

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców  
Łód , 19. - 22.12.2017

Event 19	Men, 400m Medley				OPEN
20.12.2017 - 17:57					Results Finals
Rekord Polski Open	4:03.20	WOJT Lukasz	POL	Berlin (GER)	14.11.2009
Rekord Polski 14	4:28.26	URYNIUK Paweł	05114	Poznan	25.11.2017
Rekord Polski 15	4:23.69	KĄŁUSOWSKI Jan	00905	Lublin	18.12.2015
Rekord Polski 16	4:12.62	W GROWSKI Marcel	00505	Lublin	18.12.2015
Rekord Polski 17	4:11.22	W GROWSKI Marcel	00505	Olsztyn	16.12.2016
Rekord Polski 18	4:09.07	MATCZAK Mateusz	00905	Debrecen (HUN)	14.12.2007
Rekord Polski 19 - 23	4:03.20	WOJT Lukasz	POL	Berlin (GER)	14.11.2009

Points: FINA 2017

Rank			Age					Time	Pts
<b>Final A</b>									
1.	SZWEDZKI Dawid		23	WKS Slask Wroclaw				<b>4:09.48</b>	841
	50m:	27.32	27.32	150m:	1:31.73	33.02	250m:	2:37.13	33.60
	100m:	58.71	31.39	200m:	2:03.53	31.80	300m:	3:11.20	34.07
							350m:	3:40.70	29.50
							400m:	4:09.48	28.78
2.	BUJAK Dominik		18	SALOS Kielce				<b>4:10.76</b>	828
	50m:	27.49	27.49	150m:	1:31.21	32.37	250m:	2:38.38	35.25
	100m:	58.84	31.35	200m:	2:03.13	31.92	300m:	3:13.94	35.56
							350m:	3:42.83	28.89
							400m:	4:10.76	27.93
3.	CHMIELEWSKI Jakub SWR		18	WKS Slask Wroclaw				<b>4:14.71</b>	790
	50m:	27.17	27.17	150m:	1:31.67	33.11	250m:	2:39.34	35.66
	100m:	58.56	31.39	200m:	2:03.68	32.01	300m:	3:15.24	35.90
							350m:	3:45.53	30.29
							400m:	4:14.71	29.18
4.	KUBKOWSKI Bartłomiej		22	AZS UWM Olsztyn				<b>4:18.58</b>	755
	50m:	27.61	27.61	150m:	1:32.15	32.93	250m:	2:40.89	36.06
	100m:	59.22	31.61	200m:	2:04.83	32.68	300m:	3:17.40	36.51
							350m:	3:48.16	30.76
							400m:	4:18.58	30.42
5.	CIASTON Sebastian SO		18	Unia Oswiecim				<b>4:19.31</b>	749
	50m:	28.61	28.61	150m:	1:34.60	33.01	250m:	2:43.40	35.77
	100m:	1:01.59	32.98	200m:	2:07.63	33.03	300m:	3:19.38	35.98
							350m:	3:49.22	29.84
							400m:	4:19.31	30.09
6.	DUBAS Mateusz		16	AZS AWF Katowice				<b>4:21.12</b>	733
	50m:	28.41	28.41	150m:	1:34.80	33.72	250m:	2:44.17	35.93
	100m:	1:01.08	32.67	200m:	2:08.24	33.44	300m:	3:20.61	36.44
							350m:	3:51.50	30.89
							400m:	4:21.12	29.62
7.	SOBCZYK Maciej		22	AZS AGH Krakow				<b>4:21.20</b>	732
	50m:	27.84	27.84	150m:	1:33.37	33.14	250m:	2:43.00	37.14
	100m:	1:00.23	32.39	200m:	2:05.86	32.49	300m:	3:20.72	37.72
							350m:	3:52.05	31.33
							400m:	4:21.20	29.15
8.	MANKA Filip		17	UKS 190 Lodz				<b>4:21.68</b>	728
	50m:	28.57	28.57	150m:	1:33.83	32.55	250m:	2:43.99	37.48
	100m:	1:01.28	32.71	200m:	2:06.51	32.68	300m:	3:21.29	37.30
							350m:	3:52.34	31.05
							400m:	4:21.68	29.34
9.	LAPOT Radoslaw SR		18	MOS Katowice				<b>4:21.95</b>	726
	50m:	27.85	27.85	150m:	1:34.24	33.65	250m:	2:44.43	37.10
	100m:	1:00.59	32.74	200m:	2:07.33	33.09	300m:	3:22.00	37.57
							350m:	3:52.35	30.35
							400m:	4:21.95	29.60
10.	GAWRON Oskar		18	WKS Slask Wroclaw				<b>4:24.66</b>	704
	50m:	28.52	28.52	150m:	1:36.12	34.76	250m:	2:46.38	36.62
	100m:	1:01.36	32.84	200m:	2:09.76	33.64	300m:	3:23.24	36.86
							350m:	3:54.03	30.79
							400m:	4:24.66	30.63
<b>Final B</b>									
11.	OLLER Krzysztof SL		17	MTP Kormoran Olsztyn				<b>4:20.71</b>	737
	50m:	28.02	28.02	150m:	1:33.48	33.72	250m:	2:43.88	37.93
	100m:	59.76	31.74	200m:	2:05.95	32.47	300m:	3:21.12	37.24
							350m:	3:51.38	30.26
							400m:	4:20.71	29.33
12.	BARUSINSKI Kordian		16	UKS G - 8 Bielany				<b>4:23.01</b>	717
	50m:	27.97	27.97	150m:	1:33.45	32.78	250m:	2:44.18	36.88
	100m:	1:00.67	32.70	200m:	2:07.30	33.85	300m:	3:21.86	37.68
							350m:	3:52.66	30.80
							400m:	4:23.01	30.35

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Event 19, Men, 400m Medley, Final, OPEN

Rank					Age					Time	Pts	
13.	SACHA Kamil SWR				16	WKS Slask Wroclaw				<b>4:23.66</b>	712	
	50m:	28.54	28.54	150m:	1:35.00	33.72	250m:	2:46.48	37.13	350m:	3:55.05	30.31
	100m:	1:01.28	32.74	200m:	2:09.35	34.35	300m:	3:24.74	38.26	400m:	4:23.66	28.61
14.	KUCZAK Adam SWR				17	TP Zielona Gora				<b>4:24.27</b>	707	
	50m:	28.18	28.18	150m:	1:34.29	33.28	250m:	2:45.53	39.80	350m:	3:54.70	30.13
	100m:	1:01.01	32.83	200m:	2:05.73	31.44	300m:	3:24.57	39.04	400m:	4:24.27	29.57
15.	WALCZYSKO Jakub SL				17	Ku Azs Umcs Lublin				<b>4:24.88</b>	702	
	50m:	27.98	27.98	150m:	1:34.32	33.93	250m:	2:45.20	37.15	350m:	3:54.35	31.07
	100m:	1:00.39	32.41	200m:	2:08.05	33.73	300m:	3:23.28	38.08	400m:	4:24.88	30.53
16.	KEMPA Mikolaj SO				18	MMKS Kedzierzyn-Kozle				<b>4:25.24</b>	699	
	50m:	27.65	27.65	150m:	1:33.46	34.00	250m:	2:44.60	37.12	350m:	3:54.70	31.88
	100m:	59.46	31.81	200m:	2:07.48	34.02	300m:	3:22.82	38.22	400m:	4:25.24	30.54
17.	GOTSZLING Dawid SZG				16	BARAKUDA Starachowice				<b>4:26.18</b>	692	
	50m:	26.89	26.89	150m:	1:33.06	33.63	250m:	2:45.62	39.39	350m:	3:56.55	30.88
	100m:	59.43	32.54	200m:	2:06.23	33.17	300m:	3:25.67	40.05	400m:	4:26.18	29.63
18.	CERLICH Maksymilian SMS				17	MKS Ikar Mielec				<b>4:27.44</b>	682	
	50m:	28.60	28.60	150m:	1:36.64	34.80	250m:	2:47.87	37.43	350m:	3:56.32	31.28
	100m:	1:01.84	33.24	200m:	2:10.44	33.80	300m:	3:25.04	37.17	400m:	4:27.44	31.12
19.	WAWRZYNCZAK Alan SL				18	UKS Skarpa Lublin				<b>4:27.51</b>	682	
	50m:	28.92	28.92	150m:	1:37.06	34.82	250m:	2:49.14	38.59	350m:	3:57.81	30.07
	100m:	1:02.24	33.32	200m:	2:10.55	33.49	300m:	3:27.74	38.60	400m:	4:27.51	29.70
20.	URYNIUK Pawel				14	UKS G - 8 Bielany				<b>4:31.30</b>	654	
	50m:	27.16	27.16	150m:	1:35.33	35.26	250m:	2:48.90	38.44	350m:	4:00.65	32.04
	100m:	1:00.07	32.91	200m:	2:10.46	35.13	300m:	3:28.61	39.71	400m:	4:31.30	30.65