wyniki Finał

|                               |         |                 |       |                         |            |
|-------------------------------|---------|-----------------|-------|-------------------------|------------|
| Rekord Polski Open            | 4:12.28 | MATCZAK Mateusz | 00905 | Belgrade (SRB)          | 2009-07-11 |
| Rekord Polski 18              | 4:18.40 | MATCZAK Mateusz | 00905 | Antwerp (BEL)           | 2007-07-22 |
| Rekord Polski 17              | 4:20.27 | MATCZAK Mateusz | 00905 | Palma de Mallorca (ESP) | 2006-07-06 |
| Rekord Polski 16              | 4:26.91 | KALUSOWSKI Jan  | 00905 | Ostrowiec Sw            | 2016-07-15 |
| Rekord Polski 15              | 4:30.55 | KALUSOWSKI Jan  | 00905 | Ostrowiec Sw            | 2015-07-10 |
| Rekord Polski 14              | 4:39.38 | SOBEK Nikodem   | 02303 | Berlin (GER)            | 2016-12-16 |
| Rekord Polski młodzie owców   | 4:12.28 | MATCZAK Mateusz | 00905 | Belgrade (SRB)          | 2009-07-11 |
| Minimum M (Gwangju/Korea)     | 4:17.90 |                 |       |                         |            |
| Minimum M J (Budapeszt/W gry) | 4:12.28 | MATCZAK Mateusz | 00905 | Belgrade (SRB)          | 2009-07-11 |
| Minimum M J (Budapeszt/W gry) | 4:12.28 | MATCZAK Mateusz | 00905 | Belgrade (SRB)          | 2009-07-11 |
| Minimum MEJ (Kaza /Rosja)     | 4:28.40 |                 |       |                         |            |

minimum MEJ chł 15 - 18: 4:28.40 / minimum MSsen : 4:17.90

Punkty: FINA 2019

Pozycja Wiek Czas Pkt.

Finał A

|                         |                     |                               |                     |     |
|-------------------------|---------------------|-------------------------------|---------------------|-----|
| 1. SZWEDZKI Dawid       | 25                  | WKS I sk Wrocław              | <b>4:16.15</b>      | 862 |
| <i>minimum M</i>        |                     |                               |                     |     |
| 50m: 27.30 27.30        | 150m: 1:33.26 34.83 | 250m: 2:40.81 34.47           | 350m: 3:46.73 30.24 |     |
| 100m: 58.43 31.13       | 200m: 2:06.34 33.08 | 300m: 3:16.49 35.68           | 400m: 4:16.15 29.42 |     |
| 2. BUJAK Dominik        | 20                  | St. Lok. SALOS Cortile Kielce | <b>4:19.42</b>      | 830 |
| 50m: 27.93 27.93        | 150m: 1:33.71 33.90 | 250m: 2:43.67 35.50           | 350m: 3:51.21 30.68 |     |
| 100m: 59.81 31.88       | 200m: 2:08.17 34.46 | 300m: 3:20.53 36.86           | 400m: 4:19.42 28.21 |     |
| 3. W GROWSKI Marcel     | 20                  | KU AZS Politechniki Łódzkiej  | <b>4:24.61</b>      | 782 |
| 50m: 27.08 27.08        | 150m: 1:33.61 33.88 | 250m: 2:44.65 37.44           | 350m: 3:53.63 30.68 |     |
| 100m: 59.73 32.65       | 200m: 2:07.21 33.60 | 300m: 3:22.95 38.30           | 400m: 4:24.61 30.98 |     |
| 4. CIASTO Sebastian     | 20                  | AZS AWF Katowice              | <b>4:25.59</b>      | 773 |
| 50m: 28.48 28.48        | 150m: 1:35.38 34.12 | 250m: 2:45.84 36.12           | 350m: 3:54.52 31.41 |     |
| 100m: 1:01.26 32.78     | 200m: 2:09.72 34.34 | 300m: 3:23.11 37.27           | 400m: 4:25.59 31.07 |     |
| 5. SUCHA SKI Przemysław | 18                  | UKP Unia O wi cim             | <b>4:26.63</b>      | 764 |
| <i>minimum MEJ</i>      |                     |                               |                     |     |
| 50m: 27.85 27.85        | 150m: 1:34.23 33.64 | 250m: 2:45.39 38.02           | 350m: 3:56.13 32.04 |     |
| 100m: 1:00.59 32.74     | 200m: 2:07.37 33.14 | 300m: 3:24.09 38.70           | 400m: 4:26.63 30.50 |     |
| 6. MALEC Mikołaj        | 18                  | MKS Trójka Łód                | <b>4:29.39</b>      | 741 |
| 50m: 27.87 27.87        | 150m: 1:34.21 34.00 | 250m: 2:47.20 39.90           | 350m: 3:58.98 31.02 |     |
| 100m: 1:00.21 32.34     | 200m: 2:07.30 33.09 | 300m: 3:27.96 40.76           | 400m: 4:29.39 30.41 |     |
| 7. ZDZIEBŁO Piotr       | 17                  | WKS I sk Wrocław              | <b>4:31.24</b>      | 726 |
| 50m: 28.41 28.41        | 150m: 1:36.27 35.57 | 250m: 2:50.62 39.39           | 350m: 4:00.90 31.13 |     |
| 100m: 1:00.70 32.29     | 200m: 2:11.23 34.96 | 300m: 3:29.77 39.15           | 400m: 4:31.24 30.34 |     |
| 8. DUBAS Mateusz        | 18                  | AZS AWF Katowice              | <b>4:33.03</b>      | 712 |
| 50m: 28.58 28.58        | 150m: 1:36.68 35.07 | 250m: 2:49.85 36.88           | 350m: 4:00.63 32.65 |     |
| 100m: 1:01.61 33.03     | 200m: 2:12.97 36.29 | 300m: 3:27.98 38.13           | 400m: 4:33.03 32.40 |     |
| 9. OLLER Krzysztof      | 19                  | KU AZS UMCS Lublin            | <b>4:33.21</b>      | 710 |
| 50m: 28.16 28.16        | 150m: 1:35.90 35.75 | 250m: 2:49.89 39.20           | 350m: 4:02.48 32.29 |     |
| 100m: 1:00.15 31.99     | 200m: 2:10.69 34.79 | 300m: 3:30.19 40.30           | 400m: 4:33.21 30.73 |     |
| 10. POWRO NIK Konrad    | 22                  | WKS I sk Wrocław              | <b>4:40.56</b>      | 656 |
| 50m: 28.95 28.95        | 150m: 1:39.32 36.92 | 250m: 2:55.79 39.99           | 350m: 4:08.72 31.90 |     |
| 100m: 1:02.40 33.45     | 200m: 2:15.80 36.48 | 300m: 3:36.82 41.03           | 400m: 4:40.56 31.84 |     |

Finał B

|                     |                     |                     |                     |     |
|---------------------|---------------------|---------------------|---------------------|-----|
| 11. SACHA Kamil     | 18                  | WKS I sk Wrocław    | <b>4:36.97</b>      | 682 |
| 50m: 29.05 29.05    | 150m: 1:38.25 36.21 | 250m: 2:53.95 39.76 | 350m: 4:06.44 31.84 |     |
| 100m: 1:02.04 32.99 | 200m: 2:14.19 35.94 | 300m: 3:34.60 40.65 | 400m: 4:36.97 30.53 |     |

wyniki: [www.megatiming.pl](http://www.megatiming.pl)

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kont. 600215732

Splash Meet Manager, 11.59270

Registered to Warmi sko-Mazurski Okr gowy Zwi zek Pływacki

2019-05-19 19:48 - Strona 1





MISTRZOSTWA POLSKI W PŁYWANIU SENIORÓW I MŁODZIE OWCÓW  
OLSZTYN, 15 - 19-5-2019

Konkurencja 4, M czysz, 400m zmienny, Finał, Open

| Pozycja |                       |         |       |       | Wiek    |                                |       |         |       | Czas           | Pkt.    |       |
|---------|-----------------------|---------|-------|-------|---------|--------------------------------|-------|---------|-------|----------------|---------|-------|
| 12.     | DOBRINDT Mikołaj      |         |       |       | 16      | MUKS "Pi tnaстка"              |       |         |       | <b>4:37.40</b> | 679     |       |
|         | 50m:                  | 28.90   | 28.90 | 150m: | 1:39.75 | 37.03                          | 250m: | 2:55.19 | 38.88 | 350m:          | 4:06.28 | 31.81 |
|         | 100m:                 | 1:02.72 | 33.82 | 200m: | 2:16.31 | 36.56                          | 300m: | 3:34.47 | 39.28 | 400m:          | 4:37.40 | 31.12 |
| 13.     | GOTSZLING Dawid       |         |       |       | 18      | Starachowicki Klub Pływacki BA |       |         |       | <b>4:37.46</b> | 678     |       |
|         | 50m:                  | 27.84   | 27.84 | 150m: | 1:36.30 | 35.55                          | 250m: | 2:52.82 | 40.89 | 350m:          | 4:06.01 | 31.59 |
|         | 100m:                 | 1:00.75 | 32.91 | 200m: | 2:11.93 | 35.63                          | 300m: | 3:34.42 | 41.60 | 400m:          | 4:37.46 | 31.45 |
| 14.     | FAJKOWSKI Piotr       |         |       |       | 18      | MKS Trójka Łód                 |       |         |       | <b>4:38.60</b> | 670     |       |
|         | 50m:                  | 28.99   | 28.99 | 150m: | 1:39.52 | 36.61                          | 250m: | 2:54.82 | 40.41 | 350m:          | 4:07.58 | 31.81 |
|         | 100m:                 | 1:02.91 | 33.92 | 200m: | 2:14.41 | 34.89                          | 300m: | 3:35.77 | 40.95 | 400m:          | 4:38.60 | 31.02 |
| 15.     | LABICH Wiktor         |         |       |       | 16      | MKS Trójka Łód                 |       |         |       | <b>4:38.81</b> | 668     |       |
|         | 50m:                  | 29.04   | 29.04 | 150m: | 1:39.93 | 37.42                          | 250m: | 2:54.94 | 38.38 | 350m:          | 4:06.77 | 32.55 |
|         | 100m:                 | 1:02.51 | 33.47 | 200m: | 2:16.56 | 36.63                          | 300m: | 3:34.22 | 39.28 | 400m:          | 4:38.81 | 32.04 |
| 16.     | GUZY Marcel           |         |       |       | 18      | DOKiS Sekcja Pływacka Vega Dob |       |         |       | <b>4:39.40</b> | 664     |       |
|         | 50m:                  | 28.72   | 28.72 | 150m: | 1:38.94 | 37.16                          | 250m: | 2:54.42 | 38.96 | 350m:          | 4:06.91 | 33.06 |
|         | 100m:                 | 1:01.78 | 33.06 | 200m: | 2:15.46 | 36.52                          | 300m: | 3:33.85 | 39.43 | 400m:          | 4:39.40 | 32.49 |
| 17.     | KEMPA Mikołaj         |         |       |       | 20      | KU AZS UMCS Lublin             |       |         |       | <b>4:40.32</b> | 658     |       |
|         | 50m:                  | 28.18   | 28.18 | 150m: | 1:38.60 | 37.71                          | 250m: | 2:54.82 | 38.33 | 350m:          | 4:10.03 | 34.72 |
|         | 100m:                 | 1:00.89 | 32.71 | 200m: | 2:16.49 | 37.89                          | 300m: | 3:35.31 | 40.49 | 400m:          | 4:40.32 | 30.29 |
| 18.     | GAWRON Oskar          |         |       |       | 20      | WKS I sk Wrocław               |       |         |       | <b>4:41.01</b> | 653     |       |
|         | 50m:                  | 29.70   | 29.70 | 150m: | 1:41.60 | 37.43                          | 250m: | 2:57.55 | 39.43 | 350m:          | 4:09.99 | 32.45 |
|         | 100m:                 | 1:04.17 | 34.47 | 200m: | 2:18.12 | 36.52                          | 300m: | 3:37.54 | 39.99 | 400m:          | 4:41.01 | 31.02 |
| 19.     | CHMIELEWSKI Krzysztof |         |       |       | 15      | IUKS „Muszelka” Warszawa       |       |         |       | <b>4:42.07</b> | 646     |       |
|         | 50m:                  | 28.43   | 28.43 | 150m: | 1:35.24 | 34.85                          | 250m: | 2:53.67 | 43.72 | 350m:          | 4:10.41 | 32.61 |
|         | 100m:                 | 1:00.39 | 31.96 | 200m: | 2:09.95 | 34.71                          | 300m: | 3:37.80 | 44.13 | 400m:          | 4:42.07 | 31.66 |
| 20.     | ANTCZAK Bartosz       |         |       |       | 16      | UKP „Polonia Warszawa”         |       |         |       | <b>4:43.52</b> | 636     |       |
|         | 50m:                  | 28.12   | 28.12 | 150m: | 1:38.16 | 36.54                          | 250m: | 2:54.77 | 40.37 | 350m:          | 4:10.96 | 34.37 |
|         | 100m:                 | 1:01.62 | 33.50 | 200m: | 2:14.40 | 36.24                          | 300m: | 3:36.59 | 41.82 | 400m:          | 4:43.52 | 32.56 |

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2019-05-19 19:48 - Strona 2

