

Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Opole, 14- - 16-3-2014

Konkurencja 19
2014-03-15 - 17:30

Kobiet, 400m dowolny

17 - 18 lat
Wyniki Finał

Top Times "Poland" Open	4:05.77	Barzycka Paulina	00114	Gorzow	2005-11-26
Top Times "Poland" 17	4:08.41	Kilija ska Donata	00612	Ostrowiec Sw.	2012-12-21
Top Times "Poland" 18	4:08.04	Kilija ska Donata	00612	Pozna	2011-12-17

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	Karpisz Milena		97	UKS Pi tka Konstantinów Łódzki				4:13.71	793
	50m: 29.77	29.77	150m: 1:34.32	32.16	250m: 2:38.43	31.94	350m: 3:42.38	31.87	
	100m: 1:02.16	32.39	200m: 2:06.49	32.17	300m: 3:10.51	32.08	400m: 4:13.71	31.33	
2.	Orczykowska Wioletta SK		97	KS Limanowa-swim				4:17.39	759
	50m: 29.86	29.86	150m: 1:35.28	32.86	250m: 2:41.56	33.25	350m: 3:46.09	31.80	
	100m: 1:02.42	32.56	200m: 2:08.31	33.03	300m: 3:14.29	32.73	400m: 4:17.39	31.30	
3.	Borkowska Lucyna SK		97	MKS Sambor Tczew				4:18.19	752
	50m: 29.75	29.75	150m: 1:35.15	33.08	250m: 2:41.22	32.92	350m: 3:46.78	32.21	
	100m: 1:02.07	32.32	200m: 2:08.30	33.15	300m: 3:14.57	33.35	400m: 4:18.19	31.41	
4.	Kunka Kamila SO		96	UKP Unia O wi cim				4:18.39	750
	50m: 29.97	29.97	150m: 1:35.82	32.93	250m: 2:41.86	33.12	350m: 3:47.45	32.59	
	100m: 1:02.89	32.92	200m: 2:08.74	32.92	300m: 3:14.86	33.00	400m: 4:18.39	30.94	
5.	Nita Anna		97	UKS Pi tka Konstantinów Łódzki				4:22.50	716
	50m: 30.52	30.52	150m: 1:36.23	33.08	250m: 2:42.85	33.37	350m: 3:49.91	33.56	
	100m: 1:03.15	32.63	200m: 2:09.48	33.25	300m: 3:16.35	33.50	400m: 4:22.50	32.59	
6.	Ulatowska Alicja SO		96	UKP Unia O wi cim				4:24.74	698
	50m: 30.12	30.12	150m: 1:36.86	33.60	250m: 2:43.97	33.38	350m: 3:51.43	33.85	
	100m: 1:03.26	33.14	200m: 2:10.59	33.73	300m: 3:17.58	33.61	400m: 4:24.74	33.31	
7.	Bakuniak Hanna		96	MUKS Pi tnastka Bydgoszcz				4:25.25	694
	50m: 30.28	30.28	150m: 1:37.10	33.72	250m: 2:44.94	34.01	350m: 3:52.80	33.86	
	100m: 1:03.38	33.10	200m: 2:10.93	33.83	300m: 3:18.94	34.00	400m: 4:25.25	32.45	
8.	Nowak Julia		97	MKP Słowianka Gorzów Wlkp				4:25.32	693
	50m: 30.20	30.20	150m: 1:37.23	33.66	250m: 2:45.04	33.68	350m: 3:52.88	33.90	
	100m: 1:03.57	33.37	200m: 2:11.36	34.13	300m: 3:18.98	33.94	400m: 4:25.32	32.44	
9.	Nienałtowska Natalia		96	Mks Polonia Warszawa				4:27.21	678
	50m: 29.91	29.91	150m: 1:35.10	32.95	250m: 2:43.27	34.43	350m: 3:53.28	34.90	
	100m: 1:02.15	32.24	200m: 2:08.84	33.74	300m: 3:18.38	35.11	400m: 4:27.21	33.93	
10.	Cieslak Joanna SP		96	Warta Pozna				4:29.40	662
	50m: 29.75	29.75	150m: 1:36.48	33.84	250m: 2:45.27	34.42	350m: 3:55.23	35.09	
	100m: 1:02.64	32.89	200m: 2:10.85	34.37	300m: 3:20.14	34.87	400m: 4:29.40	34.17	
Finał B									
11.	Podlewska Miriam SO		97	UKP Unia O wi cim				4:26.18	686
	50m: 30.22	30.22	150m: 1:37.95	34.13	250m: 2:46.03	34.08	350m: 3:53.76	33.77	
	100m: 1:03.82	33.60	200m: 2:11.95	34.00	300m: 3:19.99	33.96	400m: 4:26.18	32.42	
12.	Halagiera Joanna		96	MKP Słowianka Gorzów Wlkp				4:28.62	668
	50m: 30.45	30.45	150m: 1:38.39	34.24	250m: 2:47.54	34.34	350m: 3:55.64	33.56	
	100m: 1:04.15	33.70	200m: 2:13.20	34.81	300m: 3:22.08	34.54	400m: 4:28.62	32.98	
13.	Wójcik Magdalena		97	1 Solex L bork				4:30.13	657
	50m: 30.43	30.43	150m: 1:38.43	34.41	250m: 2:47.33	34.58	350m: 3:56.26	34.28	
	100m: 1:04.02	33.59	200m: 2:12.75	34.32	300m: 3:21.98	34.65	400m: 4:30.13	33.87	
14.	Lewandowska Paulina SO		96	UKP Unia O wi cim				4:30.77	652
	50m: 30.78	30.78	150m: 1:39.47	34.76	250m: 2:48.30	34.43	350m: 3:57.66	34.65	
	100m: 1:04.71	33.93	200m: 2:13.87	34.40	300m: 3:23.01	34.71	400m: 4:30.77	33.11	
15.	Szczyrbak Kornelia SO		96	UKP Unia O wi cim				4:33.13	635
	50m: 31.25	31.25	150m: 1:40.03	34.77	250m: 2:48.81	34.33	350m: 3:59.08	35.19	
	100m: 1:05.26	34.01	200m: 2:14.48	34.45	300m: 3:23.89	35.08	400m: 4:33.13	34.05	

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Pozycja				Rok ur.					Czas	Pkt.		
16.	Kubacka Magda			97	AZS AWF Katowice				4:33.16	635		
	50m:	30.73	30.73	150m:	1:38.44	34.03	250m:	2:48.09	35.00	350m:	3:58.32	35.26
	100m:	1:04.41	33.68	200m:	2:13.09	34.65	300m:	3:23.06	34.97	400m:	4:33.16	34.84
17.	Dziewa Aleksandra SSz			96	MUKS Lider Chełm				4:34.88	623		
	50m:	30.07	30.07	150m:	1:37.82	34.42	250m:	2:48.35	35.47	350m:	4:00.66	35.99
	100m:	1:03.40	33.33	200m:	2:12.88	35.06	300m:	3:24.67	36.32	400m:	4:34.88	34.22
18.	wi kała Olga SO			96	UKP Unia O wi cim				4:40.83	584		
	50m:	32.13	32.13	150m:	1:42.51	35.19	250m:	2:53.77	35.76	350m:	4:05.87	35.95
	100m:	1:07.32	35.19	200m:	2:18.01	35.50	300m:	3:29.92	36.15	400m:	4:40.83	34.96
19.	Adamowicz Maja			96	UKS JAGIELLONKA Warszawa				4:41.72	579		
	50m:	32.16	32.16	150m:	1:42.98	35.70	250m:	2:54.72	35.94	350m:	4:06.65	36.06
	100m:	1:07.28	35.12	200m:	2:18.78	35.80	300m:	3:30.59	35.87	400m:	4:41.72	35.07
20.	Nagórska Monika			97	MUKS Pi tnastka Bydgoszcz				4:46.43	551		
	50m:	31.23	31.23	150m:	1:42.00	36.15	250m:	2:55.80	36.88	350m:	4:09.98	37.16
	100m:	1:05.85	34.62	200m:	2:18.92	36.92	300m:	3:32.82	37.02	400m:	4:46.43	36.45