

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Konkurencja 11 19.12.2017 - 17:47	M czyzn, 400m dowolny				OPEN Wyniki Finał
Rekord Polski Open	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015
Rekord Polski 14	3:59.77	ZONIUK Maciej	00601	Saint Dizier (FRA)	15.11.2008
Rekord Polski 15	3:50.76	MŁYNARCZYK Karol	05114	Lublin	17.12.2015
Rekord Polski 16	3:47.70	WOJDAK Wojciech	03106	Ostrowiec Sw.	19.12.2012
Rekord Polski 17	3:45.26	WOJDAK Wojciech	01006	Ostrowiec Sw	19.12.2013
Rekord Polski 18	3:41.69	WOJDAK Wojciech	01006	Ostrowiec Sw	18.12.2014
Rekord Polski 19 - 23	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015

Punkty: FINA 2017

Pozycja	Wiek		Czas		Pkt.
Finał A					
1.	ZABOROWSKI Filip	23	MKP Szczecin	3:39.89	899
	50m: 25.59 25.59	150m: 1:20.72 27.62	250m: 2:16.48 27.95	350m: 3:12.54 28.01	
	100m: 53.10 27.51	200m: 1:48.53 27.81	300m: 2:44.53 28.05	400m: 3:39.89 27.35	
2.	WYSOCZY SKI Mateusz	24	AZS AGH Kraków	3:44.34	846
	50m: 24.91 24.91	150m: 1:21.69 28.63	250m: 2:18.87 28.68	350m: 3:16.43 28.77	
	100m: 53.06 28.15	200m: 1:50.19 28.50	300m: 2:47.66 28.79	400m: 3:44.34 27.91	
3.	KRASKA Jakub	17	KU AZS PŁ	3:45.79	830
	50m: 25.80 25.80	150m: 1:23.48 28.98	250m: 2:21.93 29.48	350m: 3:20.00 28.79	
	100m: 54.50 28.70	200m: 1:52.45 28.97	300m: 2:51.21 29.28	400m: 3:45.79 25.79	
4.	ARNDT Mateusz	19	KS Delfin Gdynia	3:46.16	826
	50m: 26.10 26.10	150m: 1:22.72 28.50	250m: 2:20.29 28.81	350m: 3:18.11 28.85	
	100m: 54.22 28.12	200m: 1:51.48 28.76	300m: 2:49.26 28.97	400m: 3:46.16 28.05	
5.	KAŁU Y SKI Antoni	18	Legia Warszawa	3:46.43	823
	50m: 26.12 26.12	150m: 1:23.71 29.31	250m: 2:21.54 28.66	350m: 3:18.87 28.71	
	100m: 54.40 28.28	200m: 1:52.88 29.17	300m: 2:50.16 28.62	400m: 3:46.43 27.56	
6.	KLICH Kacper	23	AZS AWF Katowice	3:46.93	818
	50m: 26.12 26.12	150m: 1:22.89 28.63	250m: 2:20.28 28.75	350m: 3:18.32 29.31	
	100m: 54.26 28.14	200m: 1:51.53 28.64	300m: 2:49.01 28.73	400m: 3:46.93 28.61	
7.	KOZIEJKO Bartłomiej SOL	17	MTP Kormoran Olsztyn	3:47.10	816
	50m: 26.10 26.10	150m: 1:22.37 28.35	250m: 2:20.18 29.09	350m: 3:18.95 29.34	
	100m: 54.02 27.92	200m: 1:51.09 28.72	300m: 2:49.61 29.43	400m: 3:47.10 28.15	
8.	KRAWCZYK Paweł	18	Buks Warszawa	3:50.84	777
	50m: 26.37 26.37	150m: 1:23.68 28.86	250m: 2:22.38 29.50	350m: 3:21.85 29.80	
	100m: 54.82 28.45	200m: 1:52.88 29.20	300m: 2:52.05 29.67	400m: 3:50.84 28.99	
9.	BUJAK Piotr	20	SALOS Kielce	3:53.97	746
	50m: 27.24 27.24	150m: 1:26.03 29.48	250m: 2:25.14 29.61	350m: 3:24.80 29.84	
	100m: 56.55 29.31	200m: 1:55.53 29.50	300m: 2:54.96 29.82	400m: 3:53.97 29.17	
10.	OSSES Arkadiusz	22	K.S.Warta Pozna	3:55.98	727
	50m: 26.97 26.97	150m: 1:25.13 29.36	250m: 2:25.40 30.23	350m: 3:26.11 30.44	
	100m: 55.77 28.80	200m: 1:55.17 30.04	300m: 2:55.67 30.27	400m: 3:55.98 29.87	
Finał B					
11.	DUTKOWIAK Wojciech SWR	17	WKS I sk Wrocław	3:54.61	740
	50m: 27.51 27.51	150m: 1:26.28 29.45	250m: 2:26.25 30.15	350m: 3:26.46 29.54	
	100m: 56.83 29.32	200m: 1:56.10 29.82	300m: 2:56.92 30.67	400m: 3:54.61 28.15	
12.	JURA Maciej	21	WKS I sk Wrocław	3:55.33	733
	50m: 27.64 27.64	150m: 1:26.73 29.63	250m: 2:26.54 30.01	350m: 3:27.74 30.43	
	100m: 57.10 29.46	200m: 1:56.53 29.80	300m: 2:57.31 30.77	400m: 3:55.33 27.59	

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Konkurencja 11, M czyzn, 400m dowolny, Finał, OPEN

Pozycja					Wiek					Czas	Pkt.	
13.	JAWORSKI Szymon SWR				16	WKS I sk Wrocław				3:55.73	729	
	50m:	27.36	27.36	150m:	1:27.33	29.96	250m:	2:27.27	29.94	350m:	3:27.50	29.91
	100m:	57.37	30.01	200m:	1:57.33	30.00	300m:	2:57.59	30.32	400m:	3:55.73	28.23
14.	PAWLACZYK Patryk				17	UKS 190 Łód				3:56.37	724	
	50m:	27.27	27.27	150m:	1:27.25	30.26	250m:	2:27.97	30.29	350m:	3:28.73	30.12
	100m:	56.99	29.72	200m:	1:57.68	30.43	300m:	2:58.61	30.64	400m:	3:56.37	27.64
15.	STEC Kacper				18	UKP Kmita Zabierzów				3:57.39	714	
	50m:	27.09	27.09	150m:	1:26.88	30.01	250m:	2:27.93	30.58	350m:	3:28.89	30.14
	100m:	56.87	29.78	200m:	1:57.35	30.47	300m:	2:58.75	30.82	400m:	3:57.39	28.50
16.	GŁYK Wojciech				25	AZS AWF Katowice				3:57.91	710	
	50m:	27.31	27.31	150m:	1:26.88	29.87	250m:	2:26.98	30.22	350m:	3:28.08	30.56
	100m:	57.01	29.70	200m:	1:56.76	29.88	300m:	2:57.52	30.54	400m:	3:57.91	29.83
17.	MAŁYSKA Bartosz SL				18	UKS Skarpa Lublin				3:58.08	708	
	50m:	27.08	27.08	150m:	1:26.03	29.64	250m:	2:25.91	30.03	350m:	3:27.62	30.88
	100m:	56.39	29.31	200m:	1:55.88	29.85	300m:	2:56.74	30.83	400m:	3:58.08	30.46
18.	KACZOROWSKI Jakub				20	UKS G - 8 Bielany				3:59.61	695	
	50m:	26.49	26.49	150m:	1:25.20	29.71	250m:	2:26.38	30.78	350m:	3:29.07	31.31
	100m:	55.49	29.00	200m:	1:55.60	30.40	300m:	2:57.76	31.38	400m:	3:59.61	30.54
19.	DOMINIAK Kacper SWR				17	WKS I sk Wrocław				3:59.91	692	
	50m:	28.01	28.01	150m:	1:28.91	30.64	250m:	2:29.71	30.39	350m:	3:30.47	30.26
	100m:	58.27	30.26	200m:	1:59.32	30.41	300m:	3:00.21	30.50	400m:	3:59.91	29.44
20.	CZERNIAK Konrad				19	Ku Azs Umcs Lublin				4:04.99	650	
	50m:	27.40	27.40	150m:	1:27.98	30.52	250m:	2:29.29	30.80	350m:	3:33.38	32.31
	100m:	57.46	30.06	200m:	1:58.49	30.51	300m:	3:01.07	31.78	400m:	4:04.99	31.61