

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 17- - 18-2-2017

Konkurencja 18
2017-02-17 - 16:55

Mężczyźni, 400m dowolny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
1.	WARZOCHA Albert		01	UKS CITYZEN Poznań				4:01.22	681
	50m: 27.73	27.73	150m: 1:29.65	30.88	250m: 2:30.70	30.71	350m: 3:32.18	30.68	
	100m: 58.77	31.04	200m: 1:59.99	30.34	300m: 3:01.50	30.80	400m: 4:01.22	29.04	
2.	MIKOŁAJCZYK Michał		99	KKS WŁÓKNIARZ 1925 Kalisz				4:03.59	661
	50m: 27.02	27.02	150m: 1:28.96	31.16	250m: 2:31.97	31.59	350m: 3:34.22	30.95	
	100m: 57.80	30.78	200m: 2:00.38	31.42	300m: 3:03.27	31.30	400m: 4:03.59	29.37	
3.	PAWLACZYK Patryk		00	Uks 190 Łódź				4:05.15	649
	50m: 27.66	27.66	150m: 1:29.90	31.38	250m: 2:32.88	31.59	350m: 3:36.11	31.58	
	100m: 58.52	30.86	200m: 2:01.29	31.39	300m: 3:04.53	31.65	400m: 4:05.15	29.04	
4.	WOŃNY Wiktor		01	UKS Shark Rudna				4:09.46	615
	50m: 29.21	29.21	150m: 1:31.61	31.26	250m: 2:35.29	32.02	350m: 3:39.45	31.85	
	100m: 1:00.35	31.14	200m: 2:03.27	31.66	300m: 3:07.60	32.31	400m: 4:09.46	30.01	
5.	ADAMCZEWSKI Eryk		00	KKS WŁÓKNIARZ 1925 Kalisz				4:09.53	615
	50m: 28.56	28.56	150m: 1:32.39	31.89	250m: 2:36.00	32.09	350m: 3:39.24	31.49	
	100m: 1:00.50	31.94	200m: 2:03.91	31.52	300m: 3:07.75	31.75	400m: 4:09.53	30.29	
6.	STAWARUK Michał		99	MKS Jedyńka Łódź				4:10.13	611
	50m: 29.38	29.38	150m: 1:32.37	31.14	250m: 2:34.88	31.17	350m: 3:38.97	32.28	
	100m: 1:01.23	31.85	200m: 2:03.71	31.34	300m: 3:06.69	31.81	400m: 4:10.13	31.16	
7.	PAWLINIAK Mariusz		99	MKP Wodnik 29 Tychy				4:10.21	610
	50m: 29.30	29.30	150m: 1:32.65	31.71	250m: 2:36.20	31.58	350m: 3:39.54	31.71	
	100m: 1:00.94	31.64	200m: 2:04.62	31.97	300m: 3:07.83	31.63	400m: 4:10.21	30.67	
8.	GŁUSZKOWSKI Mateusz		01	UKS CITYZEN Poznań				4:11.07	604
	50m: 28.54	28.54	150m: 1:32.02	31.87	250m: 2:34.80	32.02	350m: 3:36.64	30.67	
	100m: 1:00.15	31.61	200m: 2:02.78	30.76	300m: 3:05.97	31.17	400m: 4:11.07	34.43	
9.	DROZDA Jakub		01	Mkp Słowianka Gorzów Wlkp.				4:11.33	602
	50m: 28.71	28.71	150m: 1:31.11	31.60	250m: 2:34.83	31.92	350m: 3:39.47	32.27	
	100m: 59.51	30.80	200m: 2:02.91	31.80	300m: 3:07.20	32.37	400m: 4:11.33	31.86	
10.	MIGIELSKI Mateusz		01	MKS Jedyńka Łódź				4:11.97	597
	50m: 29.72	29.72	150m: 1:33.81	31.99	250m: 2:37.90	31.84	350m: 3:41.26	31.62	
	100m: 1:01.82	32.10	200m: 2:06.06	32.25	300m: 3:09.64	31.74	400m: 4:11.97	30.71	
11.	MUSZYŃSKI Jakub		01	MUKS Piłsnia Bydgoszcz				4:12.65	592
	50m: 29.25	29.25	150m: 1:32.66	31.86	250m: 2:37.11	31.99	350m: 3:41.74	32.23	
	100m: 1:00.80	31.55	200m: 2:05.12	32.46	300m: 3:09.51	32.40	400m: 4:12.65	30.91	
12.	KULCZYCKI Patryk		01	Mkp Słowianka Gorzów Wlkp.				4:13.32	588
	50m: 28.73	28.73	150m: 1:32.31	31.95	250m: 2:37.01	32.39	350m: 3:40.87	31.34	
	100m: 1:00.36	31.63	200m: 2:04.62	32.31	300m: 3:09.53	32.52	400m: 4:13.32	32.45	
13.	CECERE Marco		99	KKS WŁÓKNIARZ 1925 Kalisz				4:14.87	577
	50m: 28.84	28.84	150m: 1:32.61	31.91	250m: 2:38.02	31.95	350m: 3:43.86	32.90	
	100m: 1:00.70	31.86	200m: 2:06.07	33.46	300m: 3:10.96	32.94	400m: 4:14.87	31.01	
14.	PRUS Mateusz		00	MKP Astromal Leszno				4:14.99	576
	50m: 29.27	29.27	150m: 1:33.42	32.08	250m: 2:37.99	32.47	350m: 3:43.34	32.77	
	100m: 1:01.34	32.07	200m: 2:05.52	32.10	300m: 3:10.57	32.58	400m: 4:14.99	31.65	
15.	KNYSZYŃSKI Maciej		02	MKS Jedyńka Łódź				4:15.57	572
	50m: 29.73	29.73	150m: 1:34.06	32.47	250m: 2:39.17	32.53	350m: 3:44.12	32.35	
	100m: 1:01.59	31.86	200m: 2:06.64	32.58	300m: 3:11.77	32.60	400m: 4:15.57	31.45	
16.	ZIMNIAK Szymon		01	UKS CITYZEN Poznań				4:16.87	564
	50m: 30.48	30.48	150m: 1:35.81	32.46	250m: 2:41.47	32.41	350m: 3:46.09	31.93	
	100m: 1:03.35	32.87	200m: 2:09.06	33.25	300m: 3:14.16	32.69	400m: 4:16.87	30.78	
17.	DOBRINDT Mikołaj		03	MUKS Piłsnia Bydgoszcz				4:17.31	561
	50m: 27.86	27.86	150m: 1:32.39	32.63	250m: 2:38.41	33.20	350m: 3:45.66	33.39	
	100m: 59.76	31.90	200m: 2:05.21	32.82	300m: 3:12.27	33.86	400m: 4:17.31	31.65	

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 17- - 18-2-2017

Konkurencja 18, Mężczyźni, 400m dowolny, Open

Pozycja			Rok ur.				Czas	Pkt.
18.	SZCZEREK Szymon	01	KKS WŁÓKNIARZ 1925 Kalisz		4:17.48	560		
	50m: 29.11	29.11	150m: 1:33.13	32.50	250m: 2:39.21	32.95	350m: 3:45.17	32.93
	100m: 1:00.63	31.52	200m: 2:06.26	33.13	300m: 3:12.24	33.03	400m: 4:17.48	32.31
19.	KRÓL Mateusz	01	Mks - Astoria Bydgoszcz		4:17.55	559		
	50m: 28.60	28.60	150m: 1:32.90	32.38	250m: 2:39.43	33.43	350m: 3:46.03	33.26
	100m: 1:00.52	31.92	200m: 2:06.00	33.10	300m: 3:12.77	33.34	400m: 4:17.55	31.52
20.	LIK Kacper	02	MKS Jedyńka Łódź		4:19.40	547		
	50m: 29.84	29.84	150m: 1:35.32	32.92	250m: 2:41.42	32.73	350m: 3:47.14	32.38
	100m: 1:02.40	32.56	200m: 2:08.69	33.37	300m: 3:14.76	33.34	400m: 4:19.40	32.26
21.	DUTKIEWICZ Dominik	99	KS Warta Poznań		4:19.59	546		
	50m: 27.89	27.89	150m: 1:31.58	32.16	250m: 2:37.68	33.42	350m: 3:46.32	34.36
	100m: 59.42	31.53	200m: 2:04.26	32.68	300m: 3:11.96	34.28	400m: 4:19.59	33.27
22.	KOSTYK Teodor	00	UKS CITYZEN Poznań		4:20.89	538		
	50m: 29.95	29.95	150m: 1:35.47	33.14	250m: 2:42.19	33.44	350m: 3:48.77	33.07
	100m: 1:02.33	32.38	200m: 2:08.75	33.28	300m: 3:15.70	33.51	400m: 4:20.89	32.12
23.	CHYCZEWSKI Oliwier	00	Mkp Słowianka Gorzów Wlkp.		4:21.47	534		
	50m: 27.64	27.64	150m: 1:31.72	32.51	250m: 2:39.09	33.59	350m: 3:47.40	34.35
	100m: 59.21	31.57	200m: 2:05.50	33.78	300m: 3:13.05	33.96	400m: 4:21.47	34.07
24.	SOBKÓW Dominki	02	MUKS Piastka Bydgoszcz		4:22.58	528		
	50m: 29.34	29.34	150m: 1:35.22	33.46	250m: 2:42.81	33.81	350m: 3:50.35	33.70
	100m: 1:01.76	32.42	200m: 2:09.00	33.78	300m: 3:16.65	33.84	400m: 4:22.58	32.23
25.	STANISZEWSKI Olaf	01	KKS WŁÓKNIARZ 1925 Kalisz		4:23.51	522		
	50m: 28.60	28.60	150m: 1:33.73	32.96	250m: 2:41.87	34.30	350m: 3:50.85	34.33
	100m: 1:00.77	32.17	200m: 2:07.57	33.84	300m: 3:16.52	34.65	400m: 4:23.51	32.66
26.	MALINOWSKI Wojciech	03	MKS Jedyńka Łódź		4:23.76	521		
	50m: 30.96	30.96	150m: 1:37.58	33.31	250m: 2:44.58	33.54	350m: 3:51.24	33.31
	100m: 1:04.27	33.31	200m: 2:11.04	33.46	300m: 3:17.93	33.35	400m: 4:23.76	32.52
27.	RATAJCZAK Mateusz	01	KS Posenania		4:24.10	519		
	50m: 29.47	29.47	150m: 1:35.12	33.09	250m: 2:42.19	32.87	350m: 3:51.06	34.36
	100m: 1:02.03	32.56	200m: 2:09.32	34.20	300m: 3:16.70	34.51	400m: 4:24.10	33.04
28.	SZYNAŁSKI Szymon	00	UPKS Wodnik Rawicz		4:24.30	517		
	50m: 29.16	29.16	150m: 1:34.82	33.08	250m: 2:42.34	33.68	350m: 3:51.39	34.64
	100m: 1:01.74	32.58	200m: 2:08.66	33.84	300m: 3:16.75	34.41	400m: 4:24.30	32.91
29.	WEBER Albert	01	K.S. Wodnik rem		4:24.90	514		
	50m: 28.19	28.19	150m: 1:33.32	33.23	250m: 2:41.98	34.41	350m: 3:50.91	34.40
	100m: 1:00.09	31.90	200m: 2:07.57	34.25	300m: 3:16.51	34.53	400m: 4:24.90	33.99
30.	GRELEWSKI Wojciech	01	MKS Jedyńka Łódź		4:25.13	513		
	50m: 29.64	29.64	150m: 1:36.07	33.46	250m: 2:44.60	34.56	350m: 3:51.66	33.43
	100m: 1:02.61	32.97	200m: 2:10.04	33.97	300m: 3:18.23	33.63	400m: 4:25.13	33.47
31.	NAPIECEK Jonasz	02	MKP Astromal Leszno		4:25.85	508		
	50m: 30.23	30.23	150m: 1:37.60	33.73	250m: 2:45.48	33.99	350m: 3:54.80	34.32
	100m: 1:03.87	33.64	200m: 2:11.49	33.89	300m: 3:20.48	35.00	400m: 4:25.85	31.05
32.	MATUSZEWSKI Krzysztof	04	MKS SP-63 Bydgoszcz		4:26.06	507		
	50m: 30.32	30.32	150m: 1:38.16	33.80	250m: 2:46.19	33.95	350m: 3:53.63	33.46
	100m: 1:04.36	34.04	200m: 2:12.24	34.08	300m: 3:20.17	33.98	400m: 4:26.06	32.43
33.	STAŁA Szymon	02	Mkp Słowianka Gorzów Wlkp.		4:26.16	507		
	50m: 30.55	30.55	150m: 1:38.94	34.27	250m: 2:46.84	33.93	350m: 3:54.31	33.36
	100m: 1:04.67	34.12	200m: 2:12.91	33.97	300m: 3:20.95	34.11	400m: 4:26.16	31.85
34.	SZUKALSKI Mikołaj	02	KS Warta Poznań		4:26.18	507		
	50m: 29.72	29.72	150m: 1:38.20	34.61	250m: 2:46.29	34.05	350m: 3:54.52	33.69
	100m: 1:03.59	33.87	200m: 2:12.24	34.04	300m: 3:20.83	34.54	400m: 4:26.18	31.66
35.	MOCZULSKI Mateusz	01	KKS WŁÓKNIARZ 1925 Kalisz		4:26.63	504		
	50m: 29.67	29.67	150m: 1:36.25	33.45	250m: 2:44.40	34.00	350m: 3:53.11	34.43
	100m: 1:02.80	33.13	200m: 2:10.40	34.15	300m: 3:18.68	34.28	400m: 4:26.63	33.52

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Pozycja			Rok ur.					Czas	Pkt.
36.	BUCZKOWSKI Tomasz		04	Towarzystwo Pływackie Zielona				4:26.71	503
	50m: 30.19	30.19	150m: 1:38.59	34.54	250m: 2:47.49	33.97	350m: 3:54.89	33.58	
	100m: 1:04.05	33.86	200m: 2:13.52	34.93	300m: 3:21.31	33.82	400m: 4:26.71	31.82	
37.	WIDERSKI Szymon		01	KKS WŁÓKNIARZ 1925 Kalisz				4:28.68	492
	50m: 30.00	30.00	150m: 1:37.95	34.09	250m: 2:46.65	34.26	350m: 3:56.16	34.48	
	100m: 1:03.86	33.86	200m: 2:12.39	34.44	300m: 3:21.68	35.03	400m: 4:28.68	32.52	
	RO EK Oskar		00	KS Warta Poznań				4:28.68	492
	50m: 29.71	29.71	150m: 1:36.50	33.63	250m: 2:44.85	34.46	350m: 3:54.91	35.03	
	100m: 1:02.87	33.16	200m: 2:10.39	33.89	300m: 3:19.88	35.03	400m: 4:28.68	33.77	
39.	LESICKI Piotr		02	KS Warta Poznań				4:29.31	489
	50m: 29.35	29.35	150m: 1:36.40	34.02	250m: 2:45.28	34.47	350m: 3:55.19	34.80	
	100m: 1:02.38	33.03	200m: 2:10.81	34.41	300m: 3:20.39	35.11	400m: 4:29.31	34.12	
40.	ŁANGOWSKI Maciej		02	KS Poznań				4:29.92	486
	50m: 29.03	29.03	150m: 1:35.11	33.21	250m: 2:44.11	34.80	350m: 3:55.42	35.74	
	100m: 1:01.90	32.87	200m: 2:09.31	34.20	300m: 3:19.68	35.57	400m: 4:29.92	34.50	
41.	NOWICKI Kacper		98	UMKS Niesłyszanych Poznań				4:34.54	462
	50m: 31.19	31.19	150m: 1:41.34	35.03	250m: 2:52.16	35.49	350m: 4:02.75	34.59	
	100m: 1:06.31	35.12	200m: 2:16.67	35.33	300m: 3:28.16	36.00	400m: 4:34.54	31.79	
42.	WOJNIAK Hubert		02	MUKS Piastka Bydgoszcz				4:34.71	461
	50m: 31.31	31.31	150m: 1:41.94	35.67	250m: 2:52.04	34.47	350m: 4:00.64	33.36	
	100m: 1:06.27	34.96	200m: 2:17.57	35.63	300m: 3:27.28	35.24	400m: 4:34.71	34.07	
43.	FIKS Krzysztof		00	Uks 190 Łódź				4:35.90	455
	50m: 30.49	30.49	150m: 1:40.16	35.55	250m: 2:51.30	35.83	350m: 4:02.64	35.82	
	100m: 1:04.61	34.12	200m: 2:15.47	35.31	300m: 3:26.82	35.52	400m: 4:35.90	33.26	
44.	STACHECKI Jan		02	UKS CITYZEN Poznań				4:36.02	454
	50m: 31.39	31.39	150m: 1:41.19	34.97	250m: 2:51.59	35.30	350m: 4:02.05	35.15	
	100m: 1:06.22	34.83	200m: 2:16.29	35.10	300m: 3:26.90	35.31	400m: 4:36.02	33.97	
45.	KOWALSKI Jakub		02	Mkp Słowianka Gorzów Wlkp.				4:36.59	451
	50m: 32.24	32.24	150m: 1:44.49	35.82	250m: 2:56.25	35.11	350m: 4:05.35	33.86	
	100m: 1:08.67	36.43	200m: 2:21.14	36.65	300m: 3:31.49	35.24	400m: 4:36.59	31.24	
46.	MALINOWSKI Jakub		03	Mkp Słowianka Gorzów Wlkp.				4:37.31	448
	50m: 31.97	31.97	150m: 1:42.64	34.93	250m: 2:53.07	34.99	350m: 4:03.61	35.15	
	100m: 1:07.71	35.74	200m: 2:18.08	35.44	300m: 3:28.46	35.39	400m: 4:37.31	33.70	
47.	ZIELSKI Patryk		02	KS Poznań				4:37.96	445
	50m: 29.84	29.84	150m: 1:39.14	35.11	250m: 2:50.64	35.92	350m: 4:02.65	35.98	
	100m: 1:04.03	34.19	200m: 2:14.72	35.58	300m: 3:26.67	36.03	400m: 4:37.96	35.31	
48.	GUCIN Eryk		01	UKS Shark Rudna				4:40.78	431
	50m: 31.58	31.58	150m: 1:42.82	35.49	250m: 2:54.02	34.98	350m: 4:06.10	36.31	
	100m: 1:07.33	35.75	200m: 2:19.04	36.22	300m: 3:29.79	35.77	400m: 4:40.78	34.68	
49.	MALINOWSKI Paweł		02	Mkp Słowianka Gorzów Wlkp.				4:42.92	422
	50m: 31.24	31.24	150m: 1:43.18	36.44	250m: 2:56.79	36.47	350m: 4:08.63	35.59	
	100m: 1:06.74	35.50	200m: 2:20.32	37.14	300m: 3:33.04	36.25	400m: 4:42.92	34.29	
50.	WŁOCH Jakub		03	KS Poznań				4:42.99	421
	50m: 31.19	31.19	150m: 1:41.06	35.69	250m: 2:55.14	37.23	350m: 4:09.26	36.53	
	100m: 1:05.37	34.18	200m: 2:17.91	36.85	300m: 3:32.73	37.59	400m: 4:42.99	33.73	
51.	WIELGUS Kacper		01	KS Poznań				4:44.37	415
	50m: 32.30	32.30	150m: 1:44.31	36.19	250m: 2:57.65	36.67	350m: 4:10.47	36.82	
	100m: 1:08.12	35.82	200m: 2:20.98	36.67	300m: 3:33.65	36.00	400m: 4:44.37	33.90	
52.	WOJTKOWIAK Mateusz		03	KS Warta Poznań				4:46.30	407
	50m: 32.12	32.12	150m: 1:43.99	36.22	250m: 2:57.41	36.57	350m: 4:10.86	37.05	
	100m: 1:07.77	35.65	200m: 2:20.84	36.85	300m: 3:33.81	36.40	400m: 4:46.30	35.44	
53.	BISKUPSKI Kacper		03	Mkp Słowianka Gorzów Wlkp.				4:47.00	404
	50m: 32.70	32.70	150m: 1:46.87	37.29	250m: 3:00.46	36.73	350m: 4:13.72	36.42	
	100m: 1:09.58	36.88	200m: 2:23.73	36.86	300m: 3:37.30	36.84	400m: 4:47.00	33.28	

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
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Pozycja			Rok ur.					Czas	Pkt.			
54.	NOCULAK	Jakub	02	MKS Oceanik	Ostrzeszów		4:49.68	393				
	50m:	32.39	32.39	150m:	1:44.66	36.76	250m:	2:59.64	37.75	350m:	4:14.92	37.34
	100m:	1:07.90	35.51	200m:	2:21.89	37.23	300m:	3:37.58	37.94	400m:	4:49.68	34.76
55.	MAKOWSKI	Dominik	03	UKS CITYZEN	Poznań		4:51.99	384				
	50m:	32.77	32.77	150m:	1:46.66	37.16	250m:	3:01.89	37.28	350m:	4:16.67	37.14
	100m:	1:09.50	36.73	200m:	2:24.61	37.95	300m:	3:39.53	37.64	400m:	4:51.99	35.32
56.	KOROWNIK	Hubert	03	Mkp Słowianka	Gorzów Wlkp.		4:52.34	382				
	50m:	33.76	33.76	150m:	1:48.32	37.55	250m:	3:03.00	37.04	350m:	4:16.03	35.92
	100m:	1:10.77	37.01	200m:	2:25.96	37.64	300m:	3:40.11	37.11	400m:	4:52.34	36.31
57.	SOI	SKI Dominik	03	KS Warta	Poznań		4:52.92	380				
	50m:	33.55	33.55	150m:	1:48.36	38.05	250m:	3:03.37	37.52	350m:	4:17.47	37.20
	100m:	1:10.31	36.76	200m:	2:25.85	37.49	300m:	3:40.27	36.90	400m:	4:52.92	35.45
58.	BAWOLSKI	Kornel	04	Towarzystwo Pływackie	Zielona		4:53.69	377				
	50m:	32.83	32.83	150m:	1:46.98	37.51	250m:	3:02.22	37.53	350m:	4:17.06	37.26
	100m:	1:09.47	36.64	200m:	2:24.69	37.71	300m:	3:39.80	37.58	400m:	4:53.69	36.63
59.	WYSOCKI	Piotr	04	UKS CITYZEN	Poznań		4:54.24	375				
	50m:	33.76	33.76	150m:	1:47.61	36.76	250m:	3:03.52	37.87	350m:	4:17.42	37.15
	100m:	1:10.85	37.09	200m:	2:25.65	38.04	300m:	3:40.27	36.75	400m:	4:54.24	36.82
60.	BRODZIK	Hubert	04	MTKP Delfin	Toruń		4:55.23	371				
	50m:	33.41	33.41	150m:	1:47.70	37.61	250m:	3:03.90	38.21	350m:	4:19.60	37.67
	100m:	1:10.09	36.68	200m:	2:25.69	37.99	300m:	3:41.93	38.03	400m:	4:55.23	35.63
61.	KRUPI	SKI Wojciech	03	KS Poznań			4:55.70	369				
	50m:	33.39	33.39	150m:	1:48.14	37.60	250m:	3:03.64	37.74	350m:	4:19.17	37.78
	100m:	1:10.54	37.15	200m:	2:25.90	37.76	300m:	3:41.39	37.75	400m:	4:55.70	36.53
62.	PLAZIAK	Szymon	03	KS Warta	Poznań		4:56.14	368				
	50m:	33.69	33.69	150m:	1:49.18	38.32	250m:	3:05.25	38.09	350m:	4:20.31	37.52
	100m:	1:10.86	37.17	200m:	2:27.16	37.98	300m:	3:42.79	37.54	400m:	4:56.14	35.83
63.	TRAFAS	Tytus	04	KS Warta	Poznań		4:57.83	361				
	50m:	34.14	34.14	150m:	1:50.54	38.60	250m:	3:07.52	38.80	350m:	4:21.72	35.32
	100m:	1:11.94	37.80	200m:	2:28.72	38.18	300m:	3:46.40	38.88	400m:	4:57.83	36.11
64.	GRUSZKA	Norbert	02	MKP W growiec			4:59.46	356				
	50m:	33.57	33.57	150m:	1:48.46	38.17	250m:	3:05.85	38.67	350m:	4:22.49	38.07
	100m:	1:10.29	36.72	200m:	2:27.18	38.72	300m:	3:44.42	38.57	400m:	4:59.46	36.97
65.	WOGA	Hubert	04	UKS "3 Wodnik	Wolsztyn"		4:59.55	355				
	50m:	32.71	32.71	150m:	1:47.22	37.77	250m:	3:03.95	38.59	350m:	4:22.45	39.77
	100m:	1:09.45	36.74	200m:	2:25.36	38.14	300m:	3:42.68	38.73	400m:	4:59.55	37.10
66.	PRUSZY	SKI Michał	04	Towarzystwo Pływackie	Zielona		5:05.21	336				
	50m:	33.85	33.85	150m:	1:52.08	39.68	250m:	3:09.89	38.39	350m:	4:27.30	37.59
	100m:	1:12.40	38.55	200m:	2:31.50	39.42	300m:	3:49.71	39.82	400m:	5:05.21	37.91
67.	WIERASZKA	Hubert	04	Towarzystwo Pływackie	Zielona		5:06.34	332				
	50m:	34.22	34.22	150m:	1:52.36	39.32	250m:	3:10.47	39.14	350m:	4:28.65	38.96
	100m:	1:13.04	38.82	200m:	2:31.33	38.97	300m:	3:49.69	39.22	400m:	5:06.34	37.69
68.	BARTOSIK	Stanisław	04	KS Warta	Poznań		5:08.34	326				
	50m:	34.67	34.67	150m:	1:52.99	39.07	250m:	3:12.21	39.72	350m:	4:31.48	39.57
	100m:	1:13.92	39.25	200m:	2:32.49	39.50	300m:	3:51.91	39.70	400m:	5:08.34	36.86
69.	WAŁCERZ	Maksymilian	04	Stilon	Gorzów Wlkp.		5:09.83	321				
	50m:	35.31	35.31	150m:	1:56.08	40.24	250m:	3:16.61	39.74	350m:	4:35.01	38.81
	100m:	1:15.84	40.53	200m:	2:36.87	40.79	300m:	3:56.20	39.59	400m:	5:09.83	34.82
70.	KACZMARCZYK	mARCEL	03	Stilon	Gorzów Wlkp.		5:09.94	321				
	50m:	34.24	34.24	150m:	1:51.70	39.02	250m:	3:12.22	40.61	350m:	4:31.72	39.89
	100m:	1:12.68	38.44	200m:	2:31.61	39.91	300m:	3:51.83	39.61	400m:	5:09.94	38.22
71.	HADAS	Krzysztof	96	UKS Fala	Swarzów		5:10.08	320				
	50m:	35.01	35.01	150m:	1:53.16	39.52	250m:	3:12.45	39.32	350m:	4:31.73	39.68
	100m:	1:13.64	38.63	200m:	2:33.13	39.97	300m:	3:52.05	39.60	400m:	5:10.08	38.35

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 17- - 18-2-2017

Konkurencja 18, Mężczyźni, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
72.	SÓWKA Aleks		03	KS Warta Poznań				5:15.60	304
	50m:	34.27 34.27	150m:	1:56.05 41.39	250m:	3:17.38 40.38	350m:	4:37.23 39.60	
	100m:	1:14.66 40.39	200m:	2:37.00 40.95	300m:	3:57.63 40.25	400m:	5:15.60 38.37	
73.	BAJEROWICZ Maksymilian		05	KS Warta Poznań				5:15.65	304
	50m:	34.68 34.68	150m:	1:54.37 40.28	250m:	3:15.88 40.61	350m:	4:36.68 40.44	
	100m:	1:14.09 39.41	200m:	2:35.27 40.90	300m:	3:56.24 40.36	400m:	5:15.65 38.97	
74.	J DRYCH Krzysztof		04	KS Poznań				5:16.48	301
	50m:	34.39 34.39	150m:	1:54.54 40.56	250m:	3:16.94 40.56	350m:	4:38.45 40.76	
	100m:	1:13.98 39.59	200m:	2:36.38 41.84	300m:	3:57.69 40.75	400m:	5:16.48 38.03	
75.	POŁOMSKI Tymoteusz		02	MKS Oceanik Ostrzeszów				5:16.92	300
	50m:	35.08 35.08	150m:	1:54.26 39.64	250m:	3:15.56 40.42	350m:	4:37.65 40.72	
	100m:	1:14.62 39.54	200m:	2:35.14 40.88	300m:	3:56.93 41.37	400m:	5:16.92 39.27	
76.	L CZKA Aleksander		05	Towarzystwo Pływackie Zielona				5:18.01	297
	50m:	35.67 35.67	150m:	1:56.08 40.66	250m:	3:18.22 40.99	350m:	4:38.98 40.09	
	100m:	1:15.42 39.75	200m:	2:37.23 41.15	300m:	3:58.89 40.67	400m:	5:18.01 39.03	
77.	CYRANKOWSKI Michał		03	KS Poznań				5:19.83	292
	50m:	34.52 34.52	150m:	1:54.88 40.77	250m:	3:17.45 41.19	350m:	4:39.85 40.07	
	100m:	1:14.11 39.59	200m:	2:36.26 41.38	300m:	3:59.78 42.33	400m:	5:19.83 39.98	
78.	KUTYNIA Szymon		03	KS Poznań				5:19.94	291
	50m:	35.92 35.92	150m:	1:57.16 40.72	250m:	3:19.05 41.07	350m:	4:40.76 40.59	
	100m:	1:16.44 40.52	200m:	2:37.98 40.82	300m:	4:00.17 41.12	400m:	5:19.94 39.18	
79.	CHAŁUPKA Aleksander		05	KS Warta Poznań				5:31.33	262
	50m:	37.47 37.47	150m:	2:01.17 42.91	250m:	3:25.85 41.78	350m:	4:50.33 42.29	
	100m:	1:18.26 40.79	200m:	2:44.07 42.90	300m:	4:08.04 42.19	400m:	5:31.33 41.00	
80.	PLEWA Kajetan		04	MKP Astromal Leszno				5:33.99	256
	50m:	36.47 36.47	150m:	2:00.43 42.67	250m:	3:26.82 42.78	350m:	4:53.48 43.09	
	100m:	1:17.76 41.29	200m:	2:44.04 43.61	300m:	4:10.39 43.57	400m:	5:33.99 40.51	
81.	MIKA Kajetan		05	KS Warta Poznań				5:38.69	246
	50m:	37.94 37.94	150m:	2:02.81 42.64	250m:	3:28.25 42.45	350m:	4:55.14 43.46	
	100m:	1:20.17 42.23	200m:	2:45.80 42.99	300m:	4:11.68 43.43	400m:	5:38.69 43.55	
82.	PAWLIK Arkadiusz		03	MKP Astromal Leszno				5:42.37	238
	50m:	37.31 37.31	150m:	2:03.18 43.94	250m:	3:32.64 44.22	350m:	5:00.78 43.80	
	100m:	1:19.24 41.93	200m:	2:48.42 45.24	300m:	4:16.98 44.34	400m:	5:42.37 41.59	
83.	MICHĄŁEK Bartosz		04	KS Poznań				5:47.24	228
	50m:	38.16 38.16	150m:	2:06.54 45.03	250m:	3:35.34 44.34	350m:	5:04.82 44.68	
	100m:	1:21.51 43.35	200m:	2:51.00 44.46	300m:	4:20.14 44.80	400m:	5:47.24 42.42	
84.	PAWŁAK Wojciech		03	KS Poznań				5:48.17	226
	50m:	36.63 36.63	150m:	2:04.01 44.87	250m:	3:34.90 45.66	350m:	5:06.23 45.67	
	100m:	1:19.14 42.51	200m:	2:49.24 45.23	300m:	4:20.56 45.66	400m:	5:48.17 41.94	
85.	MA KOWIAK Dawid		05	UKS Fala Swarzędz				6:15.63	180
	50m:	37.98 37.98	150m:	2:09.46 46.79	250m:	3:47.15 48.79	350m:	5:28.27 50.92	
	100m:	1:22.67 44.69	200m:	2:58.36 48.90	300m:	4:37.35 50.20	400m:	6:15.63 47.36	
86.	MARUWKA Adrian		05	UPKS Wodnik Rawicz				6:55.28	133
	50m:	41.95 41.95	150m:	2:25.45 53.60	250m:	4:14.58 55.03	350m:	6:06.82 55.77	
	100m:	1:31.85 49.90	200m:	3:19.55 54.10	300m:	5:11.05 56.47	400m:	6:55.28 48.46	

12 - 13 lat

1.	MATUSZEWSKI Krzysztof		04	MKS SP-63 Bydgoszcz				4:26.06	507
	50m:	30.32 30.32	150m:	1:38.16 33.80	250m:	2:46.19 33.95	350m:	3:53.63 33.46	
	100m:	1:04.36 34.04	200m:	2:12.24 34.08	300m:	3:20.17 33.98	400m:	4:26.06 32.43	
2.	BUCZKOWSKI Tomasz		04	Towarzystwo Pływackie Zielona				4:26.71	503
	50m:	30.19 30.19	150m:	1:38.59 34.54	250m:	2:47.49 33.97	350m:	3:54.89 33.58	
	100m:	1:04.05 33.86	200m:	2:13.52 34.93	300m:	3:21.31 33.82	400m:	4:26.71 31.82	

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 17- - 18-2-2017

Konkurencja 18, Chłopców, 400m dowolny, 12 - 13 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	BAWOLSKI Kornel		04	Towarzystwo Pływackie Zielona				4:53.69	377
	50m:	32.83 32.83	150m:	1:46.98 37.51	250m:	3:02.22 37.53	350m:	4:17.06 37.26	
	100m:	1:09.47 36.64	200m:	2:24.69 37.71	300m:	3:39.80 37.58	400m:	4:53.69 36.63	
4.	WYSOCKI Piotr		04	UKS CITYZEN Poznań				4:54.24	375
	50m:	33.76 33.76	150m:	1:47.61 36.76	250m:	3:03.52 37.87	350m:	4:17.42 37.15	
	100m:	1:10.85 37.09	200m:	2:25.65 38.04	300m:	3:40.27 36.75	400m:	4:54.24 36.82	
5.	BRO CZYK Hubert		04	MTKP Delfin Toru				4:55.23	371
	50m:	33.41 33.41	150m:	1:47.70 37.61	250m:	3:03.90 38.21	350m:	4:19.60 37.67	
	100m:	1:10.09 36.68	200m:	2:25.69 37.99	300m:	3:41.93 38.03	400m:	4:55.23 35.63	
6.	TRAFAS Tytus		04	KS Warta Poznań				4:57.83	361
	50m:	34.14 34.14	150m:	1:50.54 38.60	250m:	3:07.52 38.80	350m:	4:21.72 35.32	
	100m:	1:11.94 37.80	200m:	2:28.72 38.18	300m:	3:46.40 38.88	400m:	4:57.83 36.11	
7.	WOGA Hubert		04	UKS "3 Wodnik Wolsztyn"				4:59.55	355
	50m:	32.71 32.71	150m:	1:47.22 37.77	250m:	3:03.95 38.59	350m:	4:22.45 39.77	
	100m:	1:09.45 36.74	200m:	2:25.36 38.14	300m:	3:42.68 38.73	400m:	4:59.55 37.10	
8.	PRUSZY SKI Michał		04	Towarzystwo Pływackie Zielona				5:05.21	336
	50m:	33.85 33.85	150m:	1:52.08 39.68	250m:	3:09.89 38.39	350m:	4:27.30 37.59	
	100m:	1:12.40 38.55	200m:	2:31.50 39.42	300m:	3:49.71 39.82	400m:	5:05.21 37.91	
9.	WIERASZKA Hubert		04	Towarzystwo Pływackie Zielona				5:06.34	332
	50m:	34.22 34.22	150m:	1:52.36 39.32	250m:	3:10.47 39.14	350m:	4:28.65 38.96	
	100m:	1:13.04 38.82	200m:	2:31.33 38.97	300m:	3:49.69 39.22	400m:	5:06.34 37.69	
10.	BARTOSIK Stanisław		04	KS Warta Poznań				5:08.34	326
	50m:	34.67 34.67	150m:	1:52.99 39.07	250m:	3:12.21 39.72	350m:	4:31.48 39.57	
	100m:	1:13.92 39.25	200m:	2:32.49 39.50	300m:	3:51.91 39.70	400m:	5:08.34 36.86	
11.	WAŁCERZ Maksymilian		04	Stilon Gorzów Wlkp.				5:09.83	321
	50m:	35.31 35.31	150m:	1:56.08 40.24	250m:	3:16.61 39.74	350m:	4:35.01 38.81	
	100m:	1:15.84 40.53	200m:	2:36.87 40.79	300m:	3:56.20 39.59	400m:	5:09.83 34.82	
12.	BAJEROWICZ Maksymilian		05	KS Warta Poznań				5:15.65	304
	50m:	34.68 34.68	150m:	1:54.37 40.28	250m:	3:15.88 40.61	350m:	4:36.68 40.44	
	100m:	1:14.09 39.41	200m:	2:35.27 40.90	300m:	3:56.24 40.36	400m:	5:15.65 38.97	
13.	J DRYCH Krzysztof		04	KS Poznań				5:16.48	301
	50m:	34.39 34.39	150m:	1:54.54 40.56	250m:	3:16.94 40.56	350m:	4:38.45 40.76	
	100m:	1:13.98 39.59	200m:	2:36.38 41.84	300m:	3:57.69 40.75	400m:	5:16.48 38.03	
14.	L CZKA Aleksander		05	Towarzystwo Pływackie Zielona				5:18.01	297
	50m:	35.67 35.67	150m:	1:56.08 40.66	250m:	3:18.22 40.99	350m:	4:38.98 40.09	
	100m:	1:15.42 39.75	200m:	2:37.23 41.15	300m:	3:58.89 40.67	400m:	5:18.01 39.03	
15.	CHAŁUPKA Aleksander		05	KS Warta Poznań				5:31.33	262
	50m:	37.47 37.47	150m:	2:01.17 42.91	250m:	3:25.85 41.78	350m:	4:50.33 42.29	
	100m:	1:18.26 40.79	200m:	2:44.07 42.90	300m:	4:08.04 42.19	400m:	5:31.33 41.00	
16.	PLEWA Kajetan		04	MKP Astromal Leszno				5:33.99	256
	50m:	36.47 36.47	150m:	2:00.43 42.67	250m:	3:26.82 42.78	350m:	4:53.48 43.09	
	100m:	1:17.76 41.29	200m:	2:44.04 43.61	300m:	4:10.39 43.57	400m:	5:33.99 40.51	
17.	MIKA Kajetan		05	KS Warta Poznań				5:38.69	246
	50m:	37.94 37.94	150m:	2:02.81 42.64	250m:	3:28.25 42.45	350m:	4:55.14 43.46	
	100m:	1:20.17 42.23	200m:	2:45.80 42.99	300m:	4:11.68 43.43	400m:	5:38.69 43.55	
18.	MICHĄLEK Bartosz		04	KS Poznań				5:47.24	228
	50m:	38.16 38.16	150m:	2:06.54 45.03	250m:	3:35.34 44.34	350m:	5:04.82 44.68	
	100m:	1:21.51 43.35	200m:	2:51.00 44.46	300m:	4:20.14 44.80	400m:	5:47.24 42.42	
19.	MA KOWIAK Dawid		05	UKS Fala Swarzędz				6:15.63	180
	50m:	37.98 37.98	150m:	2:09.46 46.79	250m:	3:47.15 48.79	350m:	5:28.27 50.92	
	100m:	1:22.67 44.69	200m:	2:58.36 48.90	300m:	4:37.35 50.20	400m:	6:15.63 47.36	
20.	MARUWKA Adrian		05	UPKS Wodnik Rawicz				6:55.28	133
	50m:	41.95 41.95	150m:	2:25.45 53.60	250m:	4:14.58 55.03	350m:	6:06.82 55.77	
	100m:	1:31.85 49.90	200m:	3:19.55 54.10	300m:	5:11.05 56.47	400m:	6:55.28 48.46	