



Puchar Silesia 2016
Katowice, 13- - 14-2-2016



Konkurencja 8
2016-02-13 - 13:44

M czynn, 400m dowolny

Open
Wyniki

Top Times "Poland" 3:37.57 WOJDAK Wojciech 01006 Netanya (ISR) 2015-12-02

Pozycja			Rok ur.							Czas		
10 lat i młodszy												
1.	KUDYBA Daniel		06	LKS Jedno		32 Przyszowice				6:10.11		
	50m:	40.55	40.55	150m:	2:14.54	47.81	250m:	3:50.96	47.26	350m:	5:26.58	47.42
	100m:	1:26.73	46.18	200m:	3:03.70	49.16	300m:	4:39.16	48.20	400m:	6:10.11	43.53
11 - 12 lat												
1.	KALKAN Jakub		04	LKS Jedno		32 Przyszowice				4:58.04		
	50m:	34.00	34.00	150m:	1:47.26	36.80	250m:	3:03.04	37.93	350m:	4:20.05	38.37
	100m:	1:10.46	36.46	200m:	2:25.11	37.85	300m:	3:41.68	38.64	400m:	4:58.04	37.99
2.	GOIK Bartłomiej		04	MKS Pałac Młodzie y Katowice						5:35.05		
	50m:	36.97	36.97	150m:	2:01.40	42.33	250m:	3:28.10	43.13	350m:	4:54.36	42.91
	100m:	1:19.07	42.10	200m:	2:44.97	43.57	300m:	4:11.45	43.35	400m:	5:35.05	40.69
3.	CZERCZAK Dawid		04	Ukp Ruda I ska						5:36.35		
	50m:	36.62	36.62	150m:	2:01.17	42.71	250m:	3:29.30	43.90	350m:	4:56.51	43.87
	100m:	1:18.46	41.84	200m:	2:45.40	44.23	300m:	4:12.64	43.34	400m:	5:36.35	39.84
4.	KRÓL Paweł		05	UKS Aquatica Pawłowice						5:38.70		
	50m:	39.09	39.09	150m:	2:05.72	43.70	250m:	3:33.28	43.63	350m:	4:59.52	42.87
	100m:	1:22.02	42.93	200m:	2:49.65	43.93	300m:	4:16.65	43.37	400m:	5:38.70	39.18
5.	WÓJCIK Mateusz		04	CSiR MOS D browa Górnicza						5:51.69		
	50m:	37.75	37.75	150m:	2:07.94	45.87	250m:	3:39.39	45.72	350m:	5:09.32	44.12
	100m:	1:22.07	44.32	200m:	2:53.67	45.73	300m:	4:25.20	45.81	400m:	5:51.69	42.37
6.	STACIWA Kamil		05	Klub Pływacki Sukces Chorzów						6:42.85		
	50m:	46.83	46.83	150m:			250m:	2:29.48		350m:	6:43.04	44.42
	100m:	1:37.24	50.41	200m:			300m:	5:58.62	3:29.14	400m:	6:42.85	
7.	STACIWA Jakub		05	Klub Pływacki Sukces Chorzów						6:50.58		
	50m:	45.92	45.92	150m:	2:32.35	55.25	250m:	4:19.89	52.87	350m:	6:02.76	48.63
	100m:	1:37.10	51.18	200m:	3:27.02	54.67	300m:	5:14.13	54.24	400m:	6:50.58	47.82
13 - 14 lat												
1.	GÓRKA Łukasz		02	SiKReT Gliwice						4:36.35		
	50m:	30.81	30.81	150m:	1:40.93	35.39	250m:	2:51.76	35.38	350m:	4:02.31	34.74
	100m:	1:05.54	34.73	200m:	2:16.38	35.45	300m:	3:27.57	35.81	400m:	4:36.35	34.04
2.	KIJEK Wiktor		02	UKS MANTA Kochłowice Ruda I s						4:36.69		
	50m:	30.79	30.79	150m:	1:40.52	34.79	250m:	2:51.08	35.28	350m:	4:02.38	35.66
	100m:	1:05.73	34.94	200m:	2:15.80	35.28	300m:	3:26.72	35.64	400m:	4:36.69	34.31
3.	WYROBEK Robert		03	LKS Jedno		32 Przyszowice				4:42.03		
	50m:	31.55	31.55	150m:	1:40.65	34.89	250m:	2:52.99	36.50	350m:	4:06.14	36.77
	100m:	1:05.76	34.21	200m:	2:16.49	35.84	300m:	3:29.37	36.38	400m:	4:42.03	35.89
4.	SZOJDA Paweł		02	MOSM Tychy						4:42.56		
	50m:	31.35	31.35	150m:	1:42.73	35.65	250m:	2:55.64	36.63	350m:	4:08.15	36.35
	100m:	1:07.08	35.73	200m:	2:19.01	36.28	300m:	3:31.80	36.16	400m:	4:42.56	34.41
5.	PROKOP Bartosz		02	UKS MANTA Kochłowice Ruda I s						4:47.43		
	50m:	33.28	33.28	150m:	1:45.44	35.83	250m:	2:58.22	36.32	350m:	4:11.57	36.81
	100m:	1:09.61	36.33	200m:	2:21.90	36.46	300m:	3:34.76	36.54	400m:	4:47.43	35.86



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Konkurencja 8, Chłopców, 400m dowolny, 13 - 14 lat

Pozycja			Rok ur.					Czas		
6.	LAMLA Filip		03	LKS Jedno	32 Przyszowice			4:48.48		
	50m:	32.47 32.47	150m:	1:44.04 36.51	250m:	2:58.36 37.38	350m:	4:13.10 37.47		
	100m:	1:07.53 35.06	200m:	2:20.98 36.94	300m:	3:35.63 37.27	400m:	4:48.48 35.38		
7.	PORSZKE Kacper		02	UKS Wodnik 29 Katowice				5:03.80		
	50m:	33.46 33.46	150m:	1:50.24 38.59	250m:	3:07.31 37.94	350m:	4:25.08 39.28		
	100m:	1:11.65 38.19	200m:	2:29.37 39.13	300m:	3:45.80 38.49	400m:	5:03.80 38.72		
8.	SKRZYSZOWSKI Bruno		03	TS Wisła Kraków				5:11.75		
	50m:	35.58 35.58	150m:	1:55.09 40.33	250m:	3:15.13 39.78	350m:	4:33.84 39.17		
	100m:	1:14.76 39.18	200m:	2:35.35 40.26	300m:	3:54.67 39.54	400m:	5:11.75 37.91		
9.	POŁUSZEJKO Kacper		02	Nowy KP Bielsko-Biała				5:12.85		
	50m:	33.70 33.70	150m:	1:54.70 41.06	250m:	3:15.64 40.61	350m:	4:36.34 40.14		
	100m:	1:13.64 39.94	200m:	2:35.03 40.33	300m:	3:56.20 40.56	400m:	5:12.85 36.51		
10.	TATURA Paweł		02	UKS Wodnik 29 Katowice				5:12.88		
	50m:	34.66 34.66	150m:	1:55.49 41.14	250m:	3:17.07 41.13	350m:	4:37.96 40.21		
	100m:	1:14.35 39.69	200m:	2:35.94 40.45	300m:	3:57.75 40.68	400m:	5:12.88 34.92		
11.	KOSYTORZ Kamil		03	Klub Pływacki Sukces Chorzów				5:13.35		
	50m:	34.19 34.19	150m:	1:53.28 39.69	250m:	3:14.32 40.56	350m:	4:34.92 40.36		
	100m:	1:13.59 39.40	200m:	2:33.76 40.48	300m:	3:54.56 40.24	400m:	5:13.35 38.43		
12.	DOMINICZAK Kamil		03	Klub Pływacki Sukces Chorzów				5:15.18		
	50m:	34.80 34.80	150m:	1:52.64 39.54	250m:	3:14.04 40.92	350m:	4:36.49 41.13		
	100m:	1:13.10 38.30	200m:	2:33.12 40.48	300m:	3:55.36 41.32	400m:	5:15.18 38.69		
13.	RY Tymon		02	TS Wisła Kraków				5:15.85		
	50m:	34.39 34.39	150m:	1:55.56 41.09	250m:	3:16.97 40.59	350m:	4:37.90 40.36		
	100m:	1:14.47 40.08	200m:	2:36.38 40.82	300m:	3:57.54 40.57	400m:	5:15.85 37.95		
14.	SZEWczyk Maksymilian		03	Uks Junior Kluczbork				5:21.40		
	50m:	36.28 36.28	150m:	1:59.07 42.04	250m:	3:23.35 42.09	350m:	4:44.13 39.51		
	100m:	1:17.03 40.75	200m:	2:41.26 42.19	300m:	4:04.62 41.27	400m:	5:21.40 37.27		
15.	DOCEW Maksymilian		02	TS Wisła Kraków				5:25.25		
	50m:	36.69 36.69	150m:	1:58.34 41.12	250m:	3:23.33 42.77	350m:	4:47.29 41.49		
	100m:	1:17.22 40.53	200m:	2:40.56 42.22	300m:	4:05.80 42.47	400m:	5:25.25 37.96		
16.	PAWŁOWSKI Wojciech		02	UKS Wodnik 29 Katowice				5:25.57		
	50m:	36.18 36.18	150m:	1:57.35 41.13	250m:	3:21.95 42.28	350m:	4:45.31 41.57		
	100m:	1:16.22 40.04	200m:	2:39.67 42.32	300m:	4:03.74 41.79	400m:	5:25.57 40.26		
17.	SZASTAK Bła ej		03	TS Wisła Kraków				5:30.49		
	50m:	37.17 37.17	150m:	2:00.63 41.96	250m:	3:24.99 41.85	350m:	4:49.86 42.82		
	100m:	1:18.67 41.50	200m:	2:43.14 42.51	300m:	4:07.04 42.05	400m:	5:30.49 40.63		
18.	GRYCHTOŁ Arkadiusz		03	UKS MANTA Kochłowice Ruda s				5:45.13		
	50m:	37.46 37.46	150m:	2:04.30 44.03	250m:	3:34.48 44.85	350m:			
	100m:	1:20.27 42.81	200m:	2:49.63 45.33	300m:	5:03.22 1:28.74	400m:	5:45.13		
19.	WYRTKI Piotr		02	UKS MANTA Kochłowice Ruda s				5:51.16		
	50m:	36.31 36.31	150m:	2:02.92 45.41	250m:	3:34.96 45.62	350m:	5:06.88 45.83		
	100m:	1:17.51 41.20	200m:	2:49.34 46.42	300m:	4:21.05 46.09	400m:	5:51.16 44.28		

15 - 16 lat

1.	SACHA Kamil		01	CSiR MOS D browa Górnicza				4:11.30		
	<i>MISTRZ</i>									
	50m:	28.91 28.91	150m:	1:32.51 31.62	250m:	2:36.00 31.50	350m:	3:40.63 32.31		
	100m:	1:00.89 31.98	200m:	2:04.50 31.99	300m:	3:08.32 32.32	400m:	4:11.30 30.67		
2.	JAWORSKI Szymon		01	UKS Salmo ory				4:17.20		
	50m:	28.61 28.61	150m:	1:34.39 33.27	250m:	2:40.40 32.62	350m:	3:46.22 32.85		
	100m:	1:01.12 32.51	200m:	2:07.78 33.39	300m:	3:13.37 32.97	400m:	4:17.20 30.98		



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Konkurencja 8, Chłopców, 400m dowolny, 15 - 16 lat

Pozycja			Rok ur.					Czas	
3.	TWARDZIK Bartosz		00	SiKReT Gliwice				4:19.17	
	50m:	29.42 29.42	150m:	1:35.55 33.22	250m:	2:42.22 33.35	350m:	3:47.81 32.52	
	100m:	1:02.33 32.91	200m:	2:08.87 33.32	300m:	3:15.29 33.07	400m:	4:19.17 31.36	
4.	ADAMCZEWSKI Eryk		00	KKS Włókniarz 1925 Kalisz				4:19.23	
	50m:	30.10 30.10	150m:	1:36.72 33.36	250m:	2:43.61 33.35	350m:	3:49.55 33.06	
	100m:	1:03.36 33.26	200m:	2:10.26 33.54	300m:	3:16.49 32.88	400m:	4:19.23 29.68	
5.	WYROBEK Rafał		00	LKS Jedno 32 Przyszowice				4:25.14	
	50m:	30.38 30.38	150m:	1:37.19 33.75	250m:	2:45.17 34.09	350m:	3:52.59 33.60	
	100m:	1:03.44 33.06	200m:	2:11.08 33.89	300m:	3:18.99 33.82	400m:	4:25.14 32.55	
6.	MILBRANT Kacper		01	UKS Salmo ory				4:25.58	
	50m:	29.83 29.83	150m:	1:37.44 33.95	250m:	2:45.90 33.72	350m:	3:53.30 33.91	
	100m:	1:03.49 33.66	200m:	2:12.18 34.74	300m:	3:19.39 33.49	400m:	4:25.58 32.28	
7.	GRECZANIK Paweł SO		00	UKP UNIA O wi cim				4:27.62	
	50m:	29.73 29.73	150m:	1:37.43 34.30	250m:	2:46.07 34.14	350m:	3:54.85 34.53	
	100m:	1:03.13 33.40	200m:	2:11.93 34.50	300m:	3:20.32 34.25	400m:	4:27.62 32.77	
8.	SZCZEREK Szymon		01	KKS Włókniarz 1925 Kalisz				4:28.19	
	50m:	30.73 30.73	150m:	1:38.10 33.85	250m:	2:46.20 34.01	350m:	3:54.54 34.29	
	100m:	1:04.25 33.52	200m:	2:12.19 34.09	300m:	3:20.25 34.05	400m:	4:28.19 33.65	
9.	WALESSA Kamil		00	Ukp Ruda I ska				4:30.31	
	50m:	28.35 28.35	150m:	1:36.63 34.84	250m:	2:47.05 35.21	350m:	3:57.78 35.18	
	100m:	1:01.79 33.44	200m:	2:11.84 35.21	300m:	3:22.60 35.55	400m:	4:30.31 32.53	
10.	WIDERSKI Szymon		01	KKS Włókniarz 1925 Kalisz				4:30.59	
	50m:	29.33 29.33	150m:	1:37.62 34.53	250m:	2:47.62 34.62	350m:	3:57.15 34.51	
	100m:	1:03.09 33.76	200m:	2:13.00 35.38	300m:	3:22.64 35.02	400m:	4:30.59 33.44	
11.	WOLNY Krzysztof		00	UKS WODNIK Siemianowice laski				4:30.77	
	50m:	28.61 28.61	150m:	1:36.60 35.19	250m:	2:48.26 36.00	350m:	3:59.38 35.62	
	100m:	1:01.41 32.80	200m:	2:12.26 35.66	300m:	3:23.76 35.50	400m:	4:30.77 31.39	
12.	JANECKI Mateusz		01	MKS Pałac Młodzie y Katowice				4:31.27	
	50m:	30.52 30.52	150m:	1:40.29 35.34	250m:	2:49.98 34.95	350m:	3:59.18 34.77	
	100m:	1:04.95 34.43	200m:	2:15.03 34.74	300m:	3:24.41 34.43	400m:	4:31.27 32.09	
13.	ZIÓŁKOWSKI Norbert		01	Nowy KP Bielsko-Biała				4:31.54	
	50m:	31.01 31.01	150m:	1:38.97 34.53	250m:	2:49.25 35.02	350m:	3:58.96 34.60	
	100m:	1:04.44 33.43	200m:	2:14.23 35.26	300m:	3:24.36 35.11	400m:	4:31.54 32.58	
14.	CAJZA Szymon		00	LKS Jedno 32 Przyszowice				4:31.89	
	50m:	30.29 30.29	150m:	1:40.71 35.61	250m:	2:51.40 34.97	350m:	4:01.03 34.16	
	100m:	1:05.10 34.81	200m:	2:16.43 35.72	300m:	3:26.87 35.47	400m:	4:31.89 30.86	
15.	WEBER Albert		01	K.S.Wodnik rem				4:31.97	
	50m:	29.39 29.39	150m:	1:37.75 34.84	250m:	2:48.52 35.35	350m:	3:58.86 34.94	
	100m:	1:02.91 33.52	200m:	2:13.17 35.42	300m:	3:23.92 35.40	400m:	4:31.97 33.11	
16.	STANISZEWSKI Olaf		01	KKS Włókniarz 1925 Kalisz				4:33.73	
	50m:	29.22 29.22	150m:	1:37.27 34.66	250m:	2:48.87 36.04	350m:	3:59.45 35.34	
	100m:	1:02.61 33.39	200m:	2:12.83 35.56	300m:	3:24.11 35.24	400m:	4:33.73 34.28	
17.	SUMARA Konrad		00	TS Wiśła Kraków				4:37.23	
	50m:	30.80 30.80	150m:	1:40.24 35.04	250m:	2:51.19 35.74	350m:	4:02.56 35.88	
	100m:	1:05.20 34.40	200m:	2:15.45 35.21	300m:	3:26.68 35.49	400m:	4:37.23 34.67	
18.	MAJDA Adam		01	UKP Kmita Zabierzów				4:38.99	
	50m:	29.81 29.81	150m:	1:39.30 35.38	250m:	2:51.42 36.13	350m:	4:03.41 35.99	
	100m:	1:03.92 34.11	200m:	2:15.29 35.99	300m:	3:27.42 36.00	400m:	4:38.99 35.58	
19.	D BROWSKI Daniel		00	Ukp Ruda I ska				4:41.26	
	50m:	29.87 29.87	150m:	1:40.35 35.91	250m:	2:52.58 36.09	350m:	4:05.34 36.39	
	100m:	1:04.44 34.57	200m:	2:16.49 36.14	300m:	3:28.95 36.37	400m:	4:41.26 35.92	



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Konkurencja 8, Chłopców, 400m dowolny, 15 - 16 lat

Pozycja					Rok ur.					Czas		
20.	WI NIEWSKI Paweł				01	UKS Wodnik 29 Katowice				4:42.52		
	50m:	32.12	32.12	150m:	1:42.05	35.01	250m:	2:54.21	36.26	350m:	4:07.42	36.63
	100m:	1:07.04	34.92	200m:	2:17.95	35.90	300m:	3:30.79	36.58	400m:	4:42.52	35.10
21.	MOCZULSKI Mateusz				01	KKS Włókniarz 1925 Kalisz				4:44.62		
	50m:	31.29	31.29	150m:	1:42.57	36.27	250m:	2:55.31	36.81	350m:	4:10.25	37.64
	100m:	1:06.30	35.01	200m:	2:18.50	35.93	300m:	3:32.61	37.30	400m:	4:44.62	34.37
22.	MALINA Szymon				01	Glosator Kraków				4:50.34		
	50m:	31.95	31.95	150m:	1:44.71	36.61	250m:	2:59.18	36.96	350m:	4:13.95	37.21
	100m:	1:08.10	36.15	200m:	2:22.22	37.51	300m:	3:36.74	37.56	400m:	4:50.34	36.39
23.	KU Artur				01	UKS Wodnik 29 Katowice				4:58.76		
	50m:	32.64	32.64	150m:	1:47.96	38.17	250m:	3:03.75	38.37	350m:	4:21.37	39.45
	100m:	1:09.79	37.15	200m:	2:25.38	37.42	300m:	3:41.92	38.17	400m:	4:58.76	37.39
24.	ZAWARTKA Jakub				01	UKP Kmita Zabierzów				5:13.24		
	50m:	33.01	33.01	150m:	1:53.06	40.71	250m:	3:14.61	40.79	350m:	4:36.20	40.78
	100m:	1:12.35	39.34	200m:	2:33.82	40.76	300m:	3:55.42	40.81	400m:	5:13.24	37.04

Open

1.	ZACZY SKI Karol <i>MISTRZ</i>				91	WKS I sk Wrocław				3:52.99		
	50m:	27.83	27.83	150m:	1:27.07	29.53	250m:	2:25.30	28.90	350m:	3:24.03	29.59
	100m:	57.54	29.71	200m:	1:56.40	29.33	300m:	2:54.44	29.14	400m:	3:52.99	28.96
2.	GŁYK Wojciech				92	AZS AWF Katowice				3:56.57		
	50m:	27.77	27.77	150m:	1:27.53	30.04	250m:	2:27.19	29.74	350m:	3:27.37	30.05
	100m:	57.49	29.72	200m:	1:57.45	29.92	300m:	2:57.32	30.13	400m:	3:56.57	29.20
3.	POPRAWA Michał				94	AZS AWF Katowice				3:57.70		
	50m:	27.52	27.52	150m:	1:27.71	30.08	250m:	2:27.57	29.98	350m:	3:27.87	30.02
	100m:	57.63	30.11	200m:	1:57.59	29.88	300m:	2:57.85	30.28	400m:	3:57.70	29.83
4.	PISZCZOROWICZ Bartosz				99	KKS Włókniarz 1925 Kalisz				3:59.06		
	50m:	28.03	28.03	150m:	1:28.04	29.92	250m:	2:28.66	30.50	350m:	3:29.84	30.72
	100m:	58.12	30.09	200m:	1:58.16	30.12	300m:	2:59.12	30.46	400m:	3:59.06	29.22
5.	SZWEDZKI Dawid				94	WKS I sk Wrocław				4:00.81		
	50m:	27.63	27.63	150m:	1:28.34	30.40	250m:	2:28.91	30.25	350m:	3:30.43	31.06
	100m:	57.94	30.31	200m:	1:58.66	30.32	300m:	2:59.37	30.46	400m:	4:00.81	30.38
6.	CHMIELEWSKI Jakub				99	WKS I sk Wrocław				4:01.69		
	50m:	28.63	28.63	150m:	1:30.30	30.80	250m:	2:31.45	30.44	350m:	3:32.29	30.17
	100m:	59.50	30.87	200m:	2:01.01	30.71	300m:	3:02.12	30.67	400m:	4:01.69	29.40
7.	STEC Kacper				99	UKP Kmita Zabierzów				4:08.98		
	50m:	28.52	28.52	150m:	1:31.85	32.02	250m:	2:36.24	32.02	350m:	3:39.85	31.31
	100m:	59.83	31.31	200m:	2:04.22	32.37	300m:	3:08.54	32.30	400m:	4:08.98	29.13
8.	KUBIAK Bartłomiej				99	KKS Włókniarz 1925 Kalisz				4:09.79		
	50m:	28.29	28.29	150m:	1:30.17	31.28	250m:	2:33.85	32.21	350m:	3:38.44	32.41
	100m:	58.89	30.60	200m:	2:01.64	31.47	300m:	3:06.03	32.18	400m:	4:09.79	31.35
9.	SZAREK Dawid				99	WKS I sk Wrocław				4:10.95		
	50m:	29.19	29.19	150m:	1:32.62	31.72	250m:	2:36.58	31.79	350m:	3:40.86	31.90
	100m:	1:00.90	31.71	200m:	2:04.79	32.17	300m:	3:08.96	32.38	400m:	4:10.95	30.09
10.	KUCZMA J drzej				98	WKS I sk Wrocław				4:11.15		
	50m:	28.64	28.64	150m:	1:31.83	31.98	250m:	2:36.35	32.24	350m:	3:40.64	32.15
	100m:	59.85	31.21	200m:	2:04.11	32.28	300m:	3:08.49	32.14	400m:	4:11.15	30.51
11.	SACHA Kamil				01	CSiR MOS D browa Górnicza				4:11.30		
	50m:	28.91	28.91	150m:	1:32.51	31.62	250m:	2:36.00	31.50	350m:	3:40.63	32.31
	100m:	1:00.89	31.98	200m:	2:04.50	31.99	300m:	3:08.32	32.32	400m:	4:11.30	30.67



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Pozycja	Rok ur.				Czas			
12. JAWORSKI Szymon	01	UKS Salmo ory					4:17.20	
50m: 28.61 28.61	150m: 1:34.39	33.27	250m: 2:40.40	32.62	350m: 3:46.22	32.85		
100m: 1:01.12 32.51	200m: 2:07.78	33.39	300m: 3:13.37	32.97	400m: 4:17.20	30.98		
13. PAWLINIAK Mariusz	99	UKS Wodnik 29 Katowice					4:17.70	
50m: 29.17 29.17	150m: 1:34.54	32.81	250m: 2:40.25	32.67	350m: 3:46.11	32.96		
100m: 1:01.73 32.56	200m: 2:07.58	33.04	300m: 3:13.15	32.90	400m: 4:17.70	31.59		
14. MATURA Klaudiusz SR	98	MKS-SMS Victoria Racibórz					4:19.05	
50m: 29.17 29.17	150m: 1:33.50	32.23	250m: 2:39.53	32.82	350m: 3:46.71	33.97		
100m: 1:01.27 32.10	200m: 2:06.71	33.21	300m: 3:12.74	33.21	400m: 4:19.05	32.34		
15. TWARDZIK Bartosz	00	SiKReT Gliwice					4:19.17	
50m: 29.42 29.42	150m: 1:35.55	33.22	250m: 2:42.22	33.35	350m: 3:47.81	32.52		
100m: 1:02.33 32.91	200m: 2:08.87	33.32	300m: 3:15.29	33.07	400m: 4:19.17	31.36		
16. ADAMCZEWSKI Eryk	00	KKS Włókniarz 1925 Kalisz					4:19.23	
50m: 30.10 30.10	150m: 1:36.72	33.36	250m: 2:43.61	33.35	350m: 3:49.55	33.06		
100m: 1:03.36 33.26	200m: 2:10.26	33.54	300m: 3:16.49	32.88	400m: 4:19.23	29.68		
17. MACI G Piotr	99	TS Wisła Kraków					4:21.19	
50m: 28.77 28.77	150m: 1:33.46	32.84	250m: 2:40.55	33.35	350m: 3:48.00	33.88		
100m: 1:00.62 31.85	200m: 2:07.20	33.74	300m: 3:14.12	33.57	400m: 4:21.19	33.19		
18. GRABARCZYK Olaf SR	98	MKS-SMS Victoria Racibórz					4:23.67	
50m: 28.85 28.85	150m: 1:33.47	33.19	250m: 2:40.57	33.71	350m: 3:49.58	34.67		
100m: 1:00.28 31.43	200m: 2:06.86	33.39	300m: 3:14.91	34.34	400m: 4:23.67	34.09		
19. LESIK Radosław SR	98	MKS-SMS Victoria Racibórz					4:23.78	
50m: 29.04 29.04	150m: 1:33.88	32.82	250m: 2:41.24	34.03	350m: 3:50.81	34.84		
100m: 1:01.06 32.02	200m: 2:07.21	33.33	300m: 3:15.97	34.73	400m: 4:23.78	32.97		
20. WYROBEK Rafał	00	LKS Jedno 32 Przystowice					4:25.14	
50m: 30.38 30.38	150m: 1:37.19	33.75	250m: 2:45.17	34.09	350m: 3:52.59	33.60		
100m: 1:03.44 33.06	200m: 2:11.08	33.89	300m: 3:18.99	33.82	400m: 4:25.14	32.55		
21. MILBRANT Kacper	01	UKS Salmo ory					4:25.58	
50m: 29.83 29.83	150m: 1:37.44	33.95	250m: 2:45.90	33.72	350m: 3:53.30	33.91		
100m: 1:03.49 33.66	200m: 2:12.18	34.74	300m: 3:19.39	33.49	400m: 4:25.58	32.28		
22. GRECZANIK Paweł SO	00	UKP UNIA O wi cim					4:27.62	
50m: 29.73 29.73	150m: 1:37.43	34.30	250m: 2:46.07	34.14	350m: 3:54.85	34.53		
100m: 1:03.13 33.40	200m: 2:11.93	34.50	300m: 3:20.32	34.25	400m: 4:27.62	32.77		
23. SZCZEREK Szymon	01	KKS Włókniarz 1925 Kalisz					4:28.19	
50m: 30.73 30.73	150m: 1:38.10	33.85	250m: 2:46.20	34.01	350m: 3:54.54	34.29		
100m: 1:04.25 33.52	200m: 2:12.19	34.09	300m: 3:20.25	34.05	400m: 4:28.19	33.65		
24. BARAN Jan	99	AZS AWF Katowice					4:28.26	
50m: 29.40 29.40	150m: 1:36.20	33.88	250m: 2:45.21	34.66	350m: 3:54.55	34.32		
100m: 1:02.32 32.92	200m: 2:10.55	34.35	300m: 3:20.23	35.02	400m: 4:28.26	33.71		
25. WALESSA Kamil	00	Ukp Ruda I ska					4:30.31	
50m: 28.35 28.35	150m: 1:36.63	34.84	250m: 2:47.05	35.21	350m: 3:57.78	35.18		
100m: 1:01.79 33.44	200m: 2:11.84	35.21	300m: 3:22.60	35.55	400m: 4:30.31	32.53		
26. WIDERSKI Szymon	01	KKS Włókniarz 1925 Kalisz					4:30.59	
50m: 29.33 29.33	150m: 1:37.62	34.53	250m: 2:47.62	34.62	350m: 3:57.15	34.51		
100m: 1:03.09 33.76	200m: 2:13.00	35.38	300m: 3:22.64	35.02	400m: 4:30.59	33.44		
27. WOLNY Krzysztof	00	UKS WODNIK Siemianowice laski					4:30.77	
50m: 28.61 28.61	150m: 1:36.60	35.19	250m: 2:48.26	36.00	350m: 3:59.38	35.62		
100m: 1:01.41 32.80	200m: 2:12.26	35.66	300m: 3:23.76	35.50	400m: 4:30.77	31.39		
28. JANECKI Mateusz	01	MKS Pałac Młodzie y Katowice					4:31.27	
50m: 30.52 30.52	150m: 1:40.29	35.34	250m: 2:49.98	34.95	350m: 3:59.18	34.77		
100m: 1:04.95 34.43	200m: 2:15.03	34.74	300m: 3:24.41	34.43	400m: 4:31.27	32.09		



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Pozycja					Rok ur.					Czas
29.	PI TKA Marcin				99	TS Wisła Kraków				4:31.30
	50m: 28.60	28.60	150m: 1:38.22	35.56	250m: 2:50.03	35.66	350m: 3:59.58	33.76		
	100m: 1:02.66	34.06	200m: 2:14.37	36.15	300m: 3:25.82	35.79	400m: 4:31.30	31.72		
30.	ZIÓLKOWSKI Norbert				01	Nowy KP Bielsko-Biała				4:31.54
	50m: 31.01	31.01	150m: 1:38.97	34.53	250m: 2:49.25	35.02	350m: 3:58.96	34.60		
	100m: 1:04.44	33.43	200m: 2:14.23	35.26	300m: 3:24.36	35.11	400m: 4:31.54	32.58		
31.	CAJZA Szymon				00	LKS Jedno 32 Przyszowice				4:31.89
	50m: 30.29	30.29	150m: 1:40.71	35.61	250m: 2:51.40	34.97	350m: 4:01.03	34.16		
	100m: 1:05.10	34.81	200m: 2:16.43	35.72	300m: 3:26.87	35.47	400m: 4:31.89	30.86		
32.	WEBER Albert				01	K.S.Wodnik rem				4:31.97
	50m: 29.39	29.39	150m: 1:37.75	34.84	250m: 2:48.52	35.35	350m: 3:58.86	34.94		
	100m: 1:02.91	33.52	200m: 2:13.17	35.42	300m: 3:23.92	35.40	400m: 4:31.97	33.11		
33.	GAWRON Oskar				99	WKS I sk Wrocław				4:32.69
	50m: 29.95	29.95	150m: 1:39.46	35.95	250m: 2:51.88	37.67	350m: 4:02.40	32.59		
	100m: 1:03.51	33.56	200m: 2:14.21	34.75	300m: 3:29.81	37.93	400m: 4:32.69	30.29		
34.	STANISZEWSKI Olaf				01	KKS Włókniarz 1925 Kalisz				4:33.73
	50m: 29.22	29.22	150m: 1:37.27	34.66	250m: 2:48.87	36.04	350m: 3:59.45	35.34		
	100m: 1:02.61	33.39	200m: 2:12.83	35.56	300m: 3:24.11	35.24	400m: 4:33.73	34.28		
35.	GÓRKA Łukasz				02	SiKReT Gliwice				4:36.35
	50m: 30.81	30.81	150m: 1:40.93	35.39	250m: 2:51.76	35.38	350m: 4:02.31	34.74		
	100m: 1:05.54	34.73	200m: 2:16.38	35.45	300m: 3:27.57	35.81	400m: 4:36.35	34.04		
36.	KIJEK Wiktor				02	UKS MANTA Kochłowice Ruda I s				4:36.69
	50m: 30.79	30.79	150m: 1:40.52	34.79	250m: 2:51.08	35.28	350m: 4:02.38	35.66		
	100m: 1:05.73	34.94	200m: 2:15.80	35.28	300m: 3:26.72	35.64	400m: 4:36.69	34.31		
37.	SUMARA Konrad				00	TS Wisła Kraków				4:37.23
	50m: 30.80	30.80	150m: 1:40.24	35.04	250m: 2:51.19	35.74	350m: 4:02.56	35.88		
	100m: 1:05.20	34.40	200m: 2:15.45	35.21	300m: 3:26.68	35.49	400m: 4:37.23	34.67		
38.	MAJDA Adam				01	UKP Kmita Zabierzów				4:38.99
	50m: 29.81	29.81	150m: 1:39.30	35.38	250m: 2:51.42	36.13	350m: 4:03.41	35.99		
	100m: 1:03.92	34.11	200m: 2:15.29	35.99	300m: 3:27.42	36.00	400m: 4:38.99	35.58		
39.	D BROWSKI Daniel				00	Ukp Ruda I ska				4:41.26
	50m: 29.87	29.87	150m: 1:40.35	35.91	250m: 2:52.58	36.09	350m: 4:05.34	36.39		
	100m: 1:04.44	34.57	200m: 2:16.49	36.14	300m: 3:28.95	36.37	400m: 4:41.26	35.92		
40.	WYROBEK Robert				03	LKS Jedno 32 Przyszowice				4:42.03
	50m: 31.55	31.55	150m: 1:40.65	34.89	250m: 2:52.99	36.50	350m: 4:06.14	36.77		
	100m: 1:05.76	34.21	200m: 2:16.49	35.84	300m: 3:29.37	36.38	400m: 4:42.03	35.89		
41.	WI NIEWSKI Paweł				01	UKS Wodnik 29 Katowice				4:42.52
	50m: 32.12	32.12	150m: 1:42.05	35.01	250m: 2:54.21	36.26	350m: 4:07.42	36.63		
	100m: 1:07.04	34.92	200m: 2:17.95	35.90	300m: 3:30.79	36.58	400m: 4:42.52	35.10		
42.	SZOJDA Paweł				02	MOSM Tychy				4:42.56
	50m: 31.35	31.35	150m: 1:42.73	35.65	250m: 2:55.64	36.63	350m: 4:08.15	36.35		
	100m: 1:07.08	35.73	200m: 2:19.01	36.28	300m: 3:31.80	36.16	400m: 4:42.56	34.41		
43.	MOCZULSKI Mateusz				01	KKS Włókniarz 1925 Kalisz				4:44.62
	50m: 31.29	31.29	150m: 1:42.57	36.27	250m: 2:55.31	36.81	350m: 4:10.25	37.64		
	100m: 1:06.30	35.01	200m: 2:18.50	35.93	300m: 3:32.61	37.30	400m: 4:44.62	34.37		
44.	PROKOP Bartosz				02	UKS MANTA Kochłowice Ruda I s				4:47.43
	50m: 33.28	33.28	150m: 1:45.44	35.83	250m: 2:58.22	36.32	350m: 4:11.57	36.81		
	100m: 1:09.61	36.33	200m: 2:21.90	36.46	300m: 3:34.76	36.54	400m: 4:47.43	35.86		
45.	LAMLA Filip				03	LKS Jedno 32 Przyszowice				4:48.48
	50m: 32.47	32.47	150m: 1:44.04	36.51	250m: 2:58.36	37.38	350m: 4:13.10	37.47		
	100m: 1:07.53	35.06	200m: 2:20.98	36.94	300m: 3:35.63	37.27	400m: 4:48.48	35.38		



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Pozycja					Rok ur.					Czas		
46.	MALINA Szymon				01	Glosator Kraków				4:50.34		
	50m:	31.95	31.95	150m:	1:44.71	36.61	250m:	2:59.18	36.96	350m:	4:13.95	37.21
	100m:	1:08.10	36.15	200m:	2:22.22	37.51	300m:	3:36.74	37.56	400m:	4:50.34	36.39
47.	KALKAN Jakub				04	LKS Jedno 32 Przystowice				4:58.04		
	50m:	34.00	34.00	150m:	1:47.26	36.80	250m:	3:03.04	37.93	350m:	4:20.05	38.37
	100m:	1:10.46	36.46	200m:	2:25.11	37.85	300m:	3:41.68	38.64	400m:	4:58.04	37.99
48.	KU Artur				01	UKS Wodnik 29 Katowice				4:58.76		
	50m:	32.64	32.64	150m:	1:47.96	38.17	250m:	3:03.75	38.37	350m:	4:21.37	39.45
	100m:	1:09.79	37.15	200m:	2:25.38	37.42	300m:	3:41.92	38.17	400m:	4:58.76	37.39
49.	PORSZKE Kacper				02	UKS Wodnik 29 Katowice				5:03.80		
	50m:	33.46	33.46	150m:	1:50.24	38.59	250m:	3:07.31	37.94	350m:	4:25.08	39.28
	100m:	1:11.65	38.19	200m:	2:29.37	39.13	300m:	3:45.80	38.49	400m:	5:03.80	38.72
50.	SKRZYSZOWSKI Bruno				03	TS Wiśła Kraków				5:11.75		
	50m:	35.58	35.58	150m:	1:55.09	40.33	250m:	3:15.13	39.78	350m:	4:33.84	39.17
	100m:	1:14.76	39.18	200m:	2:35.35	40.26	300m:	3:54.67	39.54	400m:	5:11.75	37.91
51.	POŁUSZEJKO Kacper				02	Nowy KP Bielsko-Biała				5:12.85		
	50m:	33.70	33.70	150m:	1:54.70	41.06	250m:	3:15.64	40.61	350m:	4:36.34	40.14
	100m:	1:13.64	39.94	200m:	2:35.03	40.33	300m:	3:56.20	40.56	400m:	5:12.85	36.51
52.	TATURA Paweł				02	UKS Wodnik 29 Katowice				5:12.88		
	50m:	34.66	34.66	150m:	1:55.49	41.14	250m:	3:17.07	41.13	350m:	4:37.96	40.21
	100m:	1:14.35	39.69	200m:	2:35.94	40.45	300m:	3:57.75	40.68	400m:	5:12.88	34.92
53.	ZAWARTKA Jakub				01	UKP Kmita Zabierzów				5:13.24		
	50m:	33.01	33.01	150m:	1:53.06	40.71	250m:	3:14.61	40.79	350m:	4:36.20	40.78
	100m:	1:12.35	39.34	200m:	2:33.82	40.76	300m:	3:55.42	40.81	400m:	5:13.24	37.04
54.	KOSYTORZ Kamil				03	Klub Pływacki Sukces Chorzów				5:13.35		
	50m:	34.19	34.19	150m:	1:53.28	39.69	250m:	3:14.32	40.56	350m:	4:34.92	40.36
	100m:	1:13.59	39.40	200m:	2:33.76	40.48	300m:	3:54.56	40.24	400m:	5:13.35	38.43
55.	DOMINICZAK Kamil				03	Klub Pływacki Sukces Chorzów				5:15.18		
	50m:	34.80	34.80	150m:	1:52.64	39.54	250m:	3:14.04	40.92	350m:	4:36.49	41.13
	100m:	1:13.10	38.30	200m:	2:33.12	40.48	300m:	3:55.36	41.32	400m:	5:15.18	38.69
56.	RY Tymon				02	TS Wiśła Kraków				5:15.85		
	50m:	34.39	34.39	150m:	1:55.56	41.09	250m:	3:16.97	40.59	350m:	4:37.90	40.36
	100m:	1:14.47	40.08	200m:	2:36.38	40.82	300m:	3:57.54	40.57	400m:	5:15.85	37.95
57.	SZEWCZYK Maksymilian				03	Uks Junior Kluczbork				5:21.40		
	50m:	36.28	36.28	150m:	1:59.07	42.04	250m:	3:23.35	42.09	350m:	4:44.13	39.51
	100m:	1:17.03	40.75	200m:	2:41.26	42.19	300m:	4:04.62	41.27	400m:	5:21.40	37.27
58.	DOCEW Maksymilian				02	TS Wiśła Kraków				5:25.25		
	50m:	36.69	36.69	150m:	1:58.34	41.12	250m:	3:23.33	42.77	350m:	4:47.29	41.49
	100m:	1:17.22	40.53	200m:	2:40.56	42.22	300m:	4:05.80	42.47	400m:	5:25.25	37.96
59.	PAWŁOWSKI Wojciech				02	UKS Wodnik 29 Katowice				5:25.57		
	50m:	36.18	36.18	150m:	1:57.35	41.13	250m:	3:21.95	42.28	350m:	4:45.31	41.57
	100m:	1:16.22	40.04	200m:	2:39.67	42.32	300m:	4:03.74	41.79	400m:	5:25.57	40.26
60.	SZASTAK Bła ej				03	TS Wiśła Kraków				5:30.49		
	50m:	37.17	37.17	150m:	2:00.63	41.96	250m:	3:24.99	41.85	350m:	4:49.86	42.82
	100m:	1:18.67	41.50	200m:	2:43.14	42.51	300m:	4:07.04	42.05	400m:	5:30.49	40.63
61.	GOIK Bartłomiej				04	MKS Pałac Młodzie y Katowice				5:35.05		
	50m:	36.97	36.97	150m:	2:01.40	42.33	250m:	3:28.10	43.13	350m:	4:54.36	42.91
	100m:	1:19.07	42.10	200m:	2:44.97	43.57	300m:	4:11.45	43.35	400m:	5:35.05	40.69
62.	CZERCZAK Dawid				04	Ukp Ruda l ska				5:36.35		
	50m:	36.62	36.62	150m:	2:01.17	42.71	250m:	3:29.30	43.90	350m:	4:56.51	43.87
	100m:	1:18.46	41.84	200m:	2:45.40	44.23	300m:	4:12.64	43.34	400m:	5:36.35	39.84



Puchar Silesia 2016
Katowice, 13- - 14-2-2016



Konkurencja 8, M czyzn, 400m dowolny, Open

Pozycja					Rok ur.					Czas		
63.	KRÓL Paweł				05	UKS Aquatica Pawłowice				5:38.70		
	50m:	39.09	39.09	150m:	2:05.72	43.70	250m:	3:33.28	43.63	350m:	4:59.52	42.87
	100m:	1:22.02	42.93	200m:	2:49.65	43.93	300m:	4:16.65	43.37	400m:	5:38.70	39.18
64.	GRYCHTOŁ Arkadiusz				03	UKS MANTA Kochłowice Ruda I s				5:45.13		
	50m:	37.46	37.46	150m:	2:04.30	44.03	250m:	3:34.48	44.85	350m:		
	100m:	1:20.27	42.81	200m:	2:49.63	45.33	300m:	5:03.22	1:28.74	400m:	5:45.13	
65.	WYRTKI Piotr				02	UKS MANTA Kochłowice Ruda I s				5:51.16		
	50m:	36.31	36.31	150m:	2:02.92	45.41	250m:	3:34.96	45.62	350m:	5:06.88	45.83
	100m:	1:17.51	41.20	200m:	2:49.34	46.42	300m:	4:21.05	46.09	400m:	5:51.16	44.28
66.	WÓJCIK Mateusz				04	CSiR MOS D browa Górnicza				5:51.69		
	50m:	37.75	37.75	150m:	2:07.94	45.87	250m:	3:39.39	45.72	350m:	5:09.32	44.12
	100m:	1:22.07	44.32	200m:	2:53.67	45.73	300m:	4:25.20	45.81	400m:	5:51.69	42.37
67.	KUDYBA Daniel				06	LKS Jedno 32 Przyszowice				6:10.11		
	50m:	40.55	40.55	150m:	2:14.54	47.81	250m:	3:50.96	47.26	350m:	5:26.58	47.42
	100m:	1:26.73	46.18	200m:	3:03.70	49.16	300m:	4:39.16	48.20	400m:	6:10.11	43.53
68.	STACIWA Kamil				05	Klub Pływacki Sukces Chorzów				6:42.85		
	50m:	46.83	46.83	150m:			250m:	2:29.48		350m:	6:43.04	44.42
	100m:	1:37.24	50.41	200m:			300m:	5:58.62	3:29.14	400m:	6:42.85	
69.	STACIWA Jakub				05	Klub Pływacki Sukces Chorzów				6:50.58		
	50m:	45.92	45.92	150m:	2:32.35	55.25	250m:	4:19.89	52.87	350m:	6:02.76	48.63
	100m:	1:37.10	51.18	200m:	3:27.02	54.67	300m:	5:14.13	54.24	400m:	6:50.58	47.82