

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu  
Warszawa, 1. - 2.12.2017

Konkurencja 30  
02.12.2017 - 13:11

Chłopców, 400m zmienny

11 - 14 lat  
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.	
<b>11 lat</b>										
1.	HANDZLIK, Mateusz		06	MKP Warszawianka				<b>5:54.80</b>	324	
	50m:	39.95 39.95	150m:	2:12.12	45.84	250m:	3:46.12	48.96	350m:	5:16.15 39.66
	100m:	1:26.28 46.33	200m:	2:57.16	45.04	300m:	4:36.49	50.37	400m:	5:54.80 38.65
2.	LUCOW, Jan		06	MKP Warszawianka				<b>5:55.68</b>	322	
	50m:	38.15 38.15	150m:	2:08.90	45.49	250m:	3:43.88	52.02	350m:	5:18.54 40.70
	100m:	1:23.41 45.26	200m:	2:51.86	42.96	300m:	4:37.84	53.96	400m:	5:55.68 37.14
3.	SZPORAK, Kamil		06	Squatina Ostroł ka				<b>6:08.25</b>	290	
	50m:	38.54 38.54	150m:	2:13.26	47.11	250m:	3:49.90	50.41	350m:	5:25.52 43.93
	100m:	1:26.15 47.61	200m:	2:59.49	46.23	300m:	4:41.59	51.69	400m:	6:08.25 42.73
4.	HRYCAN, Michał		06	Uks Gim 92 Ursynów Warszawa				<b>6:24.45</b>	255	
	50m:	40.92 40.92	150m:	2:16.99	47.97	250m:	4:01.90	56.99	350m:	5:43.25 43.00
	100m:	1:29.02 48.10	200m:	3:04.91	47.92	300m:	5:00.25	58.35	400m:	6:24.45 41.20
5.	GO , Mikołaj		06	Uczniowski Klub Sportowy "Siód				<b>6:25.34</b>	253	
	50m:	41.28 41.28	150m:	2:21.28	49.68	250m:	4:02.46	53.56	350m:	5:42.48 44.80
	100m:	1:31.60 50.32	200m:	3:08.90	47.62	300m:	4:57.68	55.22	400m:	6:25.34 42.86
6.	WRO SKI, Szymon		06	Olimpia Lublin				<b>6:26.56</b>	250	
	50m:	41.91 41.91	150m:	2:24.35	52.31	250m:	4:07.93	53.88	350m:	5:44.84 41.98
	100m:	1:32.04 50.13	200m:	3:14.05	49.70	300m:	5:02.86	54.93	400m:	6:26.56 41.72

**12 lat**

1.	ZAWADZKI, Marek		05	UKS G-8 Bielany Warszawa				<b>5:29.03</b>	407	
	50m:	35.44 35.44	150m:	2:01.04	43.46	250m:	3:30.46	47.51	350m:	4:55.85 36.43
	100m:	1:17.58 42.14	200m:	2:42.95	41.91	300m:	4:19.42	48.96	400m:	5:29.03 33.18
2.	CZARNECKI, Igor		05	Uks Gim 92 Ursynów Warszawa				<b>5:30.56</b>	401	
	50m:	35.37 35.37	150m:	2:00.92	43.75	250m:	3:29.38	46.92	350m:	4:55.17 38.68
	100m:	1:17.17 41.80	200m:	2:42.46	41.54	300m:	4:16.49	47.11	400m:	5:30.56 35.39
3.	SZUTER, Maciej		05	Uks Gim 92 Ursynów Warszawa				<b>5:45.65</b>	351	
	50m:	39.09 39.09	150m:	2:10.26	45.37	250m:	3:41.18	46.67	350m:	5:07.77 38.96
	100m:	1:24.89 45.80	200m:	2:54.51	44.25	300m:	4:28.81	47.63	400m:	5:45.65 37.88
4.	JURDA, Mikołaj		05	UKS 149 Łód				<b>5:51.60</b>	333	
	50m:	40.13 40.13	150m:	2:10.56	46.27	250m:	3:43.69	49.69	350m:	5:13.02 39.88
	100m:	1:24.29 44.16	200m:	2:54.00	43.44	300m:	4:33.14	49.45	400m:	5:51.60 38.58
5.	BODNAR, Mikołaj		05	Uks Gim 92 Ursynów Warszawa				<b>5:56.03</b>	321	
	50m:	40.56 40.56	150m:	2:14.68	44.68	250m:	3:47.07	47.84	350m:	5:17.12 40.61
	100m:	1:30.00 49.44	200m:	2:59.23	44.55	300m:	4:36.51	49.44	400m:	5:56.03 38.91
6.	WENERSKI, Eryk		05	Uks Gim 92 Ursynów Warszawa				<b>6:00.96</b>	308	
	50m:	39.00 39.00	150m:	2:15.31	47.09	250m:	3:51.33	49.90	350m:	5:21.91 39.45
	100m:	1:28.22 49.22	200m:	3:01.43	46.12	300m:	4:42.46	51.13	400m:	6:00.96 39.05
7.	BIKOWSKI, Mateusz		05	Uks Wilanowia				<b>6:14.89</b>	275	
	50m:	39.75 39.75	150m:	2:15.07	46.87	250m:	3:57.80	57.06	350m:	5:35.82 40.78
	100m:	1:28.20 48.45	200m:	3:00.74	45.67	300m:	4:55.04	57.24	400m:	6:14.89 39.07
8.	MATOFIJ, Mikołaj		05	Uczniowski Klub Sportowy "Siód				<b>6:40.92</b>	224	
	50m:	48.61 48.61	150m:	2:34.65	49.48	250m:	4:20.52	57.36	350m:	6:01.02 43.28
	100m:	1:45.17 56.56	200m:	3:23.16	48.51	300m:	5:17.74	57.22	400m:	6:40.92 39.90
DYSKW.	BALTRAMIEJUNAS, Jogaila		05	Klaipedos Gintaro SC				<b>6:23.55</b>		
	<i>K 15 - Brak dotkni cia ciany obydwoma rozłączonymi dło mi przy nawrocie lub na zako czenie wy cigu</i>									
	50m:	39.17 39.17	150m:	2:19.12	48.95	250m:	4:02.91	56.66	350m:	5:43.62 44.49
	100m:	1:30.17 51.00	200m:	3:06.25	47.13	300m:	4:59.13	56.22	400m:	6:23.55 39.93

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Konkurencja 30, Chłopców, 400m zmienny

13 lat

1.	CHMIELEWSKI, Krzysztof	04	Iuks Muszelka Warszawa	<b>4:54.48</b>	567
	50m: 30.29 30.29	150m: 1:43.51	37.84 250m: 3:04.88	45.16 350m: 4:22.77	32.41
	100m: 1:05.67 35.38	200m: 2:19.72	36.21 300m: 3:50.36	45.48 400m: 4:54.48	31.71
2.	CHMIELEWSKI, Michał	04	Iuks Muszelka Warszawa	<b>4:59.02</b>	542
	50m: 30.52 30.52	150m: 1:43.39	36.87 250m: 3:05.81	45.86 350m: 4:26.37	33.32
	100m: 1:06.52 36.00	200m: 2:19.95	36.56 300m: 3:53.05	47.24 400m: 4:59.02	32.65
3.	GOŁACKI, Sergiusz	04	Uks 190 Łód	<b>5:06.70</b>	502
	50m: 31.63 31.63	150m: 1:49.67	40.67 250m: 3:14.03	44.30 350m: 4:33.80	34.63
	100m: 1:09.00 37.37	200m: 2:29.73	40.06 300m: 3:59.17	45.14 400m: 5:06.70	32.90
4.	KORONKIEWICZ, Antoni	04	KS Fenix O arów Mazowiecki	<b>5:13.80</b>	469
	50m: 31.93 31.93	150m: 1:52.98	42.85 250m: 3:17.87	43.21 350m: 4:39.13	36.43
	100m: 1:10.13 38.20	200m: 2:34.66	41.68 300m: 4:02.70	44.83 400m: 5:13.80	34.67
5.	LASKI, Filip	04	KS Fenix O arów Mazowiecki	<b>5:30.12</b>	402
	50m: 34.26 34.26	150m: 1:56.28	42.50 250m: 3:25.85	47.10 350m: 4:53.28	39.18
	100m: 1:13.78 39.52	200m: 2:38.75	42.47 300m: 4:14.10	48.25 400m: 5:30.12	36.84
6.	KOZIE SKI, Oliwier	04	Klub Sportowy Wisła Puławy	<b>5:51.56</b>	333
	50m: 34.62 34.62	150m: 2:05.27	47.58 250m: 3:38.91	48.83 350m: 5:14.33	44.11
	100m: 1:17.69 43.07	200m: 2:50.08	44.81 300m: 4:30.22	51.31 400m: 5:51.56	37.23
DYSKW.	BEDNAREK, Przemysław	04	Iuks Muszelka Warszawa	<b>5:21.48</b>	
	<i>K 16 - Niejednoczesne dotkni cie ciany dło mi przy nawrocie lub na zako czenie wy cigu</i>				
	50m: 34.30 34.30	150m: 1:54.70	40.60 250m: 3:21.69	47.05 350m: 4:45.59	36.37
	100m: 1:14.10 39.80	200m: 2:34.64	39.94 300m: 4:09.22	47.53 400m: 5:21.48	35.89

14 lat

1.	URYNIUK, Paweł	03	UKS G-8 Bielany Warszawa	<b>4:41.91</b>	647
	50m: 29.26 29.26	150m: 1:40.86	37.66 250m: 2:55.62	38.52 350m: 4:10.23	33.42
	100m: 1:03.20 33.94	200m: 2:17.10	36.24 300m: 3:36.81	41.19 400m: 4:41.91	31.68
2.	CWIEK, Wiktor	03	BUKS Warszawa	<b>4:57.46</b>	550
	50m: 30.47 30.47	150m: 1:47.21	41.46 250m: 3:10.12	43.16 350m: 4:25.64	32.13
	100m: 1:05.75 35.28	200m: 2:26.96	39.75 300m: 3:53.51	43.39 400m: 4:57.46	31.82
3.	ROGUSKI, Mateusz	03	Iuks Muszelka Warszawa	<b>5:09.21</b>	490
	50m: 31.88 31.88	150m: 1:48.79	40.40 250m: 3:13.75	45.51 350m: 4:35.59	35.52
	100m: 1:08.39 36.51	200m: 2:28.24	39.45 300m: 4:00.07	46.32 400m: 5:09.21	33.62
4.	RODKIEWICZ, Radosław	03	Iuks Muszelka Warszawa	<b>5:14.44</b>	466
	50m: 32.64 32.64	150m: 1:50.46	38.80 250m: 3:16.24	47.74 350m: 4:39.70	35.38
	100m: 1:11.66 39.02	200m: 2:28.50	38.04 300m: 4:04.32	48.08 400m: 5:14.44	34.74
5.	PRZYSTAŁ, Adam	03	UKS G-8 Bielany Warszawa	<b>5:19.12</b>	446
	50m: 33.64 33.64	150m: 1:56.91	42.78 250m: 3:20.15	42.78 350m: 4:42.59	37.75
	100m: 1:14.13 40.49	200m: 2:37.37	40.46 300m: 4:04.84	44.69 400m: 5:19.12	36.53
6.	MAKRETSKI, Matsvei	03	Bntu.Minsk	<b>5:32.16</b>	395
	50m: 34.21 34.21	150m: 1:55.85	40.57 250m: 3:25.85	48.51 350m: 4:54.26	38.94
	100m: 1:15.28 41.07	200m: 2:37.34	41.49 300m: 4:15.32	49.47 400m: 5:32.16	37.90
PK	JA KIEWICZ, Adrian	02	Iuks Muszelka Warszawa	<b>4:48.72</b>	602
	50m: 28.79 28.79	150m: 1:40.26	37.73 250m: 3:00.37	43.10 350m: 4:17.45	33.23
	100m: 1:02.53 33.74	200m: 2:17.27	37.01 300m: 3:44.22	43.85 400m: 4:48.72	31.27
PK	RUTA, Kamil	02	Iuks Muszelka Warszawa	<b>5:00.36</b>	535
	50m: 31.25 31.25	150m: 1:46.95	39.78 250m: 3:08.69	43.11 350m: 4:26.73	34.20
	100m: 1:07.17 35.92	200m: 2:25.58	38.63 300m: 3:52.53	43.84 400m: 5:00.36	33.63
PK	DOŁOWY, Grzegorz	02	Iuks Muszelka Warszawa	<b>5:04.88</b>	511
	50m: 31.54 31.54	150m: 1:47.53	39.92 250m: 3:11.58	45.26 350m: 4:32.04	34.17
	100m: 1:07.61 36.07	200m: 2:26.32	38.79 300m: 3:57.87	46.29 400m: 5:04.88	32.84

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu  
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Konkurencja 30, Chłopców, 400m zmienny

Pozycja				Rok ur.					Czas	Pkt.		
PK	OŁOWNIA, Ignacy			07	Uczniowski Klub Sportowy "Siód				<b>6:07.01</b>	293		
	50m:	40.92	40.92	150m:	2:20.50	47.56	250m:	3:54.96	49.93	350m:	5:28.00	41.66
	100m:	1:32.94	52.02	200m:	3:05.03	44.53	300m:	4:46.34	51.38	400m:	6:07.01	39.01