

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Konkurencja 19 20.12.2017 - 18:01	M czyzn, 400m zmienny				OPEN Wyniki Finał
Rekord Polski Open	4:03.20	WOJT Lukasz	POL	Berlin (GER)	14.11.2009
Rekord Polski 14	4:28.26	URYNIUK Paweł	05114	Poznan	25.11.2017
Rekord Polski 15	4:23.69	KĄŁUSOWSKI Jan	00905	Lublin	18.12.2015
Rekord Polski 16	4:12.62	W GROWSKI Marcel	00505	Lublin	18.12.2015
Rekord Polski 17	4:11.22	W GROWSKI Marcel	00505	Olsztyn	16.12.2016
Rekord Polski 18	4:09.07	MATCZAK Mateusz	00905	Debrecen (HUN)	14.12.2007
Rekord Polski 19 - 23	4:03.20	WOJT Lukasz	POL	Berlin (GER)	14.11.2009

Punkty: FINA 2017

Pozycja			Wiek						Czas	Pkt.		
Finał A												
1.	SZWEDZKI Dawid		23	WKS I sk Wrocław						4:09.48	841	
	50m:	27.32	27.32	150m:	1:31.73	33.02	250m:	2:37.13	33.60	350m:	3:40.70	29.50
	100m:	58.71	31.39	200m:	2:03.53	31.80	300m:	3:11.20	34.07	400m:	4:09.48	28.78
2.	BUJAK Dominik		18	SALOS Kielce						4:10.76	828	
	50m:	27.49	27.49	150m:	1:31.21	32.37	250m:	2:38.38	35.25	350m:	3:42.83	28.89
	100m:	58.84	31.35	200m:	2:03.13	31.92	300m:	3:13.94	35.56	400m:	4:10.76	27.93
3.	CHMIELEWSKI Jakub SWR		18	WKS I sk Wrocław						4:14.71	790	
	50m:	27.17	27.17	150m:	1:31.67	33.11	250m:	2:39.34	35.66	350m:	3:45.53	30.29
	100m:	58.56	31.39	200m:	2:03.68	32.01	300m:	3:15.24	35.90	400m:	4:14.71	29.18
4.	KUBKOWSKI Bartłomiej		22	AZS UWM Olsztyn						4:18.58	755	
	50m:	27.61	27.61	150m:	1:32.15	32.93	250m:	2:40.89	36.06	350m:	3:48.16	30.76
	100m:	59.22	31.61	200m:	2:04.83	32.68	300m:	3:17.40	36.51	400m:	4:18.58	30.42
5.	CIASTO Sebastian SO		18	UKP UNIA O wi cim						4:19.31	749	
	50m:	28.61	28.61	150m:	1:34.60	33.01	250m:	2:43.40	35.77	350m:	3:49.22	29.84
	100m:	1:01.59	32.98	200m:	2:07.63	33.03	300m:	3:19.38	35.98	400m:	4:19.31	30.09
6.	DUBAS Mateusz		16	AZS AWF Katowice						4:21.12	733	
	50m:	28.41	28.41	150m:	1:34.80	33.72	250m:	2:44.17	35.93	350m:	3:51.50	30.89
	100m:	1:01.08	32.67	200m:	2:08.24	33.44	300m:	3:20.61	36.44	400m:	4:21.12	29.62
7.	SOBCZYK Maciej		22	AZS AGH Kraków						4:21.20	732	
	50m:	27.84	27.84	150m:	1:33.37	33.14	250m:	2:43.00	37.14	350m:	3:52.05	31.33
	100m:	1:00.23	32.39	200m:	2:05.86	32.49	300m:	3:20.72	37.72	400m:	4:21.20	29.15
8.	MA KA Filip		17	UKS 190 Łód						4:21.68	728	
	50m:	28.57	28.57	150m:	1:33.83	32.55	250m:	2:43.99	37.48	350m:	3:52.34	31.05
	100m:	1:01.28	32.71	200m:	2:06.51	32.68	300m:	3:21.29	37.30	400m:	4:21.68	29.34
9.	ŁAPOT Radosław SR		18	MOS Katowice						4:21.95	726	
	50m:	27.85	27.85	150m:	1:34.24	33.65	250m:	2:44.43	37.10	350m:	3:52.35	30.35
	100m:	1:00.59	32.74	200m:	2:07.33	33.09	300m:	3:22.00	37.57	400m:	4:21.95	29.60
10.	GAWRON Oskar		18	WKS I sk Wrocław						4:24.66	704	
	50m:	28.52	28.52	150m:	1:36.12	34.76	250m:	2:46.38	36.62	350m:	3:54.03	30.79
	100m:	1:01.36	32.84	200m:	2:09.76	33.64	300m:	3:23.24	36.86	400m:	4:24.66	30.63
Finał B												
11.	OLLER Krzysztof SL		17	MTP Kormoran Olsztyn						4:20.71	737	
	50m:	28.02	28.02	150m:	1:33.48	33.72	250m:	2:43.88	37.93	350m:	3:51.38	30.26
	100m:	59.76	31.74	200m:	2:05.95	32.47	300m:	3:21.12	37.24	400m:	4:20.71	29.33
12.	BARUSI SKI Kordian		16	UKS G - 8 Bielany						4:23.01	717	
	50m:	27.97	27.97	150m:	1:33.45	32.78	250m:	2:44.18	36.88	350m:	3:52.66	30.80
	100m:	1:00.67	32.70	200m:	2:07.30	33.85	300m:	3:21.86	37.68	400m:	4:23.01	30.35

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Konkurencja 19, M ężczyzn, 400m zmienny, Finał, OPEN

Pozycja			Wiek					Czas	Pkt.
13.	SACHA Kamil SWR		16	WKS I sk Wrocław				4:23.66	712
	50m:	28.54 28.54	150m:	1:35.00	33.72	250m:	2:46.48 37.13	350m:	3:55.05 30.31
	100m:	1:01.28 32.74	200m:	2:09.35	34.35	300m:	3:24.74 38.26	400m:	4:23.66 28.61
14.	KUCZAK Adam SWR		17	TP Zielona Góra				4:24.27	707
	50m:	28.18 28.18	150m:	1:34.29	33.28	250m:	2:45.53 39.80	350m:	3:54.70 30.13
	100m:	1:01.01 32.83	200m:	2:05.73	31.44	300m:	3:24.57 39.04	400m:	4:24.27 29.57
15.	WALCZYSKO Jakub SL		17	Ku Azs Umcs Lublin				4:24.88	702
	50m:	27.98 27.98	150m:	1:34.32	33.93	250m:	2:45.20 37.15	350m:	3:54.35 31.07
	100m:	1:00.39 32.41	200m:	2:08.05	33.73	300m:	3:23.28 38.08	400m:	4:24.88 30.53
16.	KEMPA Mikołaj SO		18	MMKS K dzierzyn-Ko le				4:25.24	699
	50m:	27.65 27.65	150m:	1:33.46	34.00	250m:	2:44.60 37.12	350m:	3:54.70 31.88
	100m:	59.46 31.81	200m:	2:07.48	34.02	300m:	3:22.82 38.22	400m:	4:25.24 30.54
17.	GOTSZLING Dawid SZG		16	BARAKUDA Starachowice				4:26.18	692
	50m:	26.89 26.89	150m:	1:33.06	33.63	250m:	2:45.62 39.39	350m:	3:56.55 30.88
	100m:	59.43 32.54	200m:	2:06.23	33.17	300m:	3:25.67 40.05	400m:	4:26.18 29.63
18.	CERLICH Maksymilian SMS		17	MKS Ikar Mielec				4:27.44	682
	50m:	28.60 28.60	150m:	1:36.64	34.80	250m:	2:47.87 37.43	350m:	3:56.32 31.28
	100m:	1:01.84 33.24	200m:	2:10.44	33.80	300m:	3:25.04 37.17	400m:	4:27.44 31.12
19.	WAWRZY CZAK Alan SL		18	UKS Skarpa Lublin				4:27.51	682
	50m:	28.92 28.92	150m:	1:37.06	34.82	250m:	2:49.14 38.59	350m:	3:57.81 30.07
	100m:	1:02.24 33.32	200m:	2:10.55	33.49	300m:	3:27.74 38.60	400m:	4:27.51 29.70
20.	URYNIUK Paweł		14	UKS G - 8 Bielany				4:31.30	654
	50m:	27.16 27.16	150m:	1:35.33	35.26	250m:	2:48.90 38.44	350m:	4:00.65 32.04
	100m:	1:00.07 32.91	200m:	2:10.46	35.13	300m:	3:28.61 39.71	400m:	4:31.30 30.65