

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu
Warszawa, 30.11. - 1.12.2018

Konkurencja 29
01.12.2018 - 12:34

Dziewcz t, 400m zmienny

11 - 14 lat
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	SOBCZAK, Antonina		07	MKP Warszawianka				6:04.00	391
	50m:	37.47 37.47	150m:	2:16.95 48.20	250m:	3:52.67 51.48	350m:	5:24.52 40.07	
	100m:	1:28.75 51.28	200m:	3:01.19 44.24	300m:	4:44.45 51.78	400m:	6:04.00 39.48	
2.	BONECKA, Anna		07	MKP Warszawianka				6:13.14	363
	50m:	37.63 37.63	150m:	2:14.17 48.50	250m:	3:52.74 52.26	350m:	5:28.85 42.78	
	100m:	1:25.67 48.04	200m:	3:00.48 46.31	300m:	4:46.07 53.33	400m:	6:13.14 44.29	
3.	PRZYBYLSKA, Oliwia		07	MKS Piaseczno				6:33.32	310
	50m:	43.51 43.51	150m:	2:26.18 51.07	250m:	4:07.10 52.55	350m:	5:46.94 46.47	
	100m:	1:35.11 51.60	200m:	3:14.55 48.37	300m:	5:00.47 53.37	400m:	6:33.32 46.38	
4.	DUBAN, Justyna		07	UKS GOS Raszyn				7:34.74	200
	50m:	50.75 50.75	150m:	2:54.62 1:00.45	250m:	4:54.70 1:03.17	350m:	6:46.51 49.42	
	100m:	1:54.17 1:03.42	200m:	3:51.53 56.91	300m:	5:57.09 1:02.39	400m:	7:34.74 48.23	
12 lat									
1.	MIŁEK, Alicja		06	Solne Miasto Wieliczka				5:28.57	532
	50m:	34.31 34.31	150m:	1:54.36 40.64	250m:	3:23.94 50.96	350m:	4:51.72 37.31	
	100m:	1:13.72 39.41	200m:	2:32.98 38.62	300m:	4:14.41 50.47	400m:	5:28.57 36.85	
2.	GOMUŁKA, Weronika		06	Uks 190 Łód				5:30.11	525
	50m:	33.28 33.28	150m:	1:54.46 41.91	250m:	3:24.71 49.42	350m:	4:52.55 38.28	
	100m:	1:12.55 39.27	200m:	2:35.29 40.83	300m:	4:14.27 49.56	400m:	5:30.11 37.56	
3.	WILANOWSKA, Karina		06	Ukp Polonia Warszawa				5:42.02	472
	50m:	34.44 34.44	150m:	2:01.55 44.99	250m:	3:32.63 47.90	350m:	5:04.62 39.97	
	100m:	1:16.56 42.12	200m:	2:44.73 43.18	300m:	4:24.65 52.02	400m:	5:42.02 37.40	
4.	RUCI SKA, Helena		06	MKP Warszawianka				6:19.20	346
	50m:	42.63 42.63	150m:	2:25.09 47.33	250m:	4:03.63 53.79	350m:	5:40.65 44.69	
	100m:	1:37.76 55.13	200m:	3:09.84 44.75	300m:	4:55.96 52.33	400m:	6:19.20 38.55	
5.	OŁDAK, Martyna		06	Iuks Muszelka Warszawa				6:24.23	333
	50m:	42.46 42.46	150m:	2:20.67 48.24	250m:	4:02.50 53.91	350m:	5:41.35 43.65	
	100m:	1:32.43 49.97	200m:	3:08.59 47.92	300m:	4:57.70 55.20	400m:	6:24.23 42.88	
6.	SKOMORUCHA, Olga		06	Iuks Muszelka Warszawa				6:39.76	295
	50m:	44.43 44.43	150m:	2:28.44 52.55	250m:	4:16.14 58.10	350m:	5:57.89 44.41	
	100m:	1:35.89 51.46	200m:	3:18.04 49.60	300m:	5:13.48 57.34	400m:	6:39.76 41.87	
7.	CZAPLICKA, Izabela		06	Klub Pływacki Płetwal Mława				6:45.98	282
	50m:	41.36 41.36	150m:	2:23.47 51.39	250m:	4:12.97 1:00.38	350m:	5:59.43 45.85	
	100m:	1:32.08 50.72	200m:	3:12.59 49.12	300m:	5:13.58 1:00.61	400m:	6:45.98 46.55	
13 lat									
1.	URBA SKA, Patrycja		05	MKS Jedyńka Łód				5:35.37	500
	50m:	35.88 35.88	150m:	2:00.92 42.36	250m:	3:30.88 46.74	350m:	4:58.77 38.33	
	100m:	1:18.56 42.68	200m:	2:44.14 43.22	300m:	4:20.44 49.56	400m:	5:35.37 36.60	
2.	MARCINKOWSKA, Maja		05	MKS Jedyńka Łód				5:37.38	492
	50m:	39.69 39.69	150m:	2:09.38 43.40	250m:	3:38.70 48.41	350m:	5:03.19 36.50	
	100m:	1:25.98 46.29	200m:	2:50.29 40.91	300m:	4:26.69 47.99	400m:	5:37.38 34.19	
3.	PARADOWSKA, Julia		05	UKS Victorja Józefów				5:48.24	447
	50m:	36.05 36.05	150m:	2:08.03 47.82	250m:	3:39.28 46.93	350m:	5:07.78 40.89	
	100m:	1:20.21 44.16	200m:	2:52.35 44.32	300m:	4:26.89 47.61	400m:	5:48.24 40.46	
4.	KOWALCZYK, Katarzyna		05	UKS SP 149 Łód				5:58.08	411
	50m:	40.35 40.35	150m:	2:15.36 46.64	250m:	3:48.23 48.22	350m:	5:17.44 40.55	
	100m:	1:28.72 48.37	200m:	3:00.01 44.65	300m:	4:36.89 48.66	400m:	5:58.08 40.64	

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Konkurencja 29, Dziewcz t, 400m zmienny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
5.	JURKOWSKA, Iga			05	UKS "AZALIOWA"Gda	sk			6:15.32	357		
	50m:	37.65	37.65	150m:	2:13.23	47.95	250m:	3:53.60	54.72	350m:	5:33.18	45.16
	100m:	1:25.28	47.63	200m:	2:58.88	45.65	300m:	4:48.02	54.42	400m:	6:15.32	42.14
6.	KASZYCKA, Natalia			05	Iuks Muszelka Warszawa				6:17.66	350		
	50m:	42.80	42.80	150m:	2:18.72	46.23	250m:	3:57.12	53.37	350m:	5:36.80	44.59
	100m:	1:32.49	49.69	200m:	3:03.75	45.03	300m:	4:52.21	55.09	400m:	6:17.66	40.86
PK	ZIEMACKA, Julia			03	Iuks Muszelka Warszawa				5:27.12	539		
	50m:	34.17	34.17	150m:	1:55.39	40.18	250m:	3:24.78	50.34	350m:	4:52.23	36.60
	100m:	1:15.21	41.04	200m:	2:34.44	39.05	300m:	4:15.63	50.85	400m:	5:27.12	34.89