

Mistrzostwa Okręgu I śkiego Open
Gliwice, 16. - 17.11.2018

Konkurencja 21
16.11.2018 - 16:34

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.			
14 lat												
1.	Bociek Wiktoria		04	KS Górnik Sosnowiec				4:24.97	693			
	50m:	30.97	30.97	150m:	1:38.29	33.90	250m:	2:46.00	33.71	350m:	3:52.58	33.00
	100m:	1:04.39	33.42	200m:	2:12.29	34.00	300m:	3:19.58	33.58	400m:	4:24.97	32.39
2.	Bocian Roksana		04	LKS Jedno 32 Przyszowice				4:31.74	642			
	50m:	31.88	31.88	150m:			250m:	2:48.70	34.42	350m:	3:58.23	34.69
	100m:	1:05.71	33.83	200m:	2:14.28		300m:	3:23.54	34.84	400m:	4:31.74	33.51
3.	Fira Weronika		04	UKS Salmo ory				4:41.68	577			
	50m:	31.28	31.28	150m:	1:42.00	35.92	250m:	2:54.26	36.10	350m:	4:06.54	36.27
	100m:	1:06.08	34.80	200m:	2:18.16	36.16	300m:	3:30.27	36.01	400m:	4:41.68	35.14
4.	Sikora Balbina		04	KP "SIKRET" Gliwice				4:45.03	557			
	50m:	32.51	32.51	150m:	1:44.05	36.53	250m:	2:57.11	36.43	350m:	4:09.50	36.16
	100m:	1:07.52	35.01	200m:	2:20.68	36.63	300m:	3:33.34	36.23	400m:	4:45.03	35.53
5.	Konopka Weronika		04	KP "SIKRET" Gliwice				4:47.48	542			
	50m:	33.68	33.68	150m:	1:47.15	36.94	250m:	3:01.11	37.04	350m:	4:13.38	36.17
	100m:	1:10.21	36.53	200m:	2:24.07	36.92	300m:	3:37.21	36.10	400m:	4:47.48	34.10
6.	Wiktorowicz Patrycja		04	MKS-SMS Victoria Racibórz				4:50.87	524			
	50m:	33.00	33.00	150m:	1:45.98	36.94	250m:	3:01.68	37.73	350m:	4:15.77	36.60
	100m:	1:09.04	36.04	200m:	2:23.95	37.97	300m:	3:39.17	37.49	400m:	4:50.87	35.10
7.	Grzymała Zuzanna		04	UKS Salmo ory				4:51.29	521			
	50m:	33.42	33.42	150m:	1:45.95	36.29	250m:	2:59.75	37.14	350m:	4:51.29	36.48
	100m:	1:09.66	36.24	200m:	2:22.61	36.66	300m:	4:14.81	1:15.06	400m:	4:51.29	
8.	Pauliny Zuzana		04	Delfin Cieszyn				4:52.64	514			
	50m:	33.59	33.59	150m:	1:47.54	37.54	250m:	3:01.81	36.74	350m:	4:16.65	37.39
	100m:	1:10.00	36.41	200m:	2:25.07	37.53	300m:	3:39.26	37.45	400m:	4:52.64	35.99
9.	Pytka Katarzyna		04	NKP Bielsko-Biała				5:19.39	395			
	50m:	35.93	35.93	150m:	1:56.52	40.92	250m:	3:18.99	40.94	350m:	4:40.56	40.20
	100m:	1:15.60	39.67	200m:	2:38.05	41.53	300m:	4:00.36	41.37	400m:	5:19.39	38.83
10.	Lala Patrycja		04	UKS Salmo ory				5:26.20	371			
	50m:	36.82	36.82	150m:	1:56.30	40.31	250m:	3:19.08	41.68	350m:	4:44.06	42.88
	100m:	1:15.99	39.17	200m:	2:37.40	41.10	300m:	4:01.18	42.10	400m:	5:26.20	42.14
11.	urek Magdalena		04	UKS WODNIK Siemianowice laski				5:45.94	311			
	50m:	36.73	36.73	150m:	2:04.54	44.94	250m:	3:33.55	44.16	350m:	5:03.95	45.18
	100m:	1:19.60	42.87	200m:	2:49.39	44.85	300m:	4:18.77	45.22	400m:	5:45.94	41.99
12.	Musialik Emilia		04	CSiR MOS D browa Górnicza				5:46.32	310			
	50m:	38.77	38.77	150m:	2:07.24	45.32	250m:	3:35.88	44.38	350m:	5:04.93	44.54
	100m:	1:21.92	43.15	200m:	2:51.50	44.26	300m:	4:20.39	44.51	400m:	5:46.32	41.39
15 lat												
1.	Pogo Milena		03	CSiR MOS D browa Górnicza				4:28.28	667			
	50m:	32.10	32.10	150m:	1:40.25	34.15	250m:	2:47.75	33.65	350m:	3:55.36	33.79
	100m:	1:06.10	34.00	200m:	2:14.10	33.85	300m:	3:21.57	33.82	400m:	4:28.28	32.92
2.	Cioch-Gradzik Wiktoria		03	UKS Manta Kochłowice Ruda l ska				4:30.44	652			
	50m:	32.08	32.08	150m:	1:40.58	34.30	250m:			350m:	3:57.00	34.14
	100m:	1:06.28	34.20	200m:	2:14.76	34.18	300m:	3:22.86		400m:	4:30.44	33.44
3.	Kasprowicz Marta SR		03	MKS-SMS Victoria Racibórz				4:39.31	591			
	50m:	33.00	33.00	150m:	1:43.21	34.80	250m:	2:54.22	35.41	350m:	4:05.49	35.49
	100m:	1:08.41	35.41	200m:	2:18.81	35.60	300m:	3:30.00	35.78	400m:	4:39.31	33.82
4.	Fuks Aleksandra		03	MUKS Gilus Gilowice				4:40.53	584			
	50m:	32.19	32.19	150m:	1:41.76	34.98	250m:	2:53.13	35.99	350m:	4:05.47	35.98
	100m:	1:06.78	34.59	200m:	2:17.14	35.38	300m:	3:29.49	36.36	400m:	4:40.53	35.06

Mistrzostwa Okręgu Gliwickiego Open
Gliwice, 16. - 17.11.2018

Konkurencja 21, Dziewcząt, 400m dowolny, 15 lat

Pozycja			Rok ur.				Czas				Pkt.	
5.	Krusińska	Wiktorija	03	CSiR MOS D browa Górnicza				4:51.32				521
	50m:	33.50	33.50	150m:	1:46.96	37.17	250m:	3:01.47	37.01	350m:	4:15.71	37.27
	100m:	1:09.79	36.29	200m:	2:24.46	37.50	300m:	3:38.44	36.97	400m:	4:51.32	35.61
6.	Niewiadomska	Nikola	03	UKS Manta Kochłowice Ruda I ska				4:52.95				513
	50m:	32.95	32.95	150m:	1:48.08	37.62	250m:	3:03.30	37.13	350m:	4:17.13	36.72
	100m:	1:10.46	37.51	200m:	2:26.17	38.09	300m:	3:40.41	37.11	400m:	4:52.95	35.82
7.	Dobrowolska	Natalia SR	03	MKS-SMS Victoria Racibórz				4:57.69				488
	50m:	33.95	33.95	150m:	1:48.11	37.35	250m:	3:03.04	37.46	350m:	4:20.07	38.63
	100m:	1:10.76	36.81	200m:	2:25.58	37.47	300m:	3:41.44	38.40	400m:	4:57.69	37.62

16 - 18 lat

1.	Zaborowicz	Julia	01	KS Górnik Sosnowiec				4:21.48				721
	50m:	30.29	30.29	150m:	1:36.86	33.72	250m:	2:44.67	33.26	350m:		
	100m:	1:03.14	32.85	200m:	2:11.41	34.55	300m:	3:17.17	32.50	400m:	4:21.48	
2.	Zawadzka	Anna	00	MKP Wodnik 29 Tychy				4:29.27				660
	50m:	31.91	31.91	150m:	1:39.53	34.11	250m:	2:47.89	34.12	350m:	3:57.01	34.50
	100m:	1:05.42	33.51	200m:	2:13.77	34.24	300m:	3:22.51	34.62	400m:	4:29.27	32.26
3.	Fuks	Emilia	02	UKS WODNIK Siemianowice Iaski				4:33.95				627
	50m:	31.99	31.99	150m:	1:40.66	34.21	250m:	2:50.25	34.90	350m:	4:00.21	34.90
	100m:	1:06.45	34.46	200m:	2:15.35	34.69	300m:	3:25.31	35.06	400m:	4:33.95	33.74
4.	Horwacik	Joanna	02	UKS Huragan Sosnowiec				4:52.44				515
	50m:	33.18	33.18	150m:	1:47.05	37.36	250m:	3:02.99	38.04	350m:	4:16.94	36.85
	100m:	1:09.69	36.51	200m:	2:24.95	37.90	300m:	3:40.09	37.10	400m:	4:52.44	35.50
5.	Nowak	Jagoda	02	UKS WODNIK Siemianowice Iaski				5:03.97				459
	50m:	33.36	33.36	150m:	1:48.61	38.25	250m:	3:07.15	39.70	350m:	4:25.68	39.05
	100m:	1:10.36	37.00	200m:	2:27.45	38.84	300m:	3:46.63	39.48	400m:	5:03.97	38.29

Open

1.	Zaborowicz	Julia	01	KS Górnik Sosnowiec				4:21.48				721
	50m:	30.29	30.29	150m:	1:36.86	33.72	250m:	2:44.67	33.26	350m:		
	100m:	1:03.14	32.85	200m:	2:11.41	34.55	300m:	3:17.17	32.50	400m:	4:21.48	
2.	Bociek	Wiktorija	04	KS Górnik Sosnowiec				4:24.97				693
	50m:	30.97	30.97	150m:	1:38.29	33.90	250m:	2:46.00	33.71	350m:	3:52.58	33.00
	100m:	1:04.39	33.42	200m:	2:12.29	34.00	300m:	3:19.58	33.58	400m:	4:24.97	32.39
3.	Pogo	Milena	03	CSiR MOS D browa Górnicza				4:28.28				667
	50m:	32.10	32.10	150m:	1:40.25	34.15	250m:	2:47.75	33.65	350m:	3:55.36	33.79
	100m:	1:06.10	34.00	200m:	2:14.10	33.85	300m:	3:21.57	33.82	400m:	4:28.28	32.92
4.	Zawadzka	Anna	00	MKP Wodnik 29 Tychy				4:29.27				660
	50m:	31.91	31.91	150m:	1:39.53	34.11	250m:	2:47.89	34.12	350m:	3:57.01	34.50
	100m:	1:05.42	33.51	200m:	2:13.77	34.24	300m:	3:22.51	34.62	400m:	4:29.27	32.26
5.	Cioch-Gradzik	Wiktorija	03	UKS Manta Kochłowice Ruda I ska				4:30.44				652
	50m:	32.08	32.08	150m:	1:40.58	34.30	250m:			350m:	3:57.00	34.14
	100m:	1:06.28	34.20	200m:	2:14.76	34.18	300m:	3:22.86		400m:	4:30.44	33.44
6.	Bocian	Roksana	04	LKS Jedno 32 Przyszowice				4:31.74				642
	50m:	31.88	31.88	150m:			250m:	2:48.70	34.42	350m:	3:58.23	34.69
	100m:	1:05.71	33.83	200m:	2:14.28		300m:	3:23.54	34.84	400m:	4:31.74	33.51
7.	Fuks	Emilia	02	UKS WODNIK Siemianowice Iaski				4:33.95				627
	50m:	31.99	31.99	150m:	1:40.66	34.21	250m:	2:50.25	34.90	350m:	4:00.21	34.90
	100m:	1:06.45	34.46	200m:	2:15.35	34.69	300m:	3:25.31	35.06	400m:	4:33.95	33.74
8.	Kaczor	Natalia	01	UKS Junior Kluczbork				4:36.60				609
	50m:	31.77	31.77	150m:	1:41.98	35.44	250m:	2:52.67	35.40	350m:	4:03.61	35.28
	100m:	1:06.54	34.77	200m:	2:17.27	35.29	300m:	3:28.33	35.66	400m:	4:36.60	32.99

Mistrzostwa Okręgu I śkiego Open
Gliwice, 16. - 17.11.2018

Konkurencja 21, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
9.	Kasprowicz Marta SR		03	MKS-SMS Victoria Racibórz				4:39.31	591
	50m:	33.00 33.00	150m:	1:43.21 34.80	250m:	2:54.22 35.41	350m:	4:05.49 35.49	
	100m:	1:08.41 35.41	200m:	2:18.81 35.60	300m:	3:30.00 35.78	400m:	4:39.31 33.82	
10.	Fuks Aleksandra		03	MUKS Gilus Gilowice				4:40.53	584
	50m:	32.19 32.19	150m:	1:41.76 34.98	250m:	2:53.13 35.99	350m:	4:05.47 35.98	
	100m:	1:06.78 34.59	200m:	2:17.14 35.38	300m:	3:29.49 36.36	400m:	4:40.53 35.06	
11.	Fira Weronika		04	UKS Salmo ory				4:41.68	577
	50m:	31.28 31.28	150m:	1:42.00 35.92	250m:	2:54.26 36.10	350m:	4:06.54 36.27	
	100m:	1:06.08 34.80	200m:	2:18.16 36.16	300m:	3:30.27 36.01	400m:	4:41.68 35.14	
12.	Sikora Balbina		04	KP "SIKRET" Gliwice				4:45.03	557
	50m:	32.51 32.51	150m:	1:44.05 36.53	250m:	2:57.11 36.43	350m:	4:09.50 36.16	
	100m:	1:07.52 35.01	200m:	2:20.68 36.63	300m:	3:33.34 36.23	400m:	4:45.03 35.53	
13.	Konopka Weronika		04	KP "SIKRET" Gliwice				4:47.48	542
	50m:	33.68 33.68	150m:	1:47.15 36.94	250m:	3:01.11 37.04	350m:	4:13.38 36.17	
	100m:	1:10.21 36.53	200m:	2:24.07 36.92	300m:	3:37.21 36.10	400m:	4:47.48 34.10	
14.	Ma lej Iga		03	MKS Juvenia Wrocław				4:49.24	533
	50m:	33.11 33.11	150m:	1:47.15 37.32	250m:	3:01.08 36.84	350m:	4:14.27 36.32	
	100m:	1:09.83 36.72	200m:	2:24.24 37.09	300m:	3:37.95 36.87	400m:	4:49.24 34.97	
15.	Zakrzewska Marta		03	MKS Juvenia Wrocław				4:50.72	524
	50m:	33.63 33.63	150m:	1:47.09 37.29	250m:	3:01.77 37.39	350m:	4:15.45 36.63	
	100m:		200m:	2:24.38 37.29	300m:	3:38.82 37.05	400m:	4:50.72 35.27	
16.	Wiktorowicz Patrycja		04	MKS-SMS Victoria Racibórz				4:50.87	524
	50m:	33.00 33.00	150m:	1:45.98 36.94	250m:	3:01.68 37.73	350m:	4:15.77 36.60	
	100m:	1:09.04 36.04	200m:	2:23.95 37.97	300m:	3:39.17 37.49	400m:	4:50.87 35.10	
17.	Skrzypiec Nika		03	MKS Juvenia Wrocław				4:51.16	522
	50m:	33.19 33.19	150m:	1:47.36 37.53	250m:	3:01.95 37.06	350m:	4:15.98 36.78	
	100m:		200m:	2:24.89 37.53	300m:	3:39.20 37.25	400m:	4:51.16 35.18	
18.	Grzymała Zuzanna		04	UKS Salmo ory				4:51.29	521
	50m:	33.42 33.42	150m:	1:45.95 36.29	250m:	2:59.75 37.14	350m:	4:51.29 36.48	
	100m:	1:09.66 36.24	200m:	2:22.61 36.66	300m:	4:14.81 1:15.06	400m:	4:51.29	
19.	Krusi ska Wiktorja		03	CSiR MOS D browa Górnicza				4:51.32	521
	50m:	33.50 33.50	150m:	1:46.96 37.17	250m:	3:01.47 37.01	350m:	4:15.71 37.27	
	100m:	1:09.79 36.29	200m:	2:24.46 37.50	300m:	3:38.44 36.97	400m:	4:51.32 35.61	
20.	Horwacik Joanna		02	UKS Huragan Sosnowiec				4:52.44	515
	50m:	33.18 33.18	150m:	1:47.05 37.36	250m:	3:02.99 38.04	350m:	4:16.94 36.85	
	100m:	1:09.69 36.51	200m:	2:24.95 37.90	300m:	3:40.09 37.10	400m:	4:52.44 35.50	
21.	Paulíny Zuzana		04	Delfin Cieszyn				4:52.64	514
	50m:	33.59 33.59	150m:	1:47.54 37.54	250m:	3:01.81 36.74	350m:	4:16.65 37.39	
	100m:	1:10.00 36.41	200m:	2:25.07 37.53	300m:	3:39.26 37.45	400m:	4:52.64 35.99	
22.	Niewiadomska Nikola		03	UKS Manta Kochłowice Ruda l ska				4:52.95	513
	50m:	32.95 32.95	150m:	1:48.08 37.62	250m:	3:03.30 37.13	350m:	4:17.13 36.72	
	100m:	1:10.46 37.51	200m:	2:26.17 38.09	300m:	3:40.41 37.11	400m:	4:52.95 35.82	
23.	Dobrowolska Natalia SR		03	MKS-SMS Victoria Racibórz				4:57.69	488
	50m:	33.95 33.95	150m:	1:48.11 37.35	250m:	3:03.04 37.46	350m:	4:20.07 38.63	
	100m:	1:10.76 36.81	200m:	2:25.58 37.47	300m:	3:41.44 38.40	400m:	4:57.69 37.62	
24.	Nowak Jagoda		02	UKS WODNIK Siemianowice laski				5:03.97	459
	50m:	33.36 33.36	150m:	1:48.61 38.25	250m:	3:07.15 39.70	350m:	4:25.68 39.05	
	100m:	1:10.36 37.00	200m:	2:27.45 38.84	300m:	3:46.63 39.48	400m:	5:03.97 38.29	
25.	miechowska Maria		03	MKS Juvenia Wrocław				5:14.21	415
	50m:	35.99 35.99	150m:	1:53.47 38.74	250m:	3:12.64 39.63	350m:	4:33.10 40.18	
	100m:	1:14.73 38.74	200m:	2:33.01 39.54	300m:	3:52.92 40.28	400m:	5:14.21 41.11	
26.	Pytka Katarzyna		04	NKP Bielsko-Biała				5:19.39	395
	50m:	35.93 35.93	150m:	1:56.52 40.92	250m:	3:18.99 40.94	350m:	4:40.56 40.20	
	100m:	1:15.60 39.67	200m:	2:38.05 41.53	300m:	4:00.36 41.37	400m:	5:19.39 38.83	

Mistrzostwa Okręgu I śkiego Open
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Konkurencja 21, Kobiet, 400m dowolny, Open

Pozycja				Rok ur.					Czas	Pkt.		
27.	Lala Patrycja			04	UKS Salmo	ory			5:26.20	371		
	50m:	36.82	36.82	150m:	1:56.30	40.31	250m:	3:19.08	41.68	350m:	4:44.06	42.88
	100m:	1:15.99	39.17	200m:	2:37.40	41.10	300m:	4:01.18	42.10	400m:	5:26.20	42.14
28.	urek Magdalena			04	UKS WODNIK	Siemianowice	laski		5:45.94	311		
	50m:	36.73	36.73	150m:	2:04.54	44.94	250m:	3:33.55	44.16	350m:	5:03.95	45.18
	100m:	1:19.60	42.87	200m:	2:49.39	44.85	300m:	4:18.77	45.22	400m:	5:45.94	41.99
29.	Musialik Emilia			04	CSiR MOS D	browa Górnicza			5:46.32	310		
	50m:	38.77	38.77	150m:	2:07.24	45.32	250m:	3:35.88	44.38	350m:	5:04.93	44.54
	100m:	1:21.92	43.15	200m:	2:51.50	44.26	300m:	4:20.39	44.51	400m:	5:46.32	41.39