

CMAS FINSWIMMING EUROPEAN CUP JUNIOR

04-06 November 2016

GLIWICE, POLAND

PARTICULAR REGULATION

1. Denomination:

The Polish Underwater Federation PZPn – authorized by CMAS – invite all interested Federations and Clubs to participate on the CMAS Junior European Cup 2016 organized in the period from 04th to 06th of November 2016 in Gliwice.

There will be the general classification for CLUBS and additional classification for COUNTRIES.

2. Participation rules and races :

The competition is governed by the Finswimming International Rules of CMAS, by the Finswimming European Cup - Pool Rules of CMAS, that every athlete affirms to know and to follow.

Races and categories are the following:

Junior (Cat. "C" – 2001 - 2002) B/G

50 m ap., 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf mikst.**

50 m bf., 100 m bf., 200 m bf., **Relay: 4 x 50 bf mikst**

Junior (Cat. "D" – 2003 - 2004) B/G

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf mikst.**

50 m bf., 100 m bf., 200 m bf., **Relay: 4 x 50 bf mikst**

*[relay mikst = two (2) boys + two (2) girls]

IMPORTANT:

1. All team members of the respective National Federation must be affiliated to CMAS. The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS.

2. All athletes have to have their respective CMAS licenses.

3. Each competitor can take part in a maximum of three (3) individual races and two (2) relay.

4. Each team can enroll any number of swimmers for each individual race. Two (2) best results bring the points for the team.

5. Only clubs can participate in the CMAS Finswimming European Cup Meeting.

6. Each competitor can participate only on behalf of one (1) club during the year.

3. Competition place :

The competition will take place in the “OLIMPIJCZYK Swimming Pool” in Gliwice.

The swimming pool has a length of 50m, a width of eight lanes and a depth of 2m. The temperature of the water is 26° C (± 1° C).

Address: ul. Oriona 120, 44-100 Gliwice.



4. Enrolment :

1. **Preliminary entry** - application form is provided as attachment with this set of rules and must be filled duly and sent before **17. October 2016** to email address: biuro@pzp-n.pl (**Enclosure 1_preliminary entry**)
2. **Final entry** has to be completed in the Splash program before **30. October 2016 !**

The instructions about Splash final entry will be provided after receiving the preliminary entry.

5. Inscription fee :

The inscription fee: **€ 20 for each club; € 7 each distance ; € 14 each relay**

Fee paid for not performed races will not be reimbursed. Late enrolments may be accepted with a fine of € 100. Also relays must be declared with time on the enrolment form as well, even though competitors names are not known. Payment should be made by direct bank transfer to:

Name of the Bank : BANK ZACHODNI WBK SA

I ODDZIAL GDYNIA

Address: UL. 10 LUTEGO 11
81-366 GDYNIA

Beneficiary: Polski Związek Pletwonurkowania,
ul. Hallera 2
83-400 Kościerzyna, Poland (notice: new address)

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL93109011020000000115588285

Enrollments will only be accepted when accompanied by bank transfer receipts.

6. Preliminary procedures :

The registration to the competitions will be possible on 04.11.2016 from 12.00 to 19.00 at the swimming pool OLIMPIJCZYK, Oriona 120 Street, Gliwice

7. Equipment and bottle refills :

The judges are authorized to control swimmers' equipment at any time during the competitions.

All cylinders used must have passed a hydrostatic test less than 2 years before the competition.

8. Timer :

Electronic. Omega system.

9. Classifications :

Classifications will be based on times registered by the timekeepers, results will be compiled according to CMAS score. For distance races no finals are organized. In case of the same number of points in general classification will decide best result in "Table 1000" system.

There will be the general classification for CLUBS and additional classification for COUNTRIES.

10. Prizes :

Individual prizes: medals will be given to the first three classified athletes in every individual race and every relay.

Teams prizes: cups for best three clubs.

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams

11. Antidopping :

WADA – World Antidoping Code
CMAS – Antidoping Rules
MBSZ – Antidoping Rules
Athletes accept these rules as a condition of participation.

12. Responsibility :

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

13. Special Notes :

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time. Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts. Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club. Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.

14. Program :

Friday 4th November 2016

12.00 -19.00	Arriving of teams, checking of documents, payment of participant fee and accommodation fee in Competitions Office at the swimming pool. Check of bottles
19.00 – 21.00	Training time
19.30	Technical meeting at the swimming pool OLIMPIJCZYK

Saturday morning 5th November 2016

8.00 – 8.45	Warming up
9.00	50 m ap B/G "C" cat. 800 m sf B/G "C" cat. 800 m sf B/G "D" cat.

Saturday afternoon 5th November 2016

14.00 – 14.45 Warming up
15.00 **Opening Ceremony**
15.30 50 m bf B/G "C" cat.
50 m bf B/G "D" cat.
200 m sf B/G "C" cat.
200 m sf B/G "D" cat.
100 m im B/G "C" cat.
4 x 50 m bf relay "C" cat.
4 x 50 m bf relay "D" cat.

Sunday morning 6^h November 2016

8.00 – 8.55 Warming up
9.00 100 m bf B/G "C" cat.
100 m bf B/G "D" cat.
100 m sf B/G "C" cat.
100 m sf B/G "D" cat.
400 m sf B/G "C" cat.
400 m sf B/G "D" cat.

Sunday afternoon 6th November 2016

14.00 – 14.45 Warming up
15.00 50 m sf B/G "C" cat.
50 m sf B/G "D" cat.
200 m bf B/G "C" cat.
200 m bf B/G "D" cat.
4 x 100 m sf relay "C" cat.
4 x 100 m sf relay "D" cat.

15. Accommodation :

Organizers offer accommodation possibility during the competition with enrolment deadline **of 21st October 2016 (**Enclosure 2_Booking Form**):**

1. Full board accommodation is offered:
(from Friday 04th November – dinner, until Sunday 6th November– lunch)

Hotel *** 110 EURO / person (rooms with 1-2-3 beds)
2. Single room extra price is 25 EURO / person /day.
3. Those participants who do not accept one of the accommodations offered by the Organizing Committee - but arrange their accommodation by themselves are supposed to pay 40€/person as organizing fee.

16. Transportation :

Transfer Katowice-Pyrzowice Airport – Gliwice 40 € / person / in group up to 4 person
Katowice-Pyrzowice Airport – Gliwice 30 € / person / in group 5 to 15 person
Katowice-Pyrzowice Airport – Gliwice 20 € / person / in group 15+ person

(price include arrival and departure and all transfers hotel – swimming pool - hotel)
Please contact us if you need transfer from other airport (Kraków, Wrocław)

17. Booking conditions and payment :

1. The booking deadline will be **21st October 2016**.

After this period fee will be increased by 15%.

2. Payment should be made by direct bank transfer:

Name of the Bank : BANK ZACHODNI WBK SA
I ODDZIAŁ GDYNIA

Address: UL. 10 LUTEGO 11
81-366 GDYNIA

Beneficiary: Polski Związek Płetwonurkowania,
ul. Hallera 2
83-400 Kościerzyna, Poland (*notice: new address*)

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL9310901102000000115588285



**FINSWIMMING EUROPEAN CUP
GROUP C AND D
4 - 6.11.2016 – GLIWICE
POLAND**



**Enclosure 1
PRELIMINARY ENTRY FORM**

(To be filled in and forwarded by 17th October 2016)

We will participate in the CMAS Finswimming European Cup 2016, Gliwice- Poland.

Please complete this form and send it to the Polish Underwater Federation by e-mail biuro@pzp-n.pl not later than 17th October 2016.

Country	
Club	

Number of Athletes	Male		Female	
--------------------	------	--	--------	--

Number of Officials	Male		Female	
---------------------	------	--	--------	--

Total number of the delegation	
--------------------------------	--

Date,

(President's Signature/ stamp)

(Full name in block letters)



**FINSWIMMING EUROPEAN CUP
GROUP C AND D
4 - 6.11.2016 – GLIWICE
POLAND**



**Enclosure 2
HOTEL BOOKING FORM**

(To be filled in and forwarded by 21st October 2016)*

Country			
Club			
e-mail		Phone	

	Number of Rooms	Date	
		From	To
Single			
Double			
Triple			

Extra Nights:

If you need extra nights, please fill in the following:

	Number of Rooms	Date	
		From	To
Single			
Double			
Triple			

**The number of single, double and triple rooms is limited.
Early booking will help you to receive optimal combination of rooms.**

*** Please note that hotel bookings after 21st October 2016 carry a 15 % late booking surcharge!**

Date,

(President's Signature/ stamp)

(Full name in block letters)



**FINSWIMMING EUROPEAN CUP
GROUP C AND D
4 - 6.11.2016 – GLIWICE
POLAND**



Enclosure 3

**TRANSFER BOOKING FORM
(Not later than 21st October 2016)**

Country	
Club	

Number of Athletes	Male		Female	
--------------------	------	--	--------	--

Number of Officials	Male		Female	
---------------------	------	--	--------	--

ARRIVAL:	Airport code:		Time:	
Date:			Flight No.	
DEPARTURE:	Airport code:		Time:	
Date:			Flight No.	

Date,

(President's Signature/ stamp)

(Full name in block letters)