

Arena Grand Prix Puchar Polski  
Łódź, 4- 5-11-2017

Konkurencja 24  
2017-11-05 - 11:09

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Pkt.	Czas	
<b>14 lat</b>										
1.	Knop Aleksandra		03	UKS 190 Łódź				709	<b>4:50.95</b>	
	50m:	31.98 31.98	150m:	1:44.63 37.01	250m:	3:03.73 43.14	350m:	4:19.53 32.23		
	100m:	1:07.62 35.64	200m:	2:20.59 35.96	300m:	3:47.30 43.57	400m:	4:50.95 31.42		
2.	Maciejewska Beata		03	UKS SP 149 Łódź				601	<b>5:07.44</b>	
	50m:	34.10 34.10	150m:	1:51.97 38.84	250m:	3:13.45 43.59	350m:	4:33.02 35.44		
	100m:	1:13.13 39.03	200m:	2:29.86 37.89	300m:	3:57.58 44.13	400m:	5:07.44 34.42		
3.	Celmer Wiktoria		03	KS Warta Pozna				591	<b>5:09.14</b>	
	50m:	32.16 32.16	150m:	1:48.27 38.88	250m:	3:12.65 45.58	350m:	4:34.43 35.89		
	100m:	1:09.39 37.23	200m:	2:27.07 38.80	300m:	3:58.54 45.89	400m:	5:09.14 34.71		
4.	Lutkiewicz Gabriela		03	Ks Wisła Puławy				532	<b>5:20.10</b>	
	50m:	32.54 32.54	150m:	1:51.87 40.77	250m:	3:19.42 47.28	350m:	4:45.44 36.96		
	100m:	1:11.10 38.56	200m:	2:32.14 40.27	300m:	4:08.48 49.06	400m:	5:20.10 34.66		
5.	Słowik Martyna		03	IKS Konstancin				530	<b>5:20.43</b>	
	50m:	33.83 33.83	150m:	1:54.14 40.88	250m:		350m:	4:44.38		
	100m:	1:13.26 39.43	200m:		300m:		400m:	5:20.43 36.05		
6.	Kostrzewska Maria		03	UKS 190 Łódź				511	<b>5:24.43</b>	
	50m:	35.36 35.36	150m:	1:58.13 42.29	250m:	3:25.46 46.60	350m:	4:49.45 37.41		
	100m:	1:15.84 40.48	200m:	2:38.86 40.73	300m:	4:12.04 46.58	400m:	5:24.43 34.98		
7.	Kołodziejczyk Oliwia		03	KS Olimpia Lublin				483	<b>5:30.51</b>	
	50m:	34.90 34.90	150m:	1:57.88 42.47	250m:	3:27.95 48.15	350m:	4:55.17 38.35		
	100m:	1:15.41 40.51	200m:	2:39.80 41.92	300m:	4:16.82 48.87	400m:	5:30.51 35.34		
8.	Szywał Amelia		03	UKS Skarpa Lublin				439	<b>5:41.14</b>	
	50m:	37.24 37.24	150m:	2:03.48 42.44	250m:	3:35.45 50.70	350m:	5:03.55 39.66		
	100m:	1:21.04 43.80	200m:	2:44.75 41.27	300m:	4:23.89 48.44	400m:	5:41.14 37.59		
9.	Ciesielska Natalia		03	UKS SP 149 Łódź				431	<b>5:43.45</b>	
	50m:	38.06 38.06	150m:	2:07.78 45.11	250m:	3:37.67 47.01	350m:	5:06.01 39.58		
	100m:	1:22.67 44.61	200m:	2:50.66 42.88	300m:	4:26.43 48.76	400m:	5:43.45 37.44		
<b>15 lat</b>										
1.	Prochownik Martyna SO		02	UKP UNIA O wi cim				639	<b>5:01.13</b>	
	50m:	32.20 32.20	150m:	1:46.79 38.37	250m:	3:09.35 44.62	350m:	4:27.47 35.11		
	100m:	1:08.42 36.22	200m:	2:24.73 37.94	300m:	3:52.36 43.01	400m:	5:01.13 33.66		
2.	Wilczewska Aleksandra		02	KS Olimpia Lublin				622	<b>5:03.84</b>	
	50m:	33.49 33.49	150m:	1:50.51 37.83	250m:	3:10.54 43.42	350m:	4:29.41 35.72		
	100m:	1:12.68 39.19	200m:	2:27.12 36.61	300m:	3:53.69 43.15	400m:	5:03.84 34.43		
3.	D browska Tatiana		02	UKS 190 Łódź				618	<b>5:04.57</b>	
	50m:	31.46 31.46	150m:	1:48.11 40.78	250m:	3:10.90 43.44	350m:	4:29.96 35.54		
	100m:	1:07.33 35.87	200m:	2:27.46 39.35	300m:	3:54.42 43.52	400m:	5:04.57 34.61		
4.	Jasiorska Aleksandra		02	UKP Polonia Warszawa				525	<b>5:21.61</b>	
	50m:	33.83 33.83	150m:	1:55.66 40.80	250m:	3:21.61 44.57	350m:	4:44.95 37.51		
	100m:	1:14.86 41.03	200m:	2:37.04 41.38	300m:	4:07.44 45.83	400m:	5:21.61 36.66		
5.	Orłowska Zuzanna		02	UKS NAWA Skierniewice				436	<b>5:42.03</b>	
	50m:	35.33 35.33	150m:	1:59.81 43.54	250m:	3:33.28 51.15	350m:	5:03.74 39.27		
	100m:	1:16.27 40.94	200m:	2:42.13 42.32	300m:	4:24.47 51.19	400m:	5:42.03 38.29		
DYSKW.	Rajca Olivia		02	UKS 190 Łódź					<b>5:12.48</b>	
	<i>z2,m12</i>									
	50m:	34.45 34.45	150m:	1:54.99 41.85	250m:	3:19.31 44.64	350m:	4:39.42 35.72		
	100m:	1:13.14 38.69	200m:	2:34.67 39.68	300m:	4:03.70 44.39	400m:	5:12.48 33.06		

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Konkurencja 24, Kobiet, 400m zmienny

16 lat

1.	Halicka Lidia		01	WKS I sk Wrocław		703	<b>4:51.78</b>
	50m: 31.74	31.74	150m: 1:45.23	37.45	250m: 3:03.30	40.24	350m: 4:18.81 34.41
	100m: 1:07.78	36.04	200m: 2:23.06	37.83	300m: 3:44.40	41.10	400m: 4:51.78 32.97
2.	Rutkowska Agnieszka		01	Skalar Słupsk		650	<b>4:59.52</b>
	50m: 33.82	33.82	150m: 1:50.95	38.05	250m: 3:09.31	41.71	350m: 4:25.24 34.54
	100m: 1:12.90	39.08	200m: 2:27.60	36.65	300m: 3:50.70	41.39	400m: 4:59.52 34.28
3.	Rabiniak Zuzanna SL		01	MKS WODNIK Radom		587	<b>5:09.72</b>
	50m: 32.13	32.13	150m: 1:53.16	41.52	250m: 3:15.67	41.85	350m: 4:34.02 35.72
	100m: 1:11.64	39.51	200m: 2:33.82	40.66	300m: 3:58.30	42.63	400m: 5:09.72 35.70
4.	Krauze Alicja SO		01	WOPR Malbork		573	<b>5:12.23</b>
	50m: 33.00	33.00	150m: 1:52.39	41.20	250m: 3:18.08	45.50	350m: 4:39.37 34.81
	100m: 1:11.19	38.19	200m: 2:32.58	40.19	300m: 4:04.56	46.48	400m: 5:12.23 32.86
5.	Gondek Wiktoria SL		01	SP Motyl MOSiR Stalowa Wola		484	<b>5:30.37</b>
	50m: 37.32	37.32	150m: 1:59.90	39.77	250m: 3:28.37	49.07	350m: 4:54.24 37.45
	100m: 1:20.13	42.81	200m: 2:39.30	39.40	300m: 4:16.79	48.42	400m: 5:30.37 36.13
DYSKW.	Deszczka Laura		01	MKS Trójka Łódź			<b>5:33.30</b>
	<i>k4, k6</i>						
	50m: 35.40	35.40	150m: 1:58.49	42.53	250m: 3:26.84	47.00	350m: 4:54.34 39.94
	100m: 1:15.96	40.56	200m: 2:39.84	41.35	300m: 4:14.40	47.56	400m: 5:33.30 38.96

17 - 18 lat

1.	Adamczyk Julia SL		99	KU AZS UMCS Lublin		727	<b>4:48.52</b>
	50m: 31.37	31.37	150m: 1:42.78	36.29	250m: 2:59.67	40.93	350m: 4:15.73 34.63
	100m: 1:06.49	35.12	200m: 2:18.74	35.96	300m: 3:41.10	41.43	400m: 4:48.52 32.79
2.	Piechota Paulina		99	UKS 190 Łódź		689	<b>4:53.64</b>
	50m: 32.09	32.09	150m: 1:44.75	36.70	250m: 3:03.32	42.50	350m: 4:20.59 33.69
	100m: 1:08.05	35.96	200m: 2:20.82	36.07	300m: 3:46.90	43.58	400m: 4:53.64 33.05
3.	Andrzejewska Kamila SL		99	KU AZS UMCS Lublin		668	<b>4:56.80</b>
	50m: 32.26	32.26	150m: 1:47.51	39.13	250m: 3:09.29	43.15	350m: 4:24.69 33.14
	100m: 1:08.38	36.12	200m: 2:26.14	38.63	300m: 3:51.55	42.26	400m: 4:56.80 32.11
4.	Osiniak Ewa SL		00	KU AZS UMCS Lublin		633	<b>5:02.09</b>
	50m: 31.74	31.74	150m: 1:47.23	38.26	250m: 3:08.12	43.17	350m: 4:27.77 35.47
	100m: 1:08.97	37.23	200m: 2:24.95	37.72	300m: 3:52.30	44.18	400m: 5:02.09 34.32
5.	Szopa Marta SL		00	CSTiR Strzy ów		567	<b>5:13.46</b>
	50m: 33.60	33.60	150m: 1:55.34	40.38	250m: 3:18.46	43.46	350m: 4:38.12 35.72
	100m: 1:14.96	41.36	200m: 2:35.00	39.66	300m: 4:02.40	43.94	400m: 5:13.46 35.34
6.	Wójtowicz Julia SL		00	UKS Skarpa Lublin		566	<b>5:13.65</b>
	50m: 33.61	33.61	150m: 1:53.50	40.62	250m: 3:18.78	46.46	350m: 4:39.78 34.79
	100m: 1:12.88	39.27	200m: 2:32.32	38.82	300m: 4:04.99	46.21	400m: 5:13.65 33.87
7.	Misiorny Anna		00	MKS Trójka Łódź		559	<b>5:14.96</b>
	50m: 32.38	32.38	150m: 1:48.71	39.99	250m: 3:15.13	46.01	350m: 4:39.10 37.58
	100m: 1:08.72	36.34	200m: 2:29.12	40.41	300m: 4:01.52	46.39	400m: 5:14.96 35.86
8.	Tomo Martyna SL		00	UKS Skarpa Lublin		533	<b>5:19.96</b>
	50m: 34.56	34.56	150m: 1:55.94	42.93	250m: 3:22.83	45.98	350m: 4:45.02 36.21
	100m: 1:13.01	38.45	200m: 2:36.85	40.91	300m: 4:08.81	45.98	400m: 5:19.96 34.94

14 lat i starsi

1.	ukowska Paula		93	AZS AWF Katowice		745	<b>4:46.15</b>
	50m: 31.47	31.47	150m: 1:44.05	37.29	250m: 3:00.44	40.66	350m: 4:14.33 33.31
	100m: 1:06.76	35.29	200m: 2:19.78	35.73	300m: 3:41.02	40.58	400m: 4:46.15 31.82
2.	Adamczyk Julia SL		99	KU AZS UMCS Lublin		727	<b>4:48.52</b>
	50m: 31.37	31.37	150m: 1:42.78	36.29	250m: 2:59.67	40.93	350m: 4:15.73 34.63
	100m: 1:06.49	35.12	200m: 2:18.74	35.96	300m: 3:41.10	41.43	400m: 4:48.52 32.79

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Pozycja			Rok ur.					Pkt.	Czas
3.	Knop Aleksandra		03	UKS 190 Łódź				709	<b>4:50.95</b>
	50m:	31.98 31.98	150m:	1:44.63 37.01	250m:	3:03.73 43.14	350m:	4:19.53 32.23	
	100m:	1:07.62 35.64	200m:	2:20.59 35.96	300m:	3:47.30 43.57	400m:	4:50.95 31.42	
4.	Halicka Lidia		01	WKS I sk Wrocław				703	<b>4:51.78</b>
	50m:	31.74 31.74	150m:	1:45.23 37.45	250m:	3:03.30 40.24	350m:	4:18.81 34.41	
	100m:	1:07.78 36.04	200m:	2:23.06 37.83	300m:	3:44.40 41.10	400m:	4:51.78 32.97	
5.	Piechota Paulina		99	UKS 190 Łódź				689	<b>4:53.64</b>
	50m:	32.09 32.09	150m:	1:44.75 36.70	250m:	3:03.32 42.50	350m:	4:20.59 33.69	
	100m:	1:08.05 35.96	200m:	2:20.82 36.07	300m:	3:46.90 43.58	400m:	4:53.64 33.05	
6.	Andrzejewska Kamila SL		99	KU AZS UMCS Lublin				668	<b>4:56.80</b>
	50m:	32.26 32.26	150m:	1:47.51 39.13	250m:	3:09.29 43.15	350m:	4:24.69 33.14	
	100m:	1:08.38 36.12	200m:	2:26.14 38.63	300m:	3:51.55 42.26	400m:	4:56.80 32.11	
7.	Rutkowska Agnieszka		01	Skalar Słupsk				650	<b>4:59.52</b>
	50m:	33.82 33.82	150m:	1:50.95 38.05	250m:	3:09.31 41.71	350m:	4:25.24 34.54	
	100m:	1:12.90 39.08	200m:	2:27.60 36.65	300m:	3:50.70 41.39	400m:	4:59.52 34.28	
8.	Mendyk Adrianna		98	MKS WODNIK Radom				641	<b>5:00.86</b>
	50m:	32.31 32.31	150m:	1:48.28 38.53	250m:	3:09.28 43.72	350m:	4:27.77 34.98	
	100m:	1:09.75 37.44	200m:	2:25.56 37.28	300m:	3:52.79 43.51	400m:	5:00.86 33.09	
9.	Musioł Wiktoria		98	AZS AWF Katowice				641	<b>5:00.92</b>
	50m:	31.99 31.99	150m:	1:47.20 38.55	250m:	3:09.68 44.09	350m:	4:28.03 34.44	
	100m:	1:08.65 36.66	200m:	2:25.59 38.39	300m:	3:53.59 43.91	400m:	5:00.92 32.89	
10.	Prochownik Martyna SO		02	UKP UNIA O wi cim				639	<b>5:01.13</b>
	50m:	32.20 32.20	150m:	1:46.79 38.37	250m:	3:09.35 44.62	350m:	4:27.47 35.11	
	100m:	1:08.42 36.22	200m:	2:24.73 37.94	300m:	3:52.36 43.01	400m:	5:01.13 33.66	
11.	Osiniak Ewa SL		00	KU AZS UMCS Lublin				633	<b>5:02.09</b>
	50m:	31.74 31.74	150m:	1:47.23 38.26	250m:	3:08.12 43.17	350m:	4:27.77 35.47	
	100m:	1:08.97 37.23	200m:	2:24.95 37.72	300m:	3:52.30 44.18	400m:	5:02.09 34.32	
12.	Wilczewska Aleksandra		02	KS Olimpia Lublin				622	<b>5:03.84</b>
	50m:	33.49 33.49	150m:	1:50.51 37.83	250m:	3:10.54 43.42	350m:	4:29.41 35.72	
	100m:	1:12.68 39.19	200m:	2:27.12 36.61	300m:	3:53.69 43.15	400m:	5:03.84 34.43	
13.	D browska Tatiana		02	UKS 190 Łódź				618	<b>5:04.57</b>
	50m:	31.46 31.46	150m:	1:48.11 40.78	250m:	3:10.90 43.44	350m:	4:29.96 35.54	
	100m:	1:07.33 35.87	200m:	2:27.46 39.35	300m:	3:54.42 43.52	400m:	5:04.57 34.61	
14.	Grzegorzczuk Izabella		93	KS Warta Pozna				607	<b>5:06.27</b>
	50m:	31.77 31.77	150m:	1:48.79 38.66	250m:	3:12.58 45.51	350m:	4:32.58 34.32	
	100m:	1:10.13 38.36	200m:	2:27.07 38.28	300m:	3:58.26 45.68	400m:	5:06.27 33.69	
15.	Maciejewska Beata		03	UKS SP 149 Łódź				601	<b>5:07.44</b>
	50m:	34.10 34.10	150m:	1:51.97 38.84	250m:	3:13.45 43.59	350m:	4:33.02 35.44	
	100m:	1:13.13 39.03	200m:	2:29.86 37.89	300m:	3:57.58 44.13	400m:	5:07.44 34.42	
16.	Celmer Wiktoria		03	KS Warta Pozna				591	<b>5:09.14</b>
	50m:	32.16 32.16	150m:	1:48.27 38.88	250m:	3:12.65 45.58	350m:	4:34.43 35.89	
	100m:	1:09.39 37.23	200m:	2:27.07 38.80	300m:	3:58.54 45.89	400m:	5:09.14 34.71	
17.	Rabiniak Zuzanna SL		01	MKS WODNIK Radom				587	<b>5:09.72</b>
	50m:	32.13 32.13	150m:	1:53.16 41.52	250m:	3:15.67 41.85	350m:	4:34.02 35.72	
	100m:	1:11.64 39.51	200m:	2:33.82 40.66	300m:	3:58.30 42.63	400m:	5:09.72 35.70	
18.	Krauze Alicja SO		01	WOPR Malbork				573	<b>5:12.23</b>
	50m:	33.00 33.00	150m:	1:52.39 41.20	250m:	3:18.08 45.50	350m:	4:39.37 34.81	
	100m:	1:11.19 38.19	200m:	2:32.58 40.19	300m:	4:04.56 46.48	400m:	5:12.23 32.86	
19.	Szopa Marta SL		00	CSTiR Strzy ów				567	<b>5:13.46</b>
	50m:	33.60 33.60	150m:	1:55.34 40.38	250m:	3:18.46 43.46	350m:	4:38.12 35.72	
	100m:	1:14.96 41.36	200m:	2:35.00 39.66	300m:	4:02.40 43.94	400m:	5:13.46 35.34	
20.	Wójtowicz Julia SL		00	UKS Skarpa Lublin				566	<b>5:13.65</b>
	50m:	33.61 33.61	150m:	1:53.50 40.62	250m:	3:18.78 46.46	350m:	4:39.78 34.79	
	100m:	1:12.88 39.27	200m:	2:32.32 38.82	300m:	4:04.99 46.21	400m:	5:13.65 33.87	

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Pozycja			Rok ur.					Pkt.	Czas
21.	Misiorny Anna		00	MKS Trójka Łódź			559	<b>5:14.96</b>	
	50m: 32.38	32.38	150m: 1:48.71	39.99	250m: 3:15.13	46.01	350m: 4:39.10	37.58	
	100m: 1:08.72	36.34	200m: 2:29.12	40.41	300m: 4:01.52	46.39	400m: 5:14.96	35.86	
22.	Wardzi ska Martyna		98	Azs Awf Warszawa			555	<b>5:15.56</b>	
	50m: 33.66	33.66	150m: 1:54.03	41.86	250m: 3:19.64	45.10	350m: 4:41.60	35.71	
	100m: 1:12.17	38.51	200m: 2:34.54	40.51	300m: 4:05.89	46.25	400m: 5:15.56	33.96	
23.	Tomo Martyna SL		00	UKS Skarpa Lublin			533	<b>5:19.96</b>	
	50m: 34.56	34.56	150m: 1:55.94	42.93	250m: 3:22.83	45.98	350m: 4:45.02	36.21	
	100m: 1:13.01	38.45	200m: 2:36.85	40.91	300m: 4:08.81	45.98	400m: 5:19.96	34.94	
24.	Lutkiewicz Gabriela		03	Ks Wisła Puławy			532	<b>5:20.10</b>	
	50m: 32.54	32.54	150m: 1:51.87	40.77	250m: 3:19.42	47.28	350m: 4:45.44	36.96	
	100m: 1:11.10	38.56	200m: 2:32.14	40.27	300m: 4:08.48	49.06	400m: 5:20.10	34.66	
25.	Słowik Martyna		03	IKS Konstancin			530	<b>5:20.43</b>	
	50m: 33.83	33.83	150m: 1:54.14	40.88	250m:		350m: 4:44.38		
	100m: 1:13.26	39.43	200m:		300m:		400m: 5:20.43	36.05	
26.	Jasiorska Aleksandra		02	UKP Polonia Warszawa			525	<b>5:21.61</b>	
	50m: 33.83	33.83	150m: 1:55.66	40.80	250m: 3:21.61	44.57	350m: 4:44.95	37.51	
	100m: 1:14.86	41.03	200m: 2:37.04	41.38	300m: 4:07.44	45.83	400m: 5:21.61	36.66	
27.	Sajeczka Zofia		98	Swimmers St. Pływackie			514	<b>5:23.79</b>	
	50m: 32.83	32.83	150m: 1:53.19	40.24	250m: 3:20.01	46.68	350m: 4:46.32	38.20	
	100m: 1:12.95	40.12	200m: 2:33.33	40.14	300m: 4:08.12	48.11	400m: 5:23.79	37.47	
28.	Kostrzewska Maria		03	UKS 190 Łódź			511	<b>5:24.43</b>	
	50m: 35.36	35.36	150m: 1:58.13	42.29	250m: 3:25.46	46.60	350m: 4:49.45	37.41	
	100m: 1:15.84	40.48	200m: 2:38.86	40.73	300m: 4:12.04	46.58	400m: 5:24.43	34.98	
29.	Gondek Wiktoria SL		01	SP Motyl MOSiR Stalowa Wola			484	<b>5:30.37</b>	
	50m: 37.32	37.32	150m: 1:59.90	39.77	250m: 3:28.37	49.07	350m: 4:54.24	37.45	
	100m: 1:20.13	42.81	200m: 2:39.30	39.40	300m: 4:16.79	48.42	400m: 5:30.37	36.13	
30.	Kołodziejczyk Oliwia		03	KS Olimpia Lublin			483	<b>5:30.51</b>	
	50m: 34.90	34.90	150m: 1:57.88	42.47	250m: 3:27.95	48.15	350m: 4:55.17	38.35	
	100m: 1:15.41	40.51	200m: 2:39.80	41.92	300m: 4:16.82	48.87	400m: 5:30.51	35.34	
31.	Szynał Amelia		03	UKS Skarpa Lublin			439	<b>5:41.14</b>	
	50m: 37.24	37.24	150m: 2:03.48	42.44	250m: 3:35.45	50.70	350m: 5:03.55	39.66	
	100m: 1:21.04	43.80	200m: 2:44.75	41.27	300m: 4:23.89	48.44	400m: 5:41.14	37.59	
32.	Orłowska Zuzanna		02	UKS NAWA Skierniewice			436	<b>5:42.03</b>	
	50m: 35.33	35.33	150m: 1:59.81	43.54	250m: 3:33.28	51.15	350m: 5:03.74	39.27	
	100m: 1:16.27	40.94	200m: 2:42.13	42.32	300m: 4:24.47	51.19	400m: 5:42.03	38.29	
33.	Ciesielska Natalia		03	UKS SP 149 Łódź			431	<b>5:43.45</b>	
	50m: 38.06	38.06	150m: 2:07.78	45.11	250m: 3:37.67	47.01	350m: 5:06.01	39.58	
	100m: 1:22.67	44.61	200m: 2:50.66	42.88	300m: 4:26.43	48.76	400m: 5:43.45	37.44	
DYSKW.	Rajca Oliwia		02	UKS 190 Łódź				<b>5:12.48</b>	
	<i>z2,m12</i>								
	50m: 34.45	34.45	150m: 1:54.99	41.85	250m: 3:19.31	44.64	350m: 4:39.42	35.72	
	100m: 1:13.14	38.69	200m: 2:34.67	39.68	300m: 4:03.70	44.39	400m: 5:12.48	33.06	
DYSKW.	Deszczka Laura		01	MKS Trójka Łódź				<b>5:33.30</b>	
	<i>k4,k6</i>								
	50m: 35.40	35.40	150m: 1:58.49	42.53	250m: 3:26.84	47.00	350m: 4:54.34	39.94	
	100m: 1:15.96	40.56	200m: 2:39.84	41.35	300m: 4:14.40	47.56	400m: 5:33.30	38.96	