

Fostered by Honorary Patron

The President of Olsztyn: Piotr Grzymowicz

IV Grand Prix

of Warmia and Mazury in Swimming

Olsztyn, 14th -15th of December 2019 r.

Organizational Communication



I. Organizer:

Swimming Regional Federation of Warmia and Mazury
OSiR Olsztyn

II. Venue and dates:

OSiR in Olsztyn, Aqasfera Sport Centre, 69B Piłsudskiego Avenue.

About the venue: 25m Swimming Pool, 10 swimming lanes, water temperature: 27C

Timing: to be recorded electronically

Grand Prix of Warmia and Mazury in Swimming

Block 1 – 14/12/2019

9:45 - Swimming Competition (9:00 – 9:40 Warm-up)

Block 2 – 14/12/2019

16:00 – Swimming Competition (15:00 – 15:45 Warm-up)

Block 3 – 15/12/2019

8:40 – Swimming Competition (8:00 – 8:40 Warm-up)

In case of a large number of applications, the starting times of individual blocks may change

III. Participation rules and regulations

Participants entitled to take part in the swimming competition must be in the following age categories:

1. **14 and older ,13,12,11, 10, 9 and younger**
2. Participants who have competition licenses and medical fitness certificates
3. Club members registered by the club.
4. A participant can compete in **five races**.

IV. Rules of funding

1. Costs of organization of the event will be covered by W-MOZP
2. Participation costs must be covered by clubs.
3. Entry fee is 15 zloty per one participation in every race.
4. Payment in cash on the day of the competition

V. Awards

The winners in individual categories will receive medals and certificates. The best competitors (both male and female) in each age category will receive cups and prizes as well (the number of scores FINA achieved in four entries decides about the order in the general classification).

The best clubs will receive cups (on the basis on medal classification).

VI. Schedule

I Block			
Lp.	Girls	Lp.	Boys
1.	200 m free (10 and older)	2.	200 m free (10 and older)
3.	50 m back	4.	50 m back
5.	200 m breast (11 and older)	6.	200 m breast (11 and older)
7.	100 m fly (11 and older)	8.	100 m fly (11 and older)
9.	50 m free	10.	50 m free
II Block			
11.	200 m I.M (11 and older)	12.	200 m I.M (11and older)
13.	50 m breast	14.	50 m breast
15.	100 m back	16.	100 m back
17.	800 m free (12 and older) /max. 30 competitors/	18.	1500 free (12 and older) /max. 30 competitors/

In the case of a large number of applications up to 800 m and 1500 m organizer reserves the right to start 30 persons to take part in these distance

III block

Lp.	Girls	Lp.	Boys
19.	200 m fly (12 and older)	20.	200 m fly (12 and older)
21.	100 m I.M.	22.	100 m I.M.
23.	200 m back (11 and older)	24.	200 m back (11 and older)
25.	100 m free	26.	100 m free
27.	400 m I.M. (12 and older)	28.	400 m I.M. (12 and older)
29.	100 m breast	30.	100 m breast
31.	50 m fly	32.	50 m fly
33.	400 m free (12 and older)	34.	400 m free (12 and older)

VII. The Management and the Referee Commission

The Referee Commission will be established by W-M OZP Referee Commission

VIII. Registration

Online registration must be done. Lenex file must be taken and sent from the program Entry Edytor Splash to an email address elachodyna@poczta.fm

The title of the file must include: **grandprix_club_trainer name.lxf**

The Registration Form must include:

Full name (including any middle names)

Full date of birth

The name of the club

License number

The type of the competition

The best result achieved in the last 12 months

The online registration form must include lxf file completed by Entry editor that has the list of registered participants in alphabetical order with their dates of birth, the number of license, school name and the name of competition they are registered to with the time.

All organizational communications, technical and competition results will be available at: <http://www.megatiming.pl/contest/e7349dd7-412e-41f8-b8f9-f7aac981166c>

Application deadline is on Saturday, 7th of December, 2019

Resignations are possible until 12^h of December, 2019. After the term, the entry fee will be taken according to the application.

IX. IX. Technical Briefing

The technical briefing will be on the 14th of December, 2019 during warm-up.

Participants cannot be joined to any group during the technical briefing.

X. Final Provisions

1. The competition will be divided into time series according to the FINA rules and PZP rules.
2. The Referee in the agreement with the organizer decides about the issues that are not included in the list of rules. The protests and complaints should have a written form and

be given to the competition main referee no later than 30 minutes after the cause. 300 zloty must be paid. In case of the justified complaint, money paid will be given back (the protest and complaints without money paid will not be dealt with).

4. Accommodation

Choose and stay in one of the hotels or hostels in Olsztyn. Hotel offer available on the website http://live.megatiming.pl/chodyna/2019/12_15_olsztyn/hotele.pdf

To book accommodation, please complete the order

http://live.megatiming.pl/chodyna/2019/12_15_olsztyn/zakwaterowanie.docx

and send it to the email address: ireknaiazek@gmail.com

You are very welcome to Olsztyn!!!