

Mistrzostwa Okręgu Gliwickiego Open
Gliwice, 16. - 17.11.2018

Konkurencja 13
16.11.2018 - 12:07

Mężczyźni, 400m zmienny

Open
Wyniki

Punkty: FINA 2018

Pozycja					Rok ur.					Czas	Pkt.	
14 lat												
1.	Kowolik Alex				04	MKS Park Wodny Tarnowskie Góry				4:43.67	572	
	50m:	29.65	29.65	150m:	1:39.16	36.64	250m:	2:55.84	41.53	350m:	4:11.12	33.41
	100m:	1:02.52	32.87	200m:	2:14.31	35.15	300m:	3:37.71	41.87	400m:	4:43.67	32.55
2.	Kwiecie Paweł				04	KS Piłkarska Chorzów				4:50.01	535	
	50m:	29.79	29.79	150m:	1:42.84	37.65	250m:	3:01.06	40.30	350m:	4:16.86	35.04
	100m:	1:05.19	35.40	200m:	2:20.76	37.92	300m:	3:41.82	40.76	400m:	4:50.01	33.15
3.	Wykręt Marcin				04	NKP Bielsko-Biała				5:00.06	483	
	50m:	31.80	31.80	150m:	1:47.77	38.32	250m:	3:06.45	40.05	350m:	4:25.94	36.50
	100m:	1:09.45	37.65	200m:	2:26.40	38.63	300m:	3:49.44	42.99	400m:	5:00.06	34.12
4.	Til Adam				04	UKP Ruda Śląska				5:21.67	392	
	50m:	33.57	33.57	150m:	1:53.74	40.09	250m:	3:21.52	46.88	350m:	4:46.21	36.75
	100m:	1:13.65	40.08	200m:	2:34.64	40.90	300m:	4:09.46	47.94	400m:	5:21.67	35.46
15 lat												
1.	Trzcionka Maciej				03	UKS Na Fali Bytom				4:44.86	565	
	50m:	29.61	29.61	150m:	1:40.58	36.73	250m:	2:59.20	40.50	350m:	4:14.22	33.75
	100m:	1:03.85	34.24	200m:	2:18.70	38.12	300m:	3:40.47	41.27	400m:	4:44.86	30.64
2.	Tomaszowski Michał				03	MKS Park Wodny Tarnowskie Góry				4:47.46	549	
	50m:	30.25	30.25	150m:	1:42.39	36.81	250m:	3:01.21	42.73	350m:	4:16.69	32.38
	100m:	1:05.58	35.33	200m:	2:18.48	36.09	300m:	3:44.31	43.10	400m:	4:47.46	30.77
16 - 18 lat												
1.	Wiekiera Dawid				02	MKP Wodnik 29 Tychy				4:43.21	574	
	50m:	29.86	29.86	150m:	1:42.65	38.84	250m:	2:59.10	38.76	350m:	4:12.08	33.90
	100m:	1:03.81	33.95	200m:	2:20.34	37.69	300m:	3:38.18	39.08	400m:	4:43.21	31.13
2.	Sadło Marcel				01	CSiR MOS Dłubrowa Górnicza				4:43.47	573	
	50m:	28.67	28.67	150m:	1:39.13	37.54	250m:	2:57.41	40.93	350m:	4:12.07	33.89
	100m:	1:01.59	32.92	200m:	2:16.48	37.35	300m:	3:38.18	40.77	400m:	4:43.47	31.40
Open												
1.	Sacha Kamil				01	WKS Łódź Wrocław				4:30.29	661	
	50m:	28.24	28.24	150m:	1:35.56	34.94	250m:	2:50.08	39.42	350m:		
	100m:	1:00.62	32.38	200m:	2:10.66	35.10	300m:	3:29.37	39.29	400m:	4:30.29	
2.	Karklelis Dziugas				03	Ignalinos kultūros ir sporto c				4:41.49	585	
	<i>Wynik lepszy niż Rekord Litwy 15 lat</i>											
	50m:	31.37	31.37	150m:	1:43.70	35.67	250m:	2:57.14	38.80	350m:	4:09.98	32.34
	100m:	1:08.03	36.66	200m:	2:18.34	34.64	300m:	3:37.64	40.50	400m:	4:41.49	31.51
3.	Wiekiera Dawid				02	MKP Wodnik 29 Tychy				4:43.21	574	
	50m:	29.86	29.86	150m:	1:42.65	38.84	250m:	2:59.10	38.76	350m:	4:12.08	33.90
	100m:	1:03.81	33.95	200m:	2:20.34	37.69	300m:	3:38.18	39.08	400m:	4:43.21	31.13
4.	Sadło Marcel				01	CSiR MOS Dłubrowa Górnicza				4:43.47	573	
	50m:	28.67	28.67	150m:	1:39.13	37.54	250m:	2:57.41	40.93	350m:	4:12.07	33.89
	100m:	1:01.59	32.92	200m:	2:16.48	37.35	300m:	3:38.18	40.77	400m:	4:43.47	31.40
5.	Kowolik Alex				04	MKS Park Wodny Tarnowskie Góry				4:43.67	572	
	50m:	29.65	29.65	150m:	1:39.16	36.64	250m:	2:55.84	41.53	350m:	4:11.12	33.41
	100m:	1:02.52	32.87	200m:	2:14.31	35.15	300m:	3:37.71	41.87	400m:	4:43.67	32.55
6.	Trzcionka Maciej				03	UKS Na Fali Bytom				4:44.86	565	
	50m:	29.61	29.61	150m:	1:40.58	36.73	250m:	2:59.20	40.50	350m:	4:14.22	33.75
	100m:	1:03.85	34.24	200m:	2:18.70	38.12	300m:	3:40.47	41.27	400m:	4:44.86	30.64

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Pozycja			Rok ur.				Czas	Pkt.
7.	Tomaszowski Michał		03	MKS Park Wodny Tarnowskie Góry		4:47.46	549	
	50m:	30.25 30.25	150m:	1:42.39 36.81	250m:	3:01.21 42.73	350m:	4:16.69 32.38
	100m:	1:05.58 35.33	200m:	2:18.48 36.09	300m:	3:44.31 43.10	400m:	4:47.46 30.77
8.	Wróbel Igor SO		03	UKP Unia Olimpijska Gliwice		4:48.21	545	
	50m:	32.19 32.19	150m:	1:44.13 38.07	250m:	3:01.77 39.25	350m:	4:15.18 33.70
	100m:	1:06.06 33.87	200m:	2:22.52 38.39	300m:	3:41.48 39.71	400m:	4:48.21 33.03
9.	Kwiecień Paweł		04	KS Piłkarzy Chorzów		4:50.01	535	
	50m:	29.79 29.79	150m:	1:42.84 37.65	250m:	3:01.06 40.30	350m:	4:16.86 35.04
	100m:	1:05.19 35.40	200m:	2:20.76 37.92	300m:	3:41.82 40.76	400m:	4:50.01 33.15
10.	Wykręt Marcin		04	NKP Bielsko-Biała		5:00.06	483	
	50m:	31.80 31.80	150m:	1:47.77 38.32	250m:	3:06.45 40.05	350m:	4:25.94 36.50
	100m:	1:09.45 37.65	200m:	2:26.40 38.63	300m:	3:49.44 42.99	400m:	5:00.06 34.12
11.	Til Adam		04	UKP Ruda Śląska		5:21.67	392	
	50m:	33.57 33.57	150m:	1:53.74 40.09	250m:	3:21.52 46.88	350m:	4:46.21 36.75
	100m:	1:13.65 40.08	200m:	2:34.64 40.90	300m:	4:09.46 47.94	400m:	5:21.67 35.46