

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Event 11	Men, 400m Freestyle				OPEN
19.12.2017 - 17:43					Results Finals
Rekord Polski Open	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015
Rekord Polski 14	3:59.77	ZONIUK Maciej	00601	Saint Dizier (FRA)	15.11.2008
Rekord Polski 15	3:50.76	MŁYNARCZYK Karol	05114	Lublin	17.12.2015
Rekord Polski 16	3:47.70	WOJDAK Wojciech	03106	Ostrowiec Sw.	19.12.2012
Rekord Polski 17	3:45.26	WOJDAK Wojciech	01006	Ostrowiec Sw	19.12.2013
Rekord Polski 18	3:41.69	WOJDAK Wojciech	01006	Ostrowiec Sw	18.12.2014
Rekord Polski 19 - 23	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	02.12.2015

Points: FINA 2017

Rank			Age					Time	Pts
Final A									
1.	ZABOROWSKI Filip		23	MKP Szczecin				3:39.89	899
	50m:	25.59	25.59	150m:	1:20.72	27.62	250m:	2:16.48	27.95
	100m:	53.10	27.51	200m:	1:48.53	27.81	300m:	2:44.53	28.05
							350m:	3:12.54	28.01
							400m:	3:39.89	27.35
2.	WYSOCZYNSKI Mateusz		24	AZS AGH Krakow				3:44.34	846
	50m:	24.91	24.91	150m:	1:21.69	28.63	250m:	2:18.87	28.68
	100m:	53.06	28.15	200m:	1:50.19	28.50	300m:	2:47.66	28.79
							350m:	3:16.43	28.77
							400m:	3:44.34	27.91
3.	KRASKA Jakub		17	KU AZS PL				3:45.79	830
	50m:	25.80	25.80	150m:	1:23.48	28.98	250m:	2:21.93	29.48
	100m:	54.50	28.70	200m:	1:52.45	28.97	300m:	2:51.21	29.28
							350m:	3:20.00	28.79
							400m:	3:45.79	25.79
4.	ARNDT Mateusz		19	KS Delfin Gdynia				3:46.16	826
	50m:	26.10	26.10	150m:	1:22.72	28.50	250m:	2:20.29	28.81
	100m:	54.22	28.12	200m:	1:51.48	28.76	300m:	2:49.26	28.97
							350m:	3:18.11	28.85
							400m:	3:46.16	28.05
5.	KALUZYNSKI Antoni		18	Legia Warszawa				3:46.43	823
	50m:	26.12	26.12	150m:	1:23.71	29.31	250m:	2:21.54	28.66
	100m:	54.40	28.28	200m:	1:52.88	29.17	300m:	2:50.16	28.62
							350m:	3:18.87	28.71
							400m:	3:46.43	27.56
6.	KLICH Kacper		23	AZS AWF Katowice				3:46.93	818
	50m:	26.12	26.12	150m:	1:22.89	28.63	250m:	2:20.28	28.75
	100m:	54.26	28.14	200m:	1:51.53	28.64	300m:	2:49.01	28.73
							350m:	3:18.32	29.31
							400m:	3:46.93	28.61
7.	KOZIEJKO Bartłomiej SOL		17	MTP Kormoran Olsztyn				3:47.10	816
	50m:	26.10	26.10	150m:	1:22.37	28.35	250m:	2:20.18	29.09
	100m:	54.02	27.92	200m:	1:51.09	28.72	300m:	2:49.61	29.43
							350m:	3:18.95	29.34
							400m:	3:47.10	28.15
8.	KRAWCZYK Pawel		18	Buks Warszawa				3:50.84	777
	50m:	26.37	26.37	150m:	1:23.68	28.86	250m:	2:22.38	29.50
	100m:	54.82	28.45	200m:	1:52.88	29.20	300m:	2:52.05	29.67
							350m:	3:21.85	29.80
							400m:	3:50.84	28.99
9.	BUJAK Piotr		20	SALOS Kielce				3:53.97	746
	50m:	27.24	27.24	150m:	1:26.03	29.48	250m:	2:25.14	29.61
	100m:	56.55	29.31	200m:	1:55.53	29.50	300m:	2:54.96	29.82
							350m:	3:24.80	29.84
							400m:	3:53.97	29.17
10.	OSSES Arkadiusz		22	K.S.Warta Poznan				3:55.98	727
	50m:	26.97	26.97	150m:	1:25.13	29.36	250m:	2:25.40	30.23
	100m:	55.77	28.80	200m:	1:55.17	30.04	300m:	2:55.67	30.27
							350m:	3:26.11	30.44
							400m:	3:55.98	29.87
Final B									
11.	DUTKOWIAK Wojciech SWR		17	WKS Slask Wroclaw				3:54.61	740
	50m:	27.51	27.51	150m:	1:26.28	29.45	250m:	2:26.25	30.15
	100m:	56.83	29.32	200m:	1:56.10	29.82	300m:	2:56.92	30.67
							350m:	3:26.46	29.54
							400m:	3:54.61	28.15
12.	JURA Maciej		21	WKS Slask Wroclaw				3:55.33	733
	50m:	27.64	27.64	150m:	1:26.73	29.63	250m:	2:26.54	30.01
	100m:	57.10	29.46	200m:	1:56.53	29.80	300m:	2:57.31	30.77
							350m:	3:27.74	30.43
							400m:	3:55.33	27.59

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Event 11, Men, 400m Freestyle, Final, OPEN

Rank					Age					Time	Pts	
13.	JAWORSKI Szymon SWR				16	WKS Slask Wroclaw				3:55.73	729	
	50m:	27.36	27.36	150m:	1:27.33	29.96	250m:	2:27.27	29.94	350m:	3:27.50	29.91
	100m:	57.37	30.01	200m:	1:57.33	30.00	300m:	2:57.59	30.32	400m:	3:55.73	28.23
14.	PAWLACZYK Patryk				17	UKS 190 Lodz				3:56.37	724	
	50m:	27.27	27.27	150m:	1:27.25	30.26	250m:	2:27.97	30.29	350m:	3:28.73	30.12
	100m:	56.99	29.72	200m:	1:57.68	30.43	300m:	2:58.61	30.64	400m:	3:56.37	27.64
15.	STEC Kacper				18	UKP Kmita Zabierzow				3:57.39	714	
	50m:	27.09	27.09	150m:	1:26.88	30.01	250m:	2:27.93	30.58	350m:	3:28.89	30.14
	100m:	56.87	29.78	200m:	1:57.35	30.47	300m:	2:58.75	30.82	400m:	3:57.39	28.50
16.	GLYK Wojciech				25	AZS AWF Katowice				3:57.91	710	
	50m:	27.31	27.31	150m:	1:26.88	29.87	250m:	2:26.98	30.22	350m:	3:28.08	30.56
	100m:	57.01	29.70	200m:	1:56.76	29.88	300m:	2:57.52	30.54	400m:	3:57.91	29.83
17.	MALYSKA Bartosz SL				18	UKS Skarpa Lublin				3:58.08	708	
	50m:	27.08	27.08	150m:	1:26.03	29.64	250m:	2:25.91	30.03	350m:	3:27.62	30.88
	100m:	56.39	29.31	200m:	1:55.88	29.85	300m:	2:56.74	30.83	400m:	3:58.08	30.46
18.	KACZOROWSKI Jakub				20	UKS G - 8 Bielany				3:59.61	695	
	50m:	26.49	26.49	150m:	1:25.20	29.71	250m:	2:26.38	30.78	350m:	3:29.07	31.31
	100m:	55.49	29.00	200m:	1:55.60	30.40	300m:	2:57.76	31.38	400m:	3:59.61	30.54
19.	DOMINIAK Kacper SWR				17	WKS Slask Wroclaw				3:59.91	692	
	50m:	28.01	28.01	150m:	1:28.91	30.64	250m:	2:29.71	30.39	350m:	3:30.47	30.26
	100m:	58.27	30.26	200m:	1:59.32	30.41	300m:	3:00.21	30.50	400m:	3:59.91	29.44
20.	CZERNIAK Konrad				19	Ku Azs Umcs Lublin				4:04.99	650	
	50m:	27.40	27.40	150m:	1:27.98	30.52	250m:	2:29.29	30.80	350m:	3:33.38	32.31
	100m:	57.46	30.06	200m:	1:58.49	30.51	300m:	3:01.07	31.78	400m:	4:04.99	31.61